

# 2016 Volleyball

## Classification — based on grades 9-12

5A	1,280 and over	2A	319-160
4A	1,279-640	1A DI	159 -100
3A	639-320	1A DII	99 and under

## 2016 Volleyball Season

First Day of Practice	August 12, 2016
First Match	After 10 days of practice
Dist. Tourn. Completion	October 22
State Play-ins	October 22
State Tournament	October 28-29

## Warm-Up Time for Matches

There will be a **maximum** of twenty minutes for pre-match warm-up between matches. The timer should start the clock 20 minutes prior to the start of the contest. The time schedule for the pre-match warm-up shall consist of the following 20-12-7-2:

1. 20-17 minutes: Coin flip to determine the serving and receiving teams.
2. 12-7 minutes: Serving team practices on the full court. Receiving team may practice ball handling outside the playing court.
3. 7-2 minutes: Receiving team practices on the full court. Serving team may practice ball handling outside the playing court.
4. Final 2 minutes: Both teams on the court practice serving over the net and receiving.

The warm-up period may be limited to 15-10-6-2 at the discretion of the tournament manager due to schedule requirements. If this becomes necessary, the periods shall consist of:

1. 15-10 minutes: Coin flip to determine serving and receiving teams.
2. 10-6 minutes: Serving team practices on the full court. Receiving team may practice ball handling outside of the playing court.
3. 6-2 minutes: Receiving team practices on the full court. Serving team may practice ball handling outside of the playing court.
4. Final 2 minutes: Both teams on the court practice serving and receiving over the net.

Each tournament site has an area designated for team stretching prior to the start of the pre-match warm-up period.

**Teams will not be allowed on the playing court until the clock is started for pre-match warm-ups.**

## Warm-up and Practice Between Sets

Teams will not be allowed to use the net for practice between sets. The ball may not cross the net. The number of participants at any practice or warm-up, shall be limited to the number of participants allowed in uniform (5A/4A: 15; 3A/2A/1A: 12).

## Number of Participants/Coaches/Support Personnel

At all play-in and state tournament matches, 5A and 4A varsity teams are limited to fifteen (15) students in uniform during warm-ups and at the start of the contest; 3A, 2A and 1A varsity teams are limited to twelve (12) students in uniform during warm-ups and at the start of the contest.

Violation of this rule will result in the school being assessed a maximum fine for dressing more than the approved number of players at a state play-in or tournament match with forfeiture of the match if excess numbers play. All classifications will be allowed three coaches and three support personnel to be admitted without an IHSAA card or tournament pass. Any coaches or support personnel exceeding that number must have either an IHSAA card or purchase a tournament pass.

## Team Match Limitation

No team or individual shall play more than 16 regular season dates. (A) A maximum of 8 dates tri-matches. Any school playing two schools on the same date must count that competition as a tri-match. (B) Two dates may be tournaments (more than 3 schools involved). (C) A team may substitute one additional tournament for 2 dates. A school desiring to play in 3 tournaments may only play on 15 dates.

Rules for tournament play: (A) A tournament may be of any format. (B) A tournament held on Friday after 3:00 p.m. and Saturday will count as one date or one tournament. (C) A two-day tournament starting prior to 3:00 p.m. on Friday will be counted as two of the sixteen allowable dates. (D) Total number of sets throughout the tournament will not be counted.

## Individual Match Limitation

The athlete is permitted to play on **only 16 regular season dates**. Athletes may play in a sub-varsity and a varsity match against the same school on the same day providing the individual does not exceed five sets in 5A, 4A, 3A and 2A and seven sets in 1A. The athlete (5A, 4A, 3A, 2A, 1A) may play in post-season tournaments (sophomore, JV, etc.) and then participate in the varsity district tournament provided the total number of dates the individual participated in prior to the district tournament does not exceed 16.

A contestant who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA sponsored competition of that sport.

## Rules

All contests will be played under National Federation rules. Rule books and case books are to be picked up and signed for by the school representative at the district rules clinic.

## IHSAA Match Details

1. All varsity matches shall be best 3 of 5 sets.
2. Sets shall be played to 25 points, no cap, win by 2 points.
3. Fifth and deciding set shall be played to 15 points, no cap, win by 2 points.
4. Home team selects its team bench upon entering the facility, and visiting captain shall call the toss. If necessary, prior to the deciding set of match, home captain shall call the toss.
5. Each team shall be allowed 2 time-outs per set, with a total of 10 time-outs if 5 sets are played.
6. 18 substitutions
7. Use of the Libero has been approved by the IHSAA Board of Directors. See the NFHS Volleyball Rules Book for specific applications for using the Libero.
8. Season tournaments, pool play and tri-matches can play 2/3 to 25, no cap, win by 2 points; the 3<sup>rd</sup> set to 15, no cap, win by 2 points.
9. State tournament will use the 3 of 5 format.
10. Sub-varsity matches may use the 2 of 3 format.

**Official Ball**

Baden Perfection VX5EC (blue, grey and white)

**2016 Volleyball Representation**

<b>5A</b>			<b>4A</b>			<b>3A</b>		
I-II	1.5		I-II	1		I-II	2	
III	4.5		III	3		III	2	
V-VI	2		IV	2		IV	1.5	
			V-VI	2		V	1	
						VI	1.5	
<b>2A</b>			<b>1A DI</b>			<b>1A DII</b>		
I-II	1.5		I	.25		I	1.5	
III	2.5		II	2.25		II	1.5	
IV	1		III	3.5		III	1.5	
V	1.5		IV	1.5		IV	2	
VI	1.5		V-VI	.5		V-VI	1.5	

Volleyball representation is altered periodically so the percentage of representatives in each district is as equal as possible over a two-year period.

**State Play-ins**

Completion date: October 22

**5A Play-in**

1-2B Grangeville HS  
6:00 p.m. (P)  
3E Sat., Oct. 22, 2016

**3A Play-in**

4B Highland (Poc) HS  
3:00 p.m.  
6B Sat., Oct. 22, 2016

**2A Play-ins**

1-2 B Highland (C) HS  
4:00 p.m. (P)  
3C Sat., Oct 22, 2016

5B Highland (Poc) HS  
5:00 p.m.  
6B Sat., Oct. 22, 2016

**1A DI Play-ins**

1A-2C Highland (C) HS  
6:00 p.m. (P)  
3D Sat., Oct. 22, 2016

4B American Falls HS  
3:00 p.m.  
5-6A Sat., Oct. 22, 2016

**1A DII Play-ins**

1B Moscow HS  
4:00 p.m. (P)  
2B Sat., Oct. 22, 2016

3B Canyon Ridge HS  
3:00 p.m.  
5-6B Sat., Oct. 22, 2016

**2016 Pairings**

Coaches meeting, Thursday - TBA

<b>5A</b>	<b>4A</b>	<b>3A</b>
1-2A	4A	5A
3D	3C	3B
3A	5-6A	1-2A
5-6B	3B	4B/6B
5-6A	1-2A	3A
3C	5-6B	4A
3B	3A	6A
1-2B/3E	4B	1-2B

<b>2A</b>	<b>1A DI</b>	<b>1A DII</b>
4A	3A	2A
1-2B/3C	1A-2C/3D	3B/5-6B
3A	2A	4A
6A	3C	3A
5A	4A	1A
3B	2B	4B
1-2A	3B	5-6A
5B/6B	4B/5-6A	1B/2B

**State Tournament**

Dates: October 28-29, 2016

Sites:

- |                 |                      |
|-----------------|----------------------|
| 5A Skyline HS   | 2A Idaho Falls HS    |
| 4A Hillcrest HS | 1A DI Rigby HS       |
| 3A Madison HS   | 1A DII Bonneville HS |