



IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION

Serving Idaho's Youth Since 1926

Ty Jones, Executive Director

Julie Hammons, Assistant Director Mike Federico, Assistant Director

8011 Ustick Road Boise, ID 83704

Phone #: (208) 375-7027 Fax #: (208) 322-5505

website: idhsaa.org e-mail: admin@idhsaa.org

IHSAA selects Five Interscholastic Stars

BOISE, Idaho (May 20, 2020) — The Idaho High School Activities Association have named five high school juniors as the 2019-20 recipients of its annual Interscholastic Star Student Recognition Awards.

This scholarship program is sponsored by the Idaho High School Activities Association and was established in 1992 to recognize and reward outstanding students who participate in high school athletic and non-athletic activities.

Martha Smith (Clearwater Valley High School), Johnathon Simmons (Salmon High School), Ryder Paslay (Timberlake High School), Nicholas Swensen (Twin Falls High School), and Sarah Cole (Mountain View High School) were selected from a large field of outstanding students nominated by school principals.

Sarah Cole was selected as the “Idaho Star” for 2019-20 and will grace the back covers of the 2020-21 state tournament programs.

Nominees for the scholarships are exemplary students who:

- Through their participation, strengthen interscholastic sports and activities programs.
- Are active contributors to school and community organizations and programs.
- Are good citizens and positive role models for their peers.
- Promote the ideals of good sportsmanship and citizenship.

Each application includes an essay, recommendations from school administrators, and descriptions of athletic and activity participation and service to school and community.

Interscholastic Stars receive a \$1,000 scholarship to the college of their choice. A \$500 check is also given to each Interscholastic Star's school. Runner's up at each level receive a \$500 scholarship.

All five 2019 Interscholastic Stars are leaders in their schools and communities:

- **1A Star – Martha Smith** – A captain and 3 sport athlete at Clearwater Valley HS, Martha is also active in Student Government, National Honor Society, BPA and the Kooskia community.
- **2A Star – Johnathon Simmons** – Johnathon is involved in music, drama, student government and multiple school clubs while participating in Cross Country and Track at Salmon High School.
- **3A Star – Ryder Paslay** – Ryder is a student participant in Sources of Strength, a student lead program assisting students with mental health, while participating in 3 sports and music.
- **4A Star – Nicholas Swensen** – A three-year letterman and captain of the Twin Falls HS Football, Basketball and Track teams, Nicholas has been selected to All-State Orchestra while becoming an Eagle Scout.
- **5A Star – Sarah Cole** – The Jr. Class President at Mt. View HS, Sarah has also participated in Volleyball, Basketball, Softball and is the captain of Lincoln-Douglas team. She is a national debate qualifier and holds a 4.174 GPA.

About the IHSAA

Founded in 1926, the Idaho High School Activities Association coordinates, supervises, and directs interscholastic activities that enhance and protect the total educational process of all student participants. Its activities and programs are formulated to promote citizenship and the academic missions of schools. Visit www.idhsaa.org for more information.