

## 2019 IHSAA STATE TRACK QUALIFYING STANDARDS

EVENT	QUALIFYING STANDARD			
	2016 3rd place mark	2017 3rd place mark	2018 3rd place mark	FAT Time or Field Mark
<b>5A BOYS</b>				
110m HH	14.86	15.04	14.54	14.81
300m IH	38.36	39.87	39.71	39.31
100m	11.07	10.90	10.85	10.94
200m	22.47	21.76	22.00	22.08
400m	49.29	48.67	49.52	49.16
800m	1:57.67	1:57.10	1:56.73	1:57.16
1600m run	4:19.16	4:24.16	4:24.18	4:22.50
3200m run	9:40.97	9:32.94	9:31.28	9:35.06
Shot Put	56' 1.75"	56' 8.25"	50' 1"	54' 3"
Pole Vault	13' 6"	14' 6"	15' 0"	14' 0"
High Jump	6' 0"	6' 0"	6' 6"	6' 2"
Long Jump	21' 3.25"	21' 7"	21' 11.5"	21' 7"
Triple Jump	45' 5.75"	42' 5"	43' 5.75"	43' 9"
Discus	171' 11"	153' 6"	152' 6"	159' 3"
<b>4A BOYS</b>				
110m HH	15.42	15.09	15.43	15.31
300m IH	41.28	40.71	39.90	40.63
100m	11.21	11.00	11.35	11.19
200m	23.00	22.33	22.78	22.70
400m	50.56	50.18	50.28	50.34
800m	1:58.49	1:59.43	1:59.62	1:59.18
1600m run	4:27.34	4:22.03	4:25.03	4:24.80
3200m run	9:45.87	9:24.91	9:43.68	9:38.15
Shot Put	49' 7.5"	50' 11"	56' 8"	52' 4"
Pole Vault	13' 6"	13' 6"	13' 6"	13' 6"
High Jump	6' 0"	6' 0"	6' 4"	6' 0"
Long Jump	20' 4.75"	21' 3.75"	21' 6"	21' 0"
Triple Jump	42' 10.5"	44' 8.75"	44' 8.25"	44' 1"
Discus	149' 0"	163' 9"	156' 4"	156' 4"
<b>3A BOYS</b>				
110m HH	15.57	15.72	15.87	15.72
300m IH	41.98	40.20	41.49	41.22
100m	11.57	11.31	11.11	11.33
200m	23.03	23.02	22.57	22.87
400m	50.76	52.62	50.45	51.28
800m	1:59.74	2:01.68	1:58.39	1:59.93
1600m run	4:36.21	4:33.33	4:33.28	4:34.27
3200m run	9:54.33	9:45.78	9:51.04	9:50.38
Shot Put	44' 9"	46' 3"	46' 11.75"	45' 11"
Pole Vault	13' 6"	13' 0"	13' 0"	13' 0"
High Jump	6' 0"	6' 2"	6' 2"	6' 0"
Long Jump	20' 8"	20' 4"	21' 8.75"	20' 10"
Triple Jump	41' 8"	42' 8.5"	43' 3.75"	42' 6"
Discus	141' 1"	132' 8"	136' 10"	136' 10"
<b>2A BOYS</b>				
110m HH	16.09	16.13	15.64	15.95
300m IH	42.45	41.14	40.79	41.46
100m	12.03	11.42	11.46	11.64
200m	23.43	22.99	23.15	23.19
400m	51.98	50.70	50.47	51.05
800m	2:02.52	2:04.17	2:02.61	2:03.10
1600m run	4:42.48	4:43.17	4:38.04	4:41.23
3200m run	10:11.39	9:58.73	9:57.31	10:02.47
Shot Put	47' 9.5"	47' 9"	45' 5.75"	47' 0"
Pole Vault	13' 0"	13' 6"	13' 0"	13' 0"
High Jump	6' 2"	6' 0"	6' 0"	6' 0"
Long Jump	20' 10.5"	21' 2.75"	21' 3.75"	21' 1"
Triple Jump	41' 5.75"	42' 9.25"	43' 0"	42' 5"
Discus	135' 6.5"	138' 11"	138' 8"	137' 8"
<b>1A BOYS</b>				
110m HH	15.78	16.42	16.11	16.10
300m IH	42.68	42.62	41.07	42.12
100m	12.00	11.58	11.29	11.62
200m	23.96	23.20	22.93	23.36
400m	52.10	50.83	51.13	51.35
800m	2:02.39	1:59.41	2:00.98	2:00.92
1600m run	4:35.92	4:31.26	4:32.02	4:33.06
3200m run	9:58.45	9:49.44	10:05.86	9:57.91
Shot Put	44' 11.5"	48' 4"	46' 3.5"	46' 6"
Pole Vault	11' 6"	13' 0"	12' 0"	12' 2"
High Jump	6' 0"	6' 0"	6' 0"	6' 0"
Long Jump	20' 1"	20' 4"	20' 11.75"	20' 5"
Triple Jump	40' 10.75"	41' 1"	41' 10"	41' 3"
Discus	137' 2"	135' 11"	139' 6"	137' 6"

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QUALIFYING STANDARD

EVENT 5A GIRLS	2016 3rd place mark	2017 3rd place mark	2018 3rd place mark	FAT Time or Field Mark
100m H	15.27	15.56	15.22	15.35
300m H	47.88	46.29	45.90	46.69
100m	12.38	12.47	12.34	12.40
200m	25.90	25.46	25.83	25.73
400m	58.75	57.42	59.24	58.47
800m	2:16.93	2:16.60	2:15.14	2:16.22
1600m run	5:02.14	4:59.50	5:00.23	5:00.62
3200m run	11:04.38	10:54.53	11:04.94	11:01.28
Shot Put	37' 10"	39' 4"	40' 6"	39' 2"
Pole Vault	11' 0"	11' 0"	12' 0"	11' 0"
High Jump	5' 4"	5' 6"	5' 2"	5' 4"
Long Jump	17' 4.5"	17' 8.25"	17' 1.75"	17' 4"
Triple Jump	36' 3.75"	35' 5.5"	36' 1.25"	35' 11"
Discus	118' 11"	127' 8"	125' 6"	124' 0"

### 4A GIRLS

100m H	15.86	15.34	15.64	15.61
300m H	47.98	46.34	45.17	46.50
100m	12.74	12.66	12.69	12.70
200m	26.59	25.45	25.59	25.88
400m	60.64	58.52	57.39	58.85
800m	2:19.70	2:18.10	2:19.46	2:19.08
1600m run	5:19.46	5:12.86	5:13.58	5:15.30
3200m run	11:35.45	11:21.17	11:39.90	11:32.17
Shot Put	38' 1"	38' 3.5"	36' 7.5"	37' 8"
Pole Vault	10' 0"	10' 6"	9' 6"	10' 0"
High Jump	5' 2"	5' 2"	5' 2"	5' 2"
Long Jump	16' 8"	16' 5.75"	16' 6.25"	16' 6"
Triple Jump	35' 9.25"	35' 1"	35' 0"	35' 3"
Discus	124' 8"	125' 11"	123' 3"	124' 7"

### 3A GIRLS

100m H	16.80	16.85	16.34	16.66
300m H	50.59	48.41	48.13	49.04
100m	13.33	12.82	13.17	13.11
200m	27.51	26.37	26.72	26.87
400m	60.43	61.28	59.64	60.45
800m	2:22.60	2:25.06	2:22.88	2:23.51
1600m run	5:28.28	5:26.17	5:27.05	5:27.16
3200m run	11:50.50	11:44.75	12:05.72	11:53.65
Shot Put	35' 3"	36' 0.75"	35' 0.25"	35' 5"
Pole Vault	9' 6"	9' 6"	9' 0"	9' 0"
High Jump	5' 0"	4' 10"	5' 2"	5' 0"
Long Jump	16' 3.25"	16' 5"	16' 7"	16' 5"
Triple Jump	34' 5"	35' 3.5"	35' 8.75"	35' 1"
Discus	110' 9"	112' 0"	112' 8"	111' 9"

### 2A GIRLS

100m H	16.15	16.05	16.39	16.20
300m H	47.17	46.76	47.83	47.25
100m	13.45	13.15	12.94	13.18
200m	27.08	26.89	26.55	26.84
400m	61.94	61.97	61.01	61.64
800m	2:27.13	2:28.87	2:23.78	2:26.59
1600m run	5:33.44	5:30.25	5:25.60	5:29.76
3200m run	12:08.63	11:53.14	11:49.81	11:57.19
Shot Put	35' 7.75"	35' 3.75"	35' 4.5"	35' 5"
Pole Vault	10' 0"	10' 0"	9' 6"	9' 6"
High Jump	5' 0"	4' 10"	5' 0"	4' 10"
Long Jump	16' 0.25"	17' 9.5"	17' 0.5"	16' 11"
Triple Jump	33' 11"	35' 11.5"	34' 9.5"	34' 10"
Discus	100' 2.5"	108' 9"	114' 0"	107' 7"

### 1A GIRLS

100m H	16.59	16.48	16.74	16.60
300m H	47.83	48.50	47.81	48.05
100m	13.59	12.96	13.00	13.18
200m	27.59	26.92	26.90	27.14
400m	61.31	63.07	60.21	61.53
800m	2:29.55	2:25.02	2:22.68	2:25.75
1600m run	5:46.79	5:32.20	5:30.85	5:36.61
3200m run	12:27.70	12:22.45	11:54.91	12:15.02
Shot Put	33' 8"	35' 5"	34' 3.5"	34' 5"
Pole Vault	8' 3"	9' 0"	8' 6"	8' 6"
High Jump	4' 10"	5' 0"	4' 10"	4' 10"
Long Jump	15' 10.5"	15' 7.75"	15' 9.25"	15' 9"
Triple Jump	33' 4"	33' 4.5"	33' 5.25"	33' 4"
Discus	109' 2"	108' 3"	106' 1"	107' 10"

(Qualifying standards are the third place marks averaged over the previous three years.)