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# BULLETIN

December, 2008

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**SYNOPSIS OF IHSAA BOARD MEETING**

This can now be found on our web site: [www.idhsaa.org](http://www.idhsaa.org)

**THE VALUE OF ACTIVITIES**  
**By Jamie Haddock, Potlatch High School**  
**2008 Interscholastic Star**

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High school activities have prepared me to be, just as the name suggests, active. Many of the skills people use in their lives outside of high school are the same that high school students use every day in activities. I think that by participating in interscholastic sports, I have given myself the advantage of already knowing these skills. Tools I have learned to use include time management, reliability, responsibility and teamwork.

During those many weeks when I was busy with multiple sports practices, group meetings and my other activities along with schoolwork, I practiced managing my time and learned to be responsible to the other people in and on those groups and teams. When I was organizing projects and performing tasks for those groups, I learned to be reliable in completing those duties.

One of the most important abilities I gained and anyone can gain by joining interscholastic groups and teams is teamwork. On any team, all players have to rely and learn to trust each other. Athletes learn to become a team through their experience and will have that ability for the rest of their lives, to use at work, at home and in their future activities. In my other non-sport activities, teamwork was equally vital. The tasks that the group performed would have been unmanageable alone. By dividing up the job, we finished projects easily. These situations will be similar to ones I will face in the future, and through my activities, I am prepared.

The activities and sports I participate in require skills that will be necessary for my future activities. These experiences will benefit my future by readying me for the situations I will face.

**IHSAA "LEGENDS OF THE GAME"**

The Idaho High School Activities Association is pleased to announce the 2009 "Legends of the Game" recipients. The award was established in 2001 to help preserve the heritage of Idaho high school sports by honoring great teams of the past. Eligible basketball "Legends" include girls' teams from at least 20 years ago and boys' teams from at least 30 years ago. Ceremonies honoring "Legends" recipients will take place during halftime of the state 5A basketball championship games at the Idaho Center. The girls' ceremony is slated for February 16 and the boys' ceremony will take place on March 1.

**Girls Basketball – McCall-Donnelly – 1979:** McCall-Donnelly High School's 1979 basketball team, under the direction of Coach Evelyn Hartley, is the eighth recipient of the IHSAA girls "Legends of the Game" award. Not only were the 1979 Lady Vandals state champions, they are the only state girls' basketball champions in the history of McCall-Donnelly High School. These outstanding girls were champions on the court as well as in the classroom and were wonderful role models for the young girls in their community.

**Boys Basketball – Kellogg – 1959:** Kellogg High School's 1959 basketball team has been chosen as the ninth IHSAA boys "Legends of the Game". Under the direction of coach Ed Hiemstra, this talented group of young men finished their season with a record of 18-1 on their way to the state title. They also beat the eventual Montana state champions as well as larger teams from the Spokane area.

## **2009 HALL OF FAME SELECTION PROCESS UNDERWAY**

The nomination deadline for the Hall of Fame Class of 2009 was November 15. New nominees are being notified by the IHSAA and applications are due January 5, 2009.

The Hall of Fame is an opportunity to honor individuals who through distinguished service to IHSAA sponsored activity programs help preserve the heritage of high school activities, strengthen sportsmanship, and enhance the values derived from participation.

### **Hall of Fame Eligibility Requirements**

Nominees will be judged on significant long-term contributions to IHSAA-sponsored activities and distinguished achievements. Nominees may include the following:

- |                                    |                                  |
|------------------------------------|----------------------------------|
| a. School administrators & coaches | e. Former student-participants   |
| b. Certified officials             | f. Sportswriters / Sportscasters |
| c. Athletic Trainers               | g. Boosters (community/ leaders, |
| d. School board members            | team physicians, sponsors, etc.  |

Nominees (a) through (c) must have served in that capacity for at least of 25 years. Former student-participants must have been graduated from high school for 25 years. Nominees must be retired.

### **MEMORIAL AWARD NOMINATIONS DUE JANURARY 15**

Nominations for 2009 Memorial Awards are due in the IHSAA office by January 15, 2009 and applications are due by March 15, 2009.

**Dick Fleischmann Memorial Award** (est. 1986) This award honors an individual who has conducted numerous IHSAA tournaments or festivals.

**Wes Lowe Memorial Award** (est. 1986) This award honors an individual who has placed youth development above his or her personal gain

**Duane D. Wolfe Memorial Award** (est. 1993) This award honors long time high school activities' benefactors/supporters from outside the educational community.

### **Distinguished Service Awards**

Each of the six activity district Boards of Control submit (by March 15) the name of one individual who has performed meritorious service to their district.

## **SPOTLIGHTS FOR STATE TOURNAMENTS NEEDED**

The state tournament programs feature individuals who are graduates of Idaho high schools and believe their experiences in the activities programs were of significant value in their lives. We need your help in identifying these individuals, then send a picture and a statement to our office so the material for may be used in the programs. This is a great opportunity to recognize former outstanding leaders from your high school.

## **2008 FALL SPORTS ACADEMIC STATE CHAMPIONS**

The Idaho High School Activities Association is pleased to announce the 2008 fall sports Academic State Champions. This award is presented to the varsity team in each classification that achieves the highest cumulative grade point average. The IHSAA and its official sponsor, The United Dairymen of Idaho, congratulate these student-athletes for their academic achievement and commitment to excellence through athletics.

### **VOLLEYBALL**

5A	Boise	3.782
4A	Burley	3.892
3A	Kimberly	3.926
2A	West Jefferson	3.751
1A Div I	Raft River	3.812
1A Div II	Nezperce	3.951

### **FOOTBALL**

5A	Madison	3.350
4A	Jerome	3.280
3A	Shelley	3.319
2A	Nampa Christian	3.496
1A Div I	Raft River	3.045
1A Div II	Leadore	3.528

### **GIRLS CROSS COUNTRY**

5A	Idaho Falls	3.856
4A	Pocatello	3.927
3A	Shelley	3.859
2A/1A	Firth	3.882

### **BOYS CROSS COUNTRY**

5A	Idaho Falls	3.795
4A	Jerome	3.912
3A	Weiser	3.706
2A/1A	Parma	3.659

### **GIRLS SOCCER**

5A	Boise	3.827
4A	Bishop Kelly	3.605
3A/2A/1A	Snake River	3.687

### **BOYS SOCCER**

5A	Rocky Mountain	3.542
4A	Pocatello	3.528
3A/2A/1A	Orofino	3.477

## **FOR YOUR INFORMATION**

### **DISTRICT SECRETARIES**

Please address all correspondence concerning district affairs to your district secretary:

District I	Joe James	Ph: 457-0821	Fax: 777-1918 (call 1st)
District II	Jim Wilund	Ph: 746-6523	Fax: 748-3149
District III	Jack Jones	Ph: 466-6223	Fax: 461-0895
District IV	Len Penner	Ph: 366-7957	Fax: 366-3018
District V	Roslyn Brimhall	Malad High School	Ph: 766-4728
District VI	Norm Kane	Idaho Falls High School	Ph: 525-7740

### **WINTER SPORTS ELIGIBILITY VERIFICATION DUE FEBRUARY 2**

The winter sports eligibility verification forms can be downloaded from the IHSAA web site, [www.idhsaa.org](http://www.idhsaa.org). Each school principal is reminded to certify the eligibility of all students who are competing in IHSAA sanctioned winter sports. The eligibility verification form is to be returned to the IHSAA by February 2, 2009.

## **ATTENTION: POSSIBLE VIOLATIONS**

Administrators and athletic directors, please take every measure to inform your coaches and athletes of non school participation Rule 8-11-1, contest Rule 5-4, Rule 10 3-4 requiring the use of certified officials, and Rule 8-12-1, practice before contests. Every year we have athletes declared ineligible because of violating these rules.

**Rule 8-11-1** prohibits the in-season athlete from participating in outside athletic contests such as playing on a church or community basketball team or competing in an open wrestling tournament.

**Rule 5-4** prohibits an organized scrimmage or practice of a high school team with or against non high school teams or players. Example: Alumni and church basketball teams or players.

**Rule 8-12-2** requires that wrestling participants must have ten days of practice **in that sport**. The day of the first scheduled contest shall not be allowed to count as one of the ten days in meeting the ten-day practice rule.

## **WRESTLING SCHEDULING LIMITATIONS**

Administrators, please remind coaches of the wrestling scheduling limitations. The limitations are as follows: No team (team means varsity, JV or frosh) or individual may wrestle more than 16 dates during the regular season. A team or individual may compete in a maximum of five tournaments. A tournament is when a school competes against three or more schools. Schools which enter JV or frosh teams in a tournament must so designate prior to the start of the tournament. When a contestant competes in a dual match tournament, the competition is counted as a tournament even if the individual only wrestles one match. Friday after 3:00 p.m. and Saturday competition may be counted as one date and one tournament. A two-day tournament starting prior to 3:00 p.m. on Friday counts as two of the sixteen allowable dates, but only one tournament. All other competition shall be counted separately. Each day of competition will count as one of the sixteen dates. A team may substitute one additional one-date tournament for two dates. A school wrestling in six one-date tournaments may only wrestle on 15 dates. A team or individual may compete in a maximum of eight tri-matches, where a school competes against only two other schools.

A contestant who exceeds the limitations of regular season participation will become ineligible for district, state, or any other additional IHSAA sponsored competition of that sport.

## **INTERSCHOLASTIC STAR STUDENT RECOGNITION SCHOLARSHIP AWARD**

### **BE A SPORT! BE A STAR!**

The Idaho High School Activities Association Interscholastic Star Student Recognition Scholarship Award (est. 1992) is given to high school juniors whose participation in IHSAA sponsored sports and activities helps promote sportsmanship, teamwork, and support of the school and community. The award is co-sponsored by the United Dairymen of Idaho.

**CRITERIA:** Applicant must be a junior who has participated in at least one IHSAA sponsored non-athletic and one athletic activity. Applicants must be good citizens and role models for his/her peers. Superior achievement in athletics/activities is not a criteria for this award.

**APPLICATION PROCESS:** Applications must be submitted by the school principal no later than April 1, 2009. Applications are available from the IHSAA office or can be downloaded from the IHSAA web site, [www.idhsaa.org](http://www.idhsaa.org). 5A and 4A schools may submit four applications; 3A and 2A schools may submit three applications; 1A schools may submit two applications.

**SELECTION:** Screening committees will select semi-finalists and finalists. Final selection will be based upon a telephone interview with each finalist in early May.

**AWARDS:** Five Interscholastic Star award recipients will be awarded \$1000 scholarships to the college of his/her choice. One recipient will be invited to speak at the annual Hall of Fame Banquet in August. Portions of their application essays will be published in IHSAA bulletins and other publications.

Finalists will receive engraved medallions. Semi-finalists and all school nominees will receive certificates to acknowledge their accomplishments.

## HEALTHY LIFESTYLES

### *“The Importance of Sleep for the Athlete”*

By: Mind to Muscle Sports Conditioning Centre

Today’s young athletes, particularly those in high school, are faced with the challenge of trying to balance and prioritize their schedules. Aside from the competitive demands of one’s organization, many athletes also pursue individual activities such as private lessons and structured conditioning programs. For a variety of reasons, rest and recuperation often becomes neglected and as a result many student athletes become sleep deprived. Attitude, mood, and performance in the classroom and on the court may be adversely affected by lost sleep.

Although individual needs may vary, sleep researchers suggest that the optimal length of uninterrupted sleep for the adolescent athlete is about 9.2 hours a night. (Nitka, 02) Sleep deprivation is accumulative, meaning that an athlete getting only 7 hours a night will have accumulated a sleep debt of 10 hours by the weekend. Getting an extra 2-3 hours of sleep on the weekend may make one feel better initially but it often translates into feeling tired and irritable on Monday morning as they feel the affects of their accumulated sleep debt.

Athletes who are sleep deprived, will likely feel lethargic during training sessions and may display a lower tolerance for frustration when performing challenging exercises or when attempting to learn a new skill or strategic concept. Further, inadequate sleep can negatively affect reaction times. Lack of sleep can magnify such psychological factors as stress, anxiety and in some cases depression, while increasing one’s perceived exertion and fatigue. If this occurs, an athlete can become emotionally unstable and less confident in their abilities to perform.

Young athletes are training harder than ever, making the need for adequate sleep extremely vital to recovery and regeneration. During each game or training session, stress is placed on the body and muscle tissue is broken down with energy stores being depleted. Along with sound nutrition, it is during sleep that the body releases powerful growth hormones which are responsible for muscle repair and growth. If sufficient recovery is not achieved prior to the next training session, the desired adaptations will not occur and the athlete, with rightful intentions, may in fact be doing more harm than good. If this pattern persists it eventually creates a physiological breakdown causing the body to perform at less than 100%. For athletes recovering from injuries or battling sickness, the importance of sleep becomes heightened. During sleep, our bodies stop all but the most essential functions allowing the immune and lymphatic system’s effects to be fully realized.

Young athletes need more sleep than their inactive peers and should act to ensure that they are getting enough quality sleep. Establishing a regular sleep schedule can help in doing so. The body’s internal biological clock sets a daily or circadian rhythm which determines when one feels tired or alert. Inconsistent sleep patterns disrupts this rhythm and can increase the time it takes to fall asleep. Many athletes experience trouble falling asleep the night before a game in part due to nerves but going to bed at a consistent time each night can help to combat this problem. Creating an optimal environment will also improve the quality of sleep.

Adequate sleep is just as important to a young athlete’s health as physical training and nutrition. With the help of parents and coaches, young athletes should be taught and embrace the importance of sleep so they can reach their full potential both on and off the court.

For more information, contact Mind to Muscle at 705-737-5097. [www.mindtomuscle.ca](http://www.mindtomuscle.ca)

## IHSAA 2009-2010 APPROVED CALENDAR

Week 5	Aug. 5	Hall of Fame Banquet	Week 29	Jan. 19	IHSAA Board of Directors
Week 6	Aug. 10	1st day soccer and football practice for teams with 0 week	Week 32	Feb. 13	Girls basketball completion
Week 7	Aug. 14	1st day football w/o pads; volleyball, and cross country practice	Week 33	Feb. 18-20	GIRLS STATE BASKETBALL
Week 12	Sept. 29	IHSAA Board of Directors	Week 33	Feb. 20	District wrestling completion
Week 15	Oct. 17	District soccer completion	Week 34	Feb. 21	State wrestling seeding
Week 16	Oct. 24	District VB/XC completion	Week 34	Feb. 25-27	STATE WRESTLING
Week 16	Oct. 22-24	STATE SOCCER	Week 34	Feb. 26	1st practice all spring sports
Week 17	Oct. 30-31	STATE VOLLEYBALL	Week 34	Feb. 27	Boys basketball completion
Week 17	Oct. 31	STATE CROSS COUNTRY	Week 34	Feb. 27	District debate completion
Week 18	Nov. 2	1st day girls basketball practice	Week 35	Mar. 4-6	BOYS STATE BASKETBALL
Week 19	Nov. 13	1st day boys basketball practice; 1st girls basketball competition	Week 36	March 12-13	STATE DEBATE
Week 20	Nov. 20-21	FOOTBALL MILK BOWL	Week 37	March 18-20	All State Music
Week 20	Nov. 21	District drama completion	Week 39	April 3	District speech completion
Week 21	Nov. 23	1st day of wrestling practice	Week 40	April 4	Easter
Week 21	Nov. 25	1st boys basketball competition	Week 41	April 14	IHSAA Board of Directors
Week 21	Nov. 26	Thanksgiving	Week 41	April 16-17	STATE SPEECH
Week 22	Dec. 4-5	STATE DRAMA	Week 43	May 1	STATE SOLO MUSIC CONTEST
Week 23	Dec. 8	IHSAA Board of Directors; 1st day of wrestling competition	Week 45	May 15	District TR, TN, SB, GO completion
Week 25	Fri. 12/25	Christmas	Week 46	May 16	State track seeding
			Week 46	May 20-22	STATE TR, TN, GO, SB
			Week 46	May 22	Baseball completion
			Week 47	May 31	Memorial Day
			Week 48	June 9	IHSAA Board of Directors

## 2008 STATE CROSS COUNTRY CHAMPIONS

### 5A Girls

1st	Mountain View	Tracy Harris	92
2nd	Eagle	Greg Harm	103
3rd	Highland	Chris Belcher	113
4th	Boise	Dave Mills	128

### 4A Girls

1st	Preston	Tyler Jones	52
2nd	Kuna	Randy Brothers	55
3rd	Bishop Kelly	Tom Shanahan	61
4th	Hillcrest	Bob Hagert	128

### 3A Girls

1st	Bear Lake	Don Golding	36
2nd	Kimberly	David Emerson	105
3rd	Teton	Neil Gleichman	114
4th	Timberlake	Shawn Lawler	123

### 2A Girls

1st	Soda Springs	Jeff Horsley	51
2nd	Firth	Brett Hill	60
3rd	West Jefferson	Linda Smuin	89
4th	CDA Charter	Lewis Watkins	134

### 5A Boys

1st	Twin Falls	Marty Grindstaff	78
2nd	Boise	Dave Mills	97
3rd	Highland	Chris Belcher	99
4th	Mountain View	Tracy Harris	105

### 4A Boys

1st	Bishop Kelly	Tom Shanahan	78
2nd	Preston	Tyler Jones	87
3rd	Hillcrest	Bob Hagert	89
4th	Kuna	Randy Brothers	122

### 3A Boys

1st	Teton	Neil Gleichman	77
2nd	Sugar-Salem	Jerry Powell	115
3rd	Weiser	Adolfo Cardenas	122
4th	Kimberly	David Emerson	123

### 2A Boys

1st	Firth	Brett Hill	58
2nd	West Side	Joseph Grimm	59
3rd	Soda Springs	Jeff Horsley	109
4th	Community School	Rick Kapala	140

## 2008 STATE FOOTBALL CHAMPIONS

5A  
1st Highland  
2nd Eagle

Gino Mariani  
Paul Peterson

2A  
1st Parma  
2nd Declo

Greg Asbury  
Kelly Kidd

4A  
1st Hillcrest  
2nd Jerome

Darin Owens  
Gary Krumm

1A Div. I 8-Man  
1st Prairie  
2nd Oakley

Travis Mader  
Nick Greenwell

3A  
1st Salmon  
2nd Fruitland

Ken Miner  
Bruce Schlaich

1A Div. II 8-Man  
1st Carey  
2nd Kootenai

Lane Kirkland  
Doug Napierala

## 2008 STATE SOCCER CHAMPIONS

### 5A Girls

1st Timberline  
2nd Capital  
3rd Boise  
4th Sandpoint  
Sportsmanship Award: Boise High School

Mike Kenner  
John Doherty  
Chris Siegenthaler  
Adam Tajan

### 5A Boys

1st Boise  
2nd Mountain View  
3rd Centennial  
4th Idaho Falls  
Sportsmanship Award: Idaho Falls High School

Mike Darrow  
Rick Latham  
Scott Reynolds  
Nick Josten

### 4A Girls

1st Bishop Kelly  
2nd Skyview  
3rd Columbia  
4th Wood River  
Sportsmanship Award: Moscow High School

Kristen Bruce  
Lawrence Nitu  
Christy Patee  
Greg Gvozdas

### 4A Boys

1st Sandpoint  
2nd Columbia  
3rd Jerome  
4th Skyview  
Sportsmanship Award: Columbia High School

Randy Thoreson  
Dan Riley  
Robert Garcia  
Dave Hagen

### 3A Girls

1st Fruitland  
2nd Shelley  
3rd Payette  
4th Teton  
Sportsmanship Award: Shelley High School

Frank Teunissen  
Jim Gregory  
Gordon Peterson  
Sinclair Buckstaff

### 3A Boys

1st Payette  
2nd American Falls  
3rd Bonners Ferry  
4th Bliss  
Sportsmanship Award: Sugar-Salem High School

Shaun Bolin  
Scott Christensen  
Wayne Wilkerson  
Daniel Knapp

## 2008 STATE VOLLEYBALL CHAMPIONS

### 5A

1st Eagle  
2nd Idaho Falls  
3rd Coeur d'Alene  
4th Rocky Mountain  
Sportsmanship Award: Timberline High School

Paul Schwager  
Wendy Johnson  
Carly Curtis  
Michelle Dodds

### 2A

1st Parma  
2nd Melba  
3rd West Side  
4th Nampa Christian  
Sportsmanship Award: West Side High School

Jeana Critchfield  
Chad Rawlins  
Bridgett Buttas  
Leslie Hughes

### 4A

1st Sandpoint  
2nd Bonneville  
3rd Century  
4th Skyview  
Sportsmanship Award: Bishop Kelly High School

Karen Alsager  
Chantal McMurtrey  
Alice Heberlein  
Kevin Murphy

### 1A Div I

1st Horseshoe Bend  
2nd Challis  
3rd Hagerman  
4th Troy  
Sportsmanship Award: Horseshoe Bend High School

Kristin Goff  
Deb Sheppard  
Carrie Chizum  
Tera Stoner

### 3A

1st Sugar-Salem  
2nd St Maries  
3rd Kimberly  
4th Snake River  
Sportsmanship Award: Priest River High School

Trisha Chatterton  
Missy Asbury  
Lawrence Pfeifferle  
Shelli VanOrden

### 1A Div II

1st Garden Valley  
2nd Richfield  
3rd Dietrich  
4th Nezperce  
Sportsmanship Award: Dietrich High School

Paula Tucker  
Norm Rock  
Traci Perron  
Kevin Sheffler

## 2008 STATE DRAMA CHAMPIONS

### Class A Teams

- 1<sup>st</sup> Centennial – Tracy Fuller, coach
- 2<sup>nd</sup> Lake City – Sandy Seaton, coach
- 3<sup>rd</sup> Century – Chad Rodgers, coach

### Class B Teams

- 1<sup>st</sup> Sugar-Salem – Gloria Stumme, coach
- 2<sup>nd</sup> American Falls – Dana Facer, coach
- 3<sup>rd</sup> Magic Valley – Jennifer Miller, coach

## Individual Events

### Original Acting - Serious

- 1<sup>st</sup> Borup, Farmer, Kuhn, Phillips - Eagle
- 2<sup>nd</sup> Bray, Bruner, Wavra - Highland
- 3<sup>rd</sup> Keithly, Sur - Centennial

### Original Acting - Humorous

- 1<sup>st</sup> Elwell, Crozier, Rexroat - Jerome
- 2<sup>nd</sup> Spencer Smith – Mountain Home
- 3<sup>rd</sup> Hirst, McCoy, Steineckert, Ray - Centennial

### Ensemble Pantomime

- 1<sup>st</sup> Fisher, Polenske, Rocha - Centennial
- 2<sup>nd</sup> Winston, Ballenger - Nampa
- 3<sup>rd</sup> Searcy, Mecham – Sugar-Salem

### Tech Theatre - Costume Design

- 1<sup>st</sup> Cherry, Terrace - Century
- 2<sup>nd</sup> Tran, Zaric – Twin Falls
- 3<sup>rd</sup> Donigan, Johnson - Sandpoint

### Tech Theatre - Makeup

- 1<sup>st</sup> Taunie Leatham - Eagle
- 2<sup>nd</sup> Jenette Noe - Parma
- 3<sup>rd</sup> Lynnsey Phillips - Eagle

### Tech Theatre - Properties

- 1<sup>st</sup> Holly Wallace - Bonneville
- 2<sup>nd</sup> Riddle, Hancy – Sugar-Salem
- 3<sup>rd</sup> Durbin, Molenda – Lake City

### Tech Theatre - Scene Design

- 1<sup>st</sup> Merrill, Rudd – Sugar-Salem
- 2<sup>nd</sup> Chase Twitchell - Eagle
- 3<sup>rd</sup> Stephens, Kellerman – Mountain Home

### Ensemble Acting - Serious

- 1<sup>st</sup> Schwaab, Williamson, Durbin – Lake City
- 2<sup>nd</sup> Delong, Washko – Coeur d'Alene
- 3<sup>rd</sup> Johnson, Howard – Twin Falls

### Ensemble Acting - Humorous

- 1<sup>st</sup> McCoy, Bush, Larson, Beringer - Centennial
- 2<sup>nd</sup> Bean, Parkinson, Rudd, Barrus – Sugar-Salem
- 3<sup>rd</sup> Bringham, Cady - Century

### Solo Pantomime

- 1<sup>st</sup> Spencer Smith – Mountain Home
- 2<sup>nd</sup> Ethan Wheatley - Jerome
- 3<sup>rd</sup> Andrew Cruz – American Falls

### Solo Acting - Serious

- 1<sup>st</sup> Devin Bean – Sugar-Salem
- 2<sup>nd</sup> Bridget Sinerius – Mountain Home
- 3<sup>rd</sup> Anthony LaFrinier – Lake City

### Solo Acting - Humorous

- 1<sup>st</sup> Garret Sluder - Century
- 2<sup>nd</sup> Sherry Jensen – Coeur d'Alene
- 3<sup>rd</sup> Maggie Miller - Sandpoint

### Solo Audition

- 1<sup>st</sup> Vincent Rogers - Jerome
- 2<sup>nd</sup> Carlin Mitchell – Lake City
- 3<sup>rd</sup> Brittini Henretty - Eagle

## 2008 FALL IHSAA CITIZENSHIP CITATION AWARDS

### Boise High School

Hannah Anderson  
Cortney Bunch  
Wil Coman  
John Di Lulo  
Kyle Forsdick  
Erin Griffard  
Matthew Hepworth  
Kate Jamboretz  
Steven Laurino  
Abby Miller  
Greg Montgomery  
Eleyse Morgan  
Erik Nielsen  
Elizabeth Ryan  
Mariah Stricklin

### Rockland High School

Timothy Lee  
Mathew Nelson  
Austin Permann  
Tyrell Turley  
Amanda Spillett

### Greenleaf Friends Academy

Trevor Douty  
Katie Morse  
Kelly Sheets  
Rachel Sheldon  
Katie King

### Coeur d'Alene High School

Hanna Johnson  
Natalie Stewart  
Coral Caraway  
Sadie Simon  
Jessica Duran  
JJ Turbin  
Jackson Seaman  
Brian Duffy  
Matt Harlow  
Austin Green  
Robby Astin  
Ian Lawlor  
Kelsey McIntire  
Kama Griffitts  
Sarah Bjorn

### Payette High School

Kelsey Cruikshank  
Leslie Lamue  
Lexi Page  
Jordan Rodriguez  
Poala Aguilar  
Kaylee Fugate  
Yacaren Escobed  
Sonnie Franek  
Stefany Belknap  
Ty Higley  
Angelica Ceballos  
Stuart Winsor

### Kimberly High School

Kaitlyn Gerard  
Andy Yung  
Timberly Broner  
Corry Berry  
Ariel McKay  
Sarah Lentz  
Jessica Funk  
Teighlor Bair  
Braeden Nield  
Keegan Brady  
Cody Wadsworth  
Sam Funk

### Filer High School

Bryce Beard  
Kati Peters  
Nathan Hughes  
Andrew Rainsdon  
Rocio Gutierrez  
Jamie Dragt  
Christy Shank  
Natalie Hughes  
Stephanie Baty  
Brittni Brown  
Jesus Mejia  
Jared Watt

## SCHOLASTIC AWARDS

### SCHOLASTIC TEAM AWARDS (3.000 – 3.249)

Bishop Kelly HS, VFB	3.181
Bishop Kelly HS, JV Cheer	3.185
Boise HS, VFB	3.148
Boise HS, JVFB	3.080
Burley HS, JVFB	3.050
Burley HS, JVBSOC	3.010
Castleford HS, FB	3.000
Coeur d'Alene HS, JVBCC	3.100
Coeur d'Alene HS, VBSOC	3.010
Coeur d'Alene HS, JVVVB	3.000
Dietrich HS, V Cheer	3.050
Dietrich HS, VFB	3.200
Cascade HS, FB	3.003
Gooding HS, GSOC	3.180
Gooding HS, BCC	3.150
Gooding HS, VVB	3.230
Lewiston HS, JVGSOCC	3.110
Lewiston HS, VBCC	3.110
Lewiston HS, JVBSOC	3.240
Lewiston HS, JVFB	3.030
Malad HS, GCC	3.040
Malad HS, BCC	3.040
Mountain Home HS, BCC	3.140
Mountain Home HS, FB	3.040
Orofino HS, FB	3.270
Timberlake HS, GCC	3.184

Timberlake HS, BCC	3.180
Timberline-B HS, BSOC	3.237
Wallace HS, VB	3.230

### DISTINGUISHED TEAM AWARDS (3.250 – 4.000)

Bishop Kelly HS, VGCC	3.775
Bishop Kelly HS, JVGCC	3.624
Bishop Kelly HS, VBSOC	3.385
Bishop Kelly HS, JVBSOC	3.310
Bishop Kelly HS, VBCC	3.751
Bishop Kelly HS, JVBCC	3.494
Bishop Kelly HS, VGSOC	3.605
Bishop Kelly HS, JVGSOCC	3.371
Bishop Kelly HS, VVB	3.687
Bishop Kelly HS, JVVVB	3.490
Bishop Kelly HS, SophVB	3.500
Bishop Kelly HS, JVFB	3.556
Boise HS, VVB	3.787
Boise HS, JVVVB	3.288
Boise HS, SophVB	3.889
Boise HS, VGCC	3.476
Boise HS, JVGCC	3.729
Boise HS, VBCC	3.623
Boise HS, JVBCC	3.662
Boise HS, VGSOC	3.844
Boise HS, JVGSOCC	3.516
Boise HS, VBSOC	3.418
Boise HS, JVBSOCC	3.372

Burley HS, VGSOC	3.450
Burley HS, JVGSOCC	3.280
Burley HS, VVB	3.890
Burley HS, JVVVB	3.450
Burley HS, BCC	3.710
Burley HS, GCC	3.590
Capital HS, VB	3.599
Capital HS, GSOC	3.397
Capital HS, BSOC	3.302
Capital HS, GCC	3.635
Capital HS, BCC	3.582
Cascade HS, VB	3.780
Castleford HS, VVB	3.470
Castleford HS, JVVVB	3.340
Coeur d'Alene HS, VVB	3.360
Coeur d'Alene HS, JVVVB	3.270
Coeur d'Alene HS, FresVB	3.430
Coeur d'Alene HS, VGSOC	3.250
Coeur d'Alene HS, JVGSOCC	3.280
Coeur d'Alene HS, VGCC	3.360
Dietrich HS, VVB	3.470
Gooding HS, GCC	3.520
Gooding HS, JVVVB	3.580
Filer HS, BCC	3.290
Filer HS, GSOC	3.377
Filer HS, VB	3.580
Filer HS, GCC	3.530
Hillcrest HS, GSOC	3.435

Hillcrest HS, BCC	3.377	Joe Lovell, CC	3.977	Jessica Butt, SOC	3.755
Hillcrest HS, GCC	3.501	Joey Schmolz, FB	3.875	Jimmy Thompson, FB	3.935
Hillcrest HS, BSOC	3.478	John Feusi, CC	3.976	Jordan Seefeldt, SOC	3.875
Hillcrest HS, VB	3.693	Julie Carnoso, CC	3.857	Jordan Unger, CC	3.750
Lewiston HS, VGSOC	3.333	Karl Schutz, CC	4.000	Jordin Juker, VB	4.000
Lewiston HS, VGCC	3.260	Katie Ellison, VB	3.929	Joseph Sandoval, CC	3.887
Lewiston HS, VBSOC	3.440	Kayla Gordon, CC	3.762	Julia Kemp, CC	3.925
Lewiston HS, VVB	3.420	Kelsey Lovell, Cheer	3.786	Julianne Masser, SOC	3.982
Lewiston HS, JVVb	3.380	Kendall Melvin, SOC	3.857	Julie Kissler, VB	3.774
Lewiston HS, SophVB	3.260	Kendra Carpentier, CC	4.000	Karissa Robinson, VB	3.900
Malad HS, VB	3.830	KK Long, SOC	3.833	Katey Pennington, SOC	4.000
Meadows Valley HS, VVB	3.630	Lara Tuthill, CC	3.966	Katie Myers, VB	4.000
Meadows Valley HS, JVVb	3.570	Lauren Letsinger, VB	4.000	Keaton Rich, SOC	3.970
McCall-Donnelly HS, BSOC	3.310	Lauren Naughton, VB	3.964	Kelli Mantooth, SOC	3.950
McCall-Donnelly HS, VB	3.350	Mariah Adcox, VB	4.000	Kelsey Inch, VB	3.909
McCall-Donnelly HS, GSOC	3.650	Mark Merkley, SOC	3.952	Kenton Freemuth, CC	3.857
Moscow HS, VB	3.690	Matt Cunningham, SOC	4.000	Kimberly Smith, VB	3.759
Moscow HS, GSOC	3.450	Mercedes Kelso, Cheer	4.000	Kirsten Knutson, VB	4.000
Moscow HS, GCC	3.923	Meredith Metsker, VB	3.896	Kylie Pukash, SOC	4.000
Moscow HS, BCC	3.712	Michelle Violette, VB	3.857	Laura Hanson, CC	3.875
Moscow HS, BSOC	3.250	Mike Gordon, FB	3.857	Laura Nielsen, VB	4.000
Mountain Home HS, GSOC	3.330	Mike Hembree, SOC	4.000	Lauren Bonzer, VB	4.000
Mountain Home HS, GCC	3.470	Oliver Atkinson, CC	3.793	Lauren Christensen, CC	4.000
Mountain Home HS, VB	3.376	Pat Tunison, FB	3.800	Mackenzie Platt, CC	3.897
Nampa Christian HS, JVVb	3.375	Rebecca Long, SOC	3.857	Madeline Blakeslee, SOC	3.964
Nampa Christian HS, BCC	3.325	Richie Harrison, FB	3.857	Mariah Stricklin, VB	3.964
Nampa Christian HS, GCC	3.649	Ruthie Jones, SOC	3.810	Mary Corrick, CC	4.000
Nampa Christian HS, VFB	3.513	Ryan Schmidt, FB	3.750	Matt Baker, CC	4.000
Nampa Christian HS, VVB	3.660	Sarah French, VB	3.929	Matthew Hepworth, SOC	3.981
Orofino HS, GSOC	3.590	Scott Navert, FB	3.938	Matthew Kelley, CC	4.000
Orofino HS, BSOC	3.500	Sean Browning, CC	3.857	Megan Marks, SOC	3.750
Orofino HS, VVB	3.550	Tamara Snow, SOC	4.000	Megan Morton, VB	4.000
Orofino HS, JVVb	3.320	Will Jaundalderis, FB	4.000	Megan O'Neil, CC	4.000
Sandpoint HS, BSOC	3.400	Wylie Foss, CC	4.000	Meredith Kuchera, VB	4.000
Sandpoint HS, GSOC	3.610	Zach Funke, FB	4.000	Miah Mollay, SOC	3.824
Sandpoint HS, GCC	3.780	Zach White, FB	3.929	Michael Eglund, FB, SOC	3.975
Sandpoint HS, BCC	3.480	<b><u>Boise High School</u></b>		Mikayla Todd, CC	3.980
Sandpoint HS, VB	3.450	Abby Miller, SOC	4.000	Miles Thomas, SOC, CC	3.929
Timberline-B HS, GSOC	3.644	Adam Lister, FB	3.786	Miranda Hadden, VB	3.875
Timberline-B HS, VB	3.478	Aleah Lowber, VB	3.938	Molly Bradbury, VB	4.000
Timberline-B HS, BCC	3.370	Alex Unger, CC	3.907	Nick Filicetti, SOC	3.923
Timberline-B HS, GCC	3.490	Alice Forbes, CC	4.000	Pete Stover, SOC	4.000
West Jefferson HS, VB	3.751	Aly Gunner, CC	3.976	Peter Larson, CC	3.774
<b><u>INDIVIDUAL AWARDS (3.750 – 4.000)</u></b>		Amanda Plagge, SOC	3.951	Preston Murphy, FB	3.750
<b><u>Bishop Kelly High School</u></b>		Andrew Stevenson, SOC	3.850	Rae Lloyd-Lever, VB	4.000
Adam Kinalski, CC	4.000	Ashlee Hart, SOC	3.944	Renee Montamat, VB	3.833
Alex Miller, VB	3.786	Ben West, SOC	4.000	Richard Mojan, CC	3.750
Alex Webster, FB	4.000	Brock Harris, FB	3.925	Rosalind Reynolds, CC	4.000
Ali Eisenbeiss, SOC	4.000	Caley Featherstone, CC	3.800	Roxie Shealy, SOC	3.943
Amy Johans, VB	3.930	Carolina Biggs, VB	4.000	Russell Cordum, FB	3.786
AnneMarie Totorica, SOC	4.000	Christina Hardesty, VB	3.758	Russell Wetherley, FB	3.951
Anoy Choi, CC	3.857	Claire Kennedy, SOC	3.818	Ryan Erstad, FB	3.886
Ben Fujii, CC	3.931	Colin Cain, SOC	3.762	Sam Schwarz, SOC	4.000
Ben Krahn, FB	3.926	Colleen Buffington, VB	4.000	Sam Swanson, CC	3.926
Brock Hyder, FB	3.750	Conner Madigan, CC	3.844	Samantha Kirkendall, SOC	3.852
Carmen Angleton, SOC	3.860	Connor McLeod, CC	3.813	Sarah Foster, VB	4.000
Cassie Brunelle, VB	3.930	Connor Sheldon-Modrow, CC	3.872	Sarah Hicks, SOC	3.846
Chelsea Bokan, SOC	3.767	Cortney Bunch, VB	4.000	Sayre Thomas, FB	3.833
Chris Cunningham, CC	4.000	Daniel Hanson, FB	3.825	Scottie Christie, VB	3.885
Chris Jones, SOC	3.929	David Pinkerton, FB	3.867	Shay Woodhouse, CC	3.907
Christina Gado, CC	3.857	Eleyse Morgan, SOC	3.938	Taylor Molenaar, CC	3.906
Codi Gifford, CC	4.000	Eliza Balen, SOC	3.900	Timothy Gremp, FB	3.900
Cole Brauner, FB	3.857	Elizabeth Ryan, CC	4.000	Tyler Moore, FB	3.893
Connor Derig, FB	3.786	Elizabeth Wallace, CC	3.800	Walker Grimshaw, CC	4.000
Cory Miller, FB	4.000	Eric Kennedy, SOC	3.955	William Gundlach, FB	3.967
Dan White, CC	3.767	Erik Nielsen, SOC	3.865	<b><u>Burley High School</u></b>	
Derek Bennett, SOC	4.000	Erin Griffard, VB	3.971	Aaron Lenkersdorfer, FB	3.950
DJ Corisis, CC	3.786	Evan Gustavsen, CC	3.750	Alex Greener, FB	3.840
Dom Chumich, FB	3.750	Gary Parkinson, CC	3.982	Alex Mitton, FB	3.830
Eneko Bereziartua, SOC	3.929	Hailey Schultz, VB	4.000	Bill Blauer, FB	3.850
Gabe Leis, CC	3.750	Hannah Anderson, SOC	3.981	Bridget Bean, VB	3.870
Greg Blazek, CC	4.000	Henry Ross, CC	3.796	Caitlyn Bennett, SOC	3.890
Hugh Pratt, FB	3.933	Jacob West, FB	4.000	Carli Parish, VB	3.750
Jacob Hippler, FB	4.000	Janis Blaughter, CC	4.000	Carygn Harris, FB	3.840
Jake Wylie, FB	4.000	Jasmine Wilhelm, CC	3.886	Cheri Preston, CC	4.000
Jessica Burlile, CC	3.977	Jennifer Warner, CC	3.900	Christian Hansen, SOC	3.960

Creighton King, SOC	3.940	Garret Candelaria, SOC	3.828	Jordan Green, CC	3.833
David Beus, CC	3.990	Glenn Lewis, FB	3.935	Jordan Saldate, FB	3.833
David Fillmore, CC	3.800	Halle McNitt, VB	3.970	Koby Campbell, FB	3.833
Elise Woodland, CC	3.900	Hannah Hettinga, VB	3.805	Kyle Kener, SOC	3.833
Emily Alvarez, SOC	3.940	Hayden Hess, FB	3.750	Kyle Knudsen, SOC	3.833
Heather Carlquist, VB	4.000	Josh Zamora, FB	3.839	Kylie Bull, VB	4.000
Heather Johnson, CC	4.000	Justin Knowles, CC	3.795	Lane Brammer, FB	4.000
Jamie Halford, VB	3.980	Kevin Johnson, FB	4.000	Laura Tatham, VB	4.000
Jaram Jones, FB	3.980	Lance Moore, SOC	3.844	Luke Ganschow, SOC	4.000
Jared Byington, FB	3.820	Laura Hansen, CC	4.000	Madalyn Kener, SOC	3.833
Jessica Laumb, VB	3.890	Liam Harry, SOC	4.000	Makenzie Groves, CC	3.833
Jordan Harman, SOC	3.990	Martin Vail, CC	3.821	Marals Hicks, SOC	4.000
Kace Redder, FB	3.830	Myja Maki, CC	3.831	Matthew Krumwiede, CC	4.000
Karch Hinckley, SOC	3.930	Riley Magner, FB	3.800	Michaela Marshall, SOC	4.000
Kassi Kerbs, VB	3.920	Ryan Petersen, SOC	4.000	Michelle Buhrlle, SOC	4.000
Kelsee Wassom, SOC	3.860	Shauna Fleming, SOC	3.756	Natalie Malm, VB	3.800
Kolby Beck, FB	3.840	Taegan Berreman, VB	3.893	Nathan Frost, SOC	3.833
Kyler Olsen, CC	3.810	Taylor Norby, VB	4.000	Nicholas Rodriguez, SOC	3.833
Logan Searle, SOC	3.760	Tony Totolica, SOC	3.969	Rachel Van Dyke, SOC	4.000
Melanie Garrard, VB	3.980	Zach Saleen, FB	3.750	Rachel Van Dyke, SOC	4.000
Molly Mills, VB	3.970	<b>Cascade High School</b>		Rebecca Lassere, CC	4.000
Nelson Geary, FB, CC	3.990	Anna Loseke, VB	3.965	Rhys Borchner, FB	4.000
Stacie Spackman, VB	3.930	Breanna Gunderson, VB	3.903	Ruby Jenkins, CC	4.000
Sydney Koch, SOC	3.960	Jessie Tangen, VB	3.900	Ryan Ockerman, SOC	3.800
Taylor Galow, SOC	3.860	Melissa Basey, VB	3.900	Ryker Guthrie, FB	3.800
Teresa Wayment, VB	4.000	Ryan Nelson, FB	3.895	Samantha Bopp, VB	3.800
<b>Caldwell High School</b>		<b>Castleford High School</b>		Shervin Zoghi, SOC	4.000
Alejandro Madrigal, FB	4.000	Adam Machado, FB	4.000	Sterling Ritcheson, FB	3.833
Alex Vega, FB	4.000	Allison Rodgers, VB	4.000	Tasi Kelemete, VB	3.833
Alexis Banda, SOC	3.833	Amanda Elsner, VB	4.000	Tyler Davis, FB	4.000
Amy Nelms, VB	3.829	Amanda Stagg, VB	3.880	<b>Coeur d'Alene High School</b>	
Andrea Subia, VB	3.794	Anthony Proschka, FB	3.860	Alex Gunnerson, CC	4.000
Andy Forse, FB	4.000	Clayton Kline, FB	3.750	Alyssa Baker, VB	3.830
April Chaidez, VB	4.000	Courtney Allred, VB	3.880	Anneliese Bashaw, VB	3.830
Austin McCoy, FB	4.000	Emily Elsner, VB	3.750	Brandon Feely, FB	3.830
Ben Serrano, SOC	3.833	Jessica Schlund, VB	3.860	Brianna Ball, CC	4.000
Dailey Koga, SOC	3.833	Kale Weekes, FB	3.880	Cade Mendoza, FB	3.830
Daniel Snow, FB	3.960	Karli Bower, VB	3.880	Chad Chalich, FB	3.830
Davis Crookham, SOC	4.000	Mitch Howard, FB	4.000	Chelsey Rasmussen, VB	4.000
Derik Drake, FB	4.000	Nick Howard, FB	4.000	Cody Schneider, FB	3.830
Hailee Egurrola, VB	4.000	Rikki Wiggins, VB	4.000	Cole Boyer, SOC	4.000
Hailey Stritzke, SOC	3.829	Roxanne Hill, VB	3.880	Danielle Mather, SOC	3.830
Hannah Ayers, SOC	4.000	<b>Century High School</b>		Dayna Drager, CC	3.830
Holden Bristen, FB	3.833	Alexander Howell, FB	3.857	Dillon Bradley, FB	3.830
Jaclyn Robinson, SOC	3.914	Alysha Labrum, SOC	4.000	Dillon Cory, CC	4.000
Jakoub Fudge, FB	3.833	Alyssa Peters, SOC	4.000	Grace Robison, VB	3.800
Jamie Jurries, VB	3.750	Angel Sidell, VB	3.857	Hanna Johnson, VB	3.800
Kathyn Nasburg, VB	4.000	Annie Stucki, VB	4.000	Hayley Smith, SOC	3.830
Lindsey Overline, SOC	3.917	Arthur Hammer, FB	4.000	Jacob Behm, FB	4.000
Luke Mego, FB	4.000	Autumn Schroeter, CC	3.800	Jacob Graham, CC	3.830
Madison Crookham, SOC	4.000	Benjamin Devaud, SOC	4.000	Jaimie Meredith, SOC	3.830
Melanie Subia, VB	3.667	Brianne Williams, CC	4.000	Jessica Ball, SOC	3.830
Michelle Robinson, VB	3.860	Carson Glover, FB	4.000	JJ Turbin, FB	3.830
Nick Muncy, FB	3.792	Cassie Parker, VB	4.000	Joe Roletto, FB	4.000
Nicole Kennedy, SOC	4.000	Charelle Minor, VB	4.000	Kaleb DeHaas, FB	3.830
Robert Nelms, FB	4.000	Christianna Johnson, CC	4.000	Kelsi McIntire, SOC	4.000
Rosendo Mercado, FB	4.000	Colton Fannesbeck, FB	4.000	Kinsey Gomez, CC	4.000
Roz Wallace, SOC	4.000	Colton Radford, FB	3.833	Kyle Cummings, CC	3.830
Sabrina Godina, VB	3.857	Cory Labrum, FB	3.800	Leif Krapas, FB	4.000
Sarah Neufeld, SOC	4.000	Danielle Blanchard, SOC	3.833	Natalie Stewart, VB	4.000
Shaun Stevens, FB	4.000	Derice Clawson, FB	4.000	Nicole Ragsdale, VB	3.830
Sydney Patterson, SOC	4.000	Devin Meldrum, SOC	3.833	Robert Jenkins, CC	3.830
Tamra Hillesland, VB	3.917	Dylan Lammers, CC	3.833	Scott Blee, FB	3.830
Toniessa Phelps, VB	4.000	Elizabeth Forhan, VB	4.000	Shae Carson, VB	4.000
Tyler Fleming, SOC	3.792	Emma Rodgers, SOC	4.000	Taylor Stewart, VB	3.830
Yesenia Mendoza, VB	3.833	Garrett Steinfeldt, SOC	4.000	Thomas Tucker, FB	4.000
<b>Capital High School</b>		Hannah Newhouse, CC	4.000	Tyler Smotherman, FB	4.000
Abby Larson, CC	4.000	Heidi Spears, CC	4.000	<b>Dietrich High School</b>	
Alex Suggs, SOC	3.889	Hillary Payne, CC	3.800	Alex Heimerdinger, FB	4.000
Alison Cahill, SOC	3.903	Ian Clouser, FB	4.000	Brody Astle, FB	4.000
Alister Tencate, CC	3.818	Jackson Shaver, CC	3.833	Dayna Phillips, VB	3.830
Anthony Trakas, CC	4.000	Jacob Hopkins, CC	4.000	Gray Weber, FB	4.000
Breanna Paulson, VB	3.929	Jacqueline Dobbins, SOC	4.000	Jesse Dill, VB	3.830
Bryn Nelson, CC	4.000	Jenna Ellis, VB	3.833	Jessica Perron, VB	4.000
Charlie McMartin, FB	3.935	Jennifer Donaldson, VB	4.000	Lacie Simonds, Cheer	4.000
Evan Rust, CC	4.000	Jordan Allen, SOC	4.000	Scott Perron, FB	3.800

**Filer High School**

Allie Hull, CC	3.930
Amber Humphrey, SOC	3.875
Austin Humphries, FB	3.770
Brittini Brown, VB	4.000
Bryce Beard, CC	4.000
Christy Shank, SOC	3.750
Courtney Ludwig, CC	3.840
Danielle Schaal, VB	3.906
Katie Williams, SOC	4.000
Kyrie Whitlock, SOC	3.750
Lacie Heimkes, SOC	3.958
Leah Schaal, VB	4.000
Matt Ramseyer, FB	4.000
Rocio Guitierrez, SOC	4.000
Ruby Brackett, SOC	3.770
Ryan Orr, FB	3.940
Tia Adamson, SOC	3.938
Tiffany Farnsworth, SOC	3.875
Trevor Doxy, FB	3.940

**Gooding High School**

Alexx Slimon, VB	4.000
Allison Flora, VB	4.000
Angela Vitek, VB	3.860
Austin Basterrechea, FB	4.000
Carrie Baker, VB	4.000
Christine Anderson, VB	4.000
Cy Eames, FB	3.850
Dani Baker, VB	4.000
Gustie Cockerham, VB	3.930
JaNeil Wolfe, VB	3.790
Jessica McHan, CC	3.910
Jon Jensen, FB	4.000
Kendra Cockerham, CC	4.000
Lara Nelson, CC	4.000
Tazz Perkins, SOC	3.960
Tim Arkoosh, FB	3.980

**Highland High School – Pocatello**

Abraham Richards, SOC, FB	4.000
Alex Castro, SOC	4.000
Alex Holman, FB	4.000
Andrew Livermore, FB	4.000
Anthony Esplin, CC	3.830
Ariel Edwards, SOC	3.830
Arturo Rosales, SOC	4.000
Ashley Otis, CC	4.000
Ben Blad, CC	4.000
Braden Tanner, CC	3.800
Bradford Beck, FB	4.000
Braxton Buffat, FB	3.830
Breanne VanEvery, VB	4.000
Brett Gessell, FB	4.000
Breyana Burk, VB	3.830
Brinton Carlson, FB	4.000
Brittany Munkres, CC	3.800
Camille Cameron, VB	4.000
Chess Carbol, FB	3.830
D Greg Tyler, SOC	4.000
Dallin Mower, FB	3.830
Darren Hansen, FB	3.830
Derek Simmons, FB	4.000
Dillon Filiaga, FB	3.800
Elisa Johnson, SOC	3.830
Emily Tyler, CC	3.800
Erich Pew, SOC	4.000
Evan Harrison, SOC	3.800
George Casper, FB	4.000
Hailey Buffaloe, VB	3.830
Hali Cranney, SOC	4.000
Ian Perrish, FB	3.800
Jace Hansen, FB	3.830
Jacob Hall, CC	4.000
Jacob Hart, CC	4.000
Jakub Mandrysz, CC	3.830
James Esplin, CC	4.000
Janel Warren, CC	4.000

Jason Lyons, CC	4.000
Jerry Castillo, FB	3.830
Jessica Sargent, VB	3.830
Jocelyn Jones, VB	3.830
Jordan Egan, SOC	3.800
Jordan Ferro, FB	4.000
Jordan Holman, VB	4.000
Joshua Hansen, FB	3.830
Justin Allen, FB	3.800
Kalen Medina, FB	4.000
Kara Wadsworth, SOC	3.800
Karami Dye, VB	4.000
Katie Allen, VB	4.000
Kylie Hutchison, SOC	4.000
Lindsay Denning, VB	4.000
Logan Anderson, FB	4.000
Marcus Hurlburt, CC	4.000
Mariah Meyer, CC	4.000
Matthew Livermore, SOC	3.830
Michael Hunn, FB	4.000
Miranda Duran, VB	3.830
Nichole Meline, VB	4.000
Parker Thomas, FB	4.000
Paul Baker, FB	4.000
Sadie Stoddard, SOC	3.830
Samantha Bollinger, CC	4.000
Shaylun Wiscombe, VB	3.830
T Brennan Bell, FB	3.830
Tanisha White, CC	4.000
Tanner Bringham, FB	3.800
Tanner Nielson, FB	3.800
Tariq Abou-Bakr, SOC	4.000
Taryn Harding, SOC	4.000
Tate Harding, FB	4.000
Taylor Wilkinson, VB	4.000
Taysom Hill, FB	4.000
Tess Hugues, SOC	3.830
Traci Freeman, CC	4.000

**Hillcrest High School**

Allison Gardner, SOC	3.889
Amy Biddulph, VB	3.976
Ben Eaton, FB	3.918
Beth Ann Baker, CC	3.897
Bracken Bateman, SOC	4.000
Brooke DeCoria, SOC	3.929
Chante Mackintosh, VB	3.858
Chase Howell, FB	3.858
Chloe Ence, SOC	3.943
Courtney Brown, CC	3.905
Daniel Johnston, SOC	3.931
Hailey Denkers, SOC	3.929
Hailey Walker, SOC	3.905
Isaac Wood, CC	3.822
Jordan Bateman, SOC	3.881
Justin Fitch, FB	4.000
Kckenna Herrera, VB	3.775
Keagan Case, FB	3.898
Kelcie Fitch, VB	3.957
Kim Weller, VB	3.929
Leesa Wangsgard, CC	3.989
Leighton Murri, SOC, FB	4.000
Makel Michael, VB	3.758
Michael Obray, SOC	3.858
Rhys Perry, CC	3.910
Riley Salmon, SOC	3.881
Spencer Tolson, FB	3.897
Tyler Crofts, CC	3.956
Tyson Oswald, FB	3.964
Zachary Zorn, SOC	3.917

**Idaho Falls High School**

Alex Baker, FB	3.800
Alex Wixom, SOC	3.976
Alvin Chi, SOC	4.000
Ashley Hunter, CC	4.000
Austin Baker, FB	3.861
Ben Fager, SOC	4.000

Caitlin Cook, CC	4.000
Cameron Christensen, SOC	3.867
Carey Meng, SOC	4.000
Chelsey Cottle, VB	3.861
Chris Kotansky, SOC	3.857
Clark Gardner, FB	4.000
Collin Andrus, FB	4.000
Courtney Miller, CC	4.000
Dakota Pineda, FB	4.000
Dan Taylor, FB	3.861
Davis Taylor, SOC	3.857
Devin Munk, FB	4.000
Elijah Rooney, FB	4.000
Evan Seamons, FB	3.878
Jacque Brower, SOC	4.000
Jeff Hampton, SOC	4.000
Jesse Williams, SOC	4.000
Joe Groberg, SOC	4.000
Kadee Kaasa, VB	4.000
Kailey Phillips, VB	3.852
Katie Murray, CC	4.000
Kayla Hansen, CC	3.973
Kendall Hatch, CC	4.000
Kevin Meek, CC	4.000
Lance Hancock, FB	3.833
Landon Walker, FB	3.842
Laurel Bodily, VB	3.941
Lauren Avondet, SOC	4.000
Madeline Jackson, CC	4.000
Madison Bertoch, SOC	4.000
Marcus Poling, FB	4.000
McKenna Seamons, VB	3.800
Megan Soelberg, SOC	4.000
Meghan Hess, VB	4.000
Nate Roberts, CC	4.000
Nathan Coombs, SOC	4.000
Phil Crepeau, CC	4.000
Sara Zabriskie, CC	3.974
Thomas Garrity, CC	4.000
Zach Hampton, SOC	3.895

**Lewiston High School**

Adam Ohman, SOC	4.000
Alanna Shuey, VB	3.750
Alexander Lee, FB	3.880
Allise Morgan, SOC	3.880
Alyssa Rutledge, SOC	3.830
Amanda Hoffman, VB	4.000
Austin Thomas, SOC	4.000
Beau Kerns, FB	3.880
Brian Perez, SOC	4.000
Cailin Penberthy, SOC	4.000
Carle' Ax, VB	4.000
Christopher Schrette, FB	3.750
Clayton Douglas, SOC	4.000
Colton Ard, FB	4.000
Connor Intel, FB	4.000
Cynthia Repp, VB	4.000
Dakota Davies, SOC	4.000
Danielle Jagelski, VB	4.000
Devon Brown, FB	3.750
Elicia Hunt, VB	4.000
Emily Moscrip, SOC	3.830
Eric Rice, SOC	4.000
Jack Dotson, FB	3.880
Jake Chen, SOC	4.000
Justin Podrabsky, FB	4.000
Kaitlin Braucher, VB	3.750
Kate Ashe, SOC	4.000
Katherine McCormick, VB	3.750
Kendall Zacha, SOC	3.800
Kristin Metz, SOC	3.830
Kyle Cleveland, FB	4.000
Kyler Nilsson, FB	3.830
Lauren Nuxoll, SOC	3.860
Leila Ozeran, SOC	4.000
Lesee Hoffman, VB	3.750

Lunden Young, VB	3.880	Helga Machleidt, CC	4.000	Monique Stamper, SOC	3.920
Mark Petersen, SOC	4.000	Jashvina Devadoss, CC	3.947	Natalie Hayes, VB	3.850
Natalie Hardin, SOC	4.000	Jillian Jewett, VB	3.900	Natasha Pence, SOC	3.920
Natalie Wren, SOC	4.000	John Merickel, FB	3.810	Nathan Struhs, FB	4.000
Nicholas Henrie, FB	4.000	Justin Parkins, FB	4.000	Neikole Espinosa, SOC	4.000
Nikki Yates, VB	4.000	Kate Nelson, CC	3.857	Ren Palmer, SOC	3.850
Paige Schlader, VB	3.888	Kerry Moller, SOC	3.800	Rob Cummings, SOC	3.970
Payden Ard, FB	4.000	Laura Kleffner, SOC	3.927	Shay Grimm, SOC	3.750
Rachael Brown, VB	3.860	Michael Baszler, FB	3.864	Spencer Arnsberg, SOC	3.830
Rebecca Wynn, VB	4.000	Olivia Hollenhorst, SOC	3.808	Steven Elsbury, SOC	3.920
Reece Uhlorn, SOC	4.000	Quincey Cole, CC	4.000	Tabby Haskett, VB	3.750
Ryan Weiner, SOC	4.000	RD Blair, SOC	3.850	Trevor Bansemmer, SOC	4.000
Samantha Sutherland, SOC	3.830	Sam Lewis, FB	3.875	Victoria Cruz, VB	3.850
Sarah Sanders, SOC	4.000	Sarah Blum, SOC	4.000	<b><u>Pocatello High School</u></b>	
Scout Larson, SOC	4.000	<b><u>Mountain Home High School</u></b>		Amanda Clark, VB	4.000
Shaundee Garrett, SOC	3.750	Andrew Martin, CC	3.762	Andrea Besiser, SOC	3.833
Shawn Kirk, FB	3.830	Tom Hennessey, FB	3.967	Andrew Poole, FB	4.000
Taylor Altman, VB	4.000	Nick Stover, FB	3.783	Ariane Drake, VB	4.000
Taylor Brown, SOC	4.000	Mike Heinen, FB	3.957	Ashlee Thomsen, SOC	3.833
Travis Huffman, SOC	4.000	Joel Schneider, FB	3.759	Aubrey Kepler, VB	4.000
Weston Burrup, SOC	4.000	Tommy Miller, FB	3.800	Becca Aplington, CC	4.000
<b><u>Malad High School</u></b>		Lauren Moore, SOC	4.000	Benjamin Workman, FB	4.000
Dan Cornia, CC	3.940	Rachel Warila, SOC	4.000	Brea Mitchell, VB	3.857
Jordan Schwartz, FB	3.860	Jasmine Deroy, SOC	3.800	Brenen Baumgartner, FB	4.000
Kathy Evans, VB	3.970	Kelley Robins, SOC	3.800	Brian Stevenson, FB	4.000
Kayla Thomas, VB	3.840	Alycia Crandall, CC	4.000	Brittany Hottel, SOC	4.000
<b><u>Meadows Valley High School</u></b>		Haley Schaefer, CC	4.000	Cameron Butler, CC	4.000
Casey Salas, VB	3.880	Jordan Vivier, CC	3.900	Camryn Quayle, CC	4.000
Emily Newcomb, VB	3.880	Tanya McKenzie, VB	4.000	Carissa Alleman, SOC	4.000
Lisa Jasper, VB	4.000	Brandt Buckner, SOC	3.825	Colin Joyce, SOC	4.000
Livia Marxer, VB	4.000	Sean O'Neill, SOC	3.977	Connor Reddish, CC	3.833
Michaela Murphy, VB	4.000	Jared Sexaner, SOC	3.933	Corin Ravsten, SOC	3.833
Randi Smith, VB	4.000	Lucas Margh, SOC	4.000	Dimitra Scheetz, CC	3.833
Sierra Atnip, VB	4.000	<b><u>Nampa Christian High School</u></b>		Douglas Walker, SOC	4.000
<b><u>McCall-Donnelly High School</u></b>		Andrea VanderWoude, VB	4.000	Dylan Brigham, FB	4.000
Alex Hamilton, SOC	3.938	Ashley Crooks, VB	3.893	Edward Katsilometes, FB	4.000
Britta Thackeray, SOC	4.000	Darryl VanGrouw, FB	3.857	Emma Hyde, CC	3.857
Chris Howes, SOC	3.750	David Connolly, FB	3.976	Gregory Cleary, FB	3.857
Cody Mack, SOC	4.000	James Nederend, FB	3.932	Isaac Frantz, SOC	4.000
Dale Brown, FB	3.813	Jessica Bartlow, VB	4.000	Jace Smellie, FB	3.800
Diantha Beckham, VB	3.957	Jessica Higer, CC	4.000	Jacob Jonas, CC	4.000
Elena Cussler, SOC	3.938	John Hickey, FB	4.000	Jacob Valentine, FB	4.000
Emily Mulnick, SOC	3.891	Josh Bartlow, FB	4.000	Jayce England, FB	3.833
Emily Zak, SOC	3.938	Josh Reams, FB	3.975	Jennifer Goettsche, SOC	4.000
Jamie Valley, SOC	4.000	Julia Walsh, CC	4.000	Jerron Batts, FB	4.000
JD Leedom, FB	3.906	Justin Weatherford, FB	4.000	John Byers, SOC	4.000
Jessica Herbst, SOC	3.938	Kaitlin Troost, VB	4.000	Jordan Armstrong, VB	4.000
John Fronk, SOC	4.000	Kathryn Fillmore, VB	3.756	Jordon Christensen, FB	3.833
Kassie Herbst, VB	4.000	Mecala Burger, CC	3.857	Kade Teter, FB	3.857
Kathryn Pope, SOC	3.896	Melissa Rohwer, CC	3.857	Kalin Holyoak, CC	4.000
Katie McDaniel, SOC	3.979	Michael Carter, CC	3.881	Kameron Khang, SOC	4.000
Kelsie Moore, VB	3.844	Michael Siegersma, FB	4.000	Karlee Blanscett, VB	4.000
Logan Gullickson, SOC	4.000	Mitchell Miller, FB	3.767	Karlie Standley, VB	4.000
Natalie Ball, SOC	4.000	Nick Campbell, FB	3.857	Katelyn Gunter, CC	4.000
Rachel Hall, SOC	4.000	Orrin Burger, FB	3.875	Kelsey Christensen, VB	3.857
Rachel Thurman, SOC	3.813	Tracey Mattox, VB	3.929	Kelsey Parker, CC	4.000
Sam Rainey, SOC	3.854	Yance Burger, FB	3.850	Kirk Force, CC	4.000
Sam Wilson, VB	3.788	Zach McCleery, FB	4.000	Kyle Bodily, CC	4.000
<b><u>Moscow High School</u></b>		<b><u>Orofino High School</u></b>		Kyle Hamm, SOC	4.000
Alyssa Klas, CC	3.947	Alyssa Erlewine, VB	4.000	Lindsay Stevenson, VB	4.000
Amanda Niehenke, VB	4.000	Amanda Bonner, SOC	4.000	Mandi DeLange, SOC	4.000
Ames Fowler, CC	4.000	Chanel Hernandez, SOC	3.900	Mandy Workman, CC	4.000
Amy Westberg, VB	3.875	Cole Jenefsky, SOC	4.000	Matthew Green, SOC	4.000
Andrew Bender, SOC	4.000	Dylan Ford, FB	4.000	Mckaid Sheppard, FB	4.000
Andrew Fife, CC	3.789	Ethan Gillian, FB	3.920	Miranda Brown, VB	3.833
Brandon Wallen, FB	4.000	Frank Haskett, FB	3.940	Noah Bush, SOC, FB	3.857
Brigitte Lowe, VB	3.933	Jasmen O'Hara, SOC	3.750	Ressa Allen, CC	4.000
Brooke Mosman, SOC	3.857	Jordan Damron, SOC	3.970	Robert Mitrik, FB	3.833
Caitlin Bayly, SOC	4.000	Karl Vaage, SOC	3.850	Rodney Andrews, FB	4.000
Carly Celebrezze, Cheer	3.976	Katherine Uhling, VB	3.850	Ryan Byers, SOC	3.833
Dakota Wallen, CC	3.875	Katie Nemeth, SOC	4.000	Ryan Ruud, FB	3.857
David Lee, FB	3.813	Kerry Shrobshire, SOC	3.750	Sawyer Jeter, FB	4.000
David Steury, CC	3.929	Matt Lame, SOC	3.920	Scott Welch, FB	3.800
Elizabeth Nielsen, CC	4.000	Megan Gering, VB	4.000	Sophie Hofman, CC	4.000
Emily McGuire, SOC	3.909	Michael Lacey, FB	3.920	Sterling Hofman, FB	4.000
Hayden Garfield, FB	3.857	Mikayla Moser, SOC	4.000	Tanner Crawford, FB	3.833

Tyler Hargraves, FB	4.000	Meredith Griffin, CC	3.786
Tyler Stenersen, FB	4.000	Nate VanRoosendal, CC	3.806
Tyson Hoffman, FB	4.000	Panos Panayiotou, SOC	3.952
Zackary High, FB	4.000	Sarah Lew, CC	4.000
<b><u>Sandpoint High School</u></b>		Sarah Moughamian, SOC	4.000
Anders Nostdahl, SOC	3.938	Sarah Shields, CC	3.911
Bailey Hewitt, SOC	3.956	Sean Millard, CC	3.929
Ben Murray, SOC	3.870	Sofia Apsey, SOC	3.929
Brittany Oakley, SOC	3.826	Taryn Doud, VB	3.833
Connor Currie, SOC	3.906	Taylor Goade, CC	3.846
Dannette Mauck, CC	3.938	Tyler Schmeckpeper, SOC	3.964
Danny Pfeifer, CC	4.000	<b><u>West Jefferson High School</u></b>	
Emilie Kuster, VB	4.000	Kandice Stoneberg, VB	3.792
Emily Thompson, CC	3.896	Kindsey Cope, VB	3.920
Galen MacDonald, CC	3.967	Kiya Pancheri, VB	3.920
Hope Woodruff, CC	4.000	Kylee Holdaway, VB	3.883
Jansen Rinck, SOC	3.938	Madison Savage, VB	3.780
Kat Vardell, CC	4.000	Oakley Burtenshaw, VB	3.813
Kevin Pfeifer, CC	4.000	<b><u>Wallace High School</u></b>	
Kortney James, VB	3.839	Emily Vester, VB	3.930
Linnia Hawkins, VB	3.857	Haley McDaniel, VB	3.760
Mason Foster, CC	3.889		
McKinzi Obaitek, SOC	4.000		
Michelle Stone, SOC	3.957		
Mikka Nostdahl, SOC	4.000		
Molly Burgstahler, CC	4.000		
Sarah Addington, CC	3.781		
Savannah Engel, SOC	3.862		
Spencer Swerin, SOC	3.978		
Vicky Vardell, CC	3.978		
Zac Linscott, SOC	3.933		
<b><u>Timberlake High School</u></b>			
Amanda Kirby, VB	3.833		
Amanda Kistler, VB	3.833		
Bernadette Loibi, CC	4.000		
Brian Tucker, CC	3.833		
Caleb Lynch, CC	4.000		
Cameron Simon, FB	4.000		
Derek Puckett, FB	4.000		
Galen Guzman, CC	4.000		
Jennifer Bitner, VB	4.000		
Kelsey McCaslin, CC	4.000		
Ryan Sacksteder, CC	4.000		
<b><u>Timberline High School – Boise</u></b>			
Adam Hurd, FB	3.750		
Alex Churchhill, CC	4.000		
Alex Kean, FB	3.975		
Alyssa Ball, CC	3.941		
Alyssa Schaffer, CC	3.929		
Amanda Soderlund, SOC	4.000		
Andrea Rowan, SOC	4.000		
Andrew Satterlee, FB	3.893		
Ben Shields, CC	3.821		
Borham Allam, CC	3.846		
Camden DeBruler, CC	3.767		
Carlee Norquist, SOC	3.906		
Cody Cantrell, SOC	3.750		
Daniel Fredrickson, SOC	4.000		
David McNeill, CC	4.000		
Diana Cook, CC	3.962		
Emma Boxer, CC	4.000		
Jake Bivens, SOC	3.878		
James Gutierrez, CC	3.821		
Jaron Putnam, CC	3.907		
Jess Smith, VB	3.750		
Jessie Gould, VB	3.904		
Jordan Jackson, SOC	3.981		
Josh Baker, CC	3.800		
Julia Nagy, VB	4.000		
Katie Wicher, CC	3.911		
Kayla Bigelow, SOC	3.792		
Krista Perkins, CC	3.827		
Kurt Abo, SOC	3.782		
Madison Mangum, FB	3.792		
Malorie Gomm, CC	4.000		
Matthew Lemons, SOC	3.885		