TABLE OF CONTENTS

I — General
- Academic State Champions Award 24
- Activity Cards 18
- Activity District Map 7
- Affiliate Organizations 3
- Air Quality 29/49/111
- Athletic Officials 8
- Athletic Transfer Form 11
- Awards - Sports & Activities 23
- Catastrophic Insurance 18
- Citizenship Citations 24
- Classification by Activity 5
- Concussion 111
- Contract for Interscholastic Activities 10
- District Board of Control 115
- District Commissioners 8
- District Secretaries 1
- Drone 108
- Dues Structure 9
- Eligibility Regulation Waiver 16
- Eligibility Verification 9
- Fall Sports Practice Model 28/109
- FAQ 112
- Foreign Student Transfer Form 14
- General Classification & Alignment 6
- Glossary of Terms 116
- Hall of Fame Awards 25
- Hazing 110
- Heat Acclimatization 28/49/110
- History of IHSAA 3
- Interim Questionnaire / Consent Form 21
- Interscholastic Star Award 24
- Legends of the Game 26
- Lifetime Pass Policy 18
- Lightning Protocol 29/49/111
- Member Schools 4
- Mission Statement 3
- National Federation of State High School Assns. 2
- Officials Code of Ethics 8
- Physical Exam & Interim Questionnaire Info 18
- Physical Exam Form 19
- Sanctioning 22
- Scholastic Awards 24
- Schools of Excellence Program Guidelines 24
- State Sportsmanship Rules 109
- State Tournament Sportsmanship Award 24
- Supplement Use 110
- Transfer Guidelines Form 17
- Waiver of Transfer Rule Form 12
- Youth Endowment for Activities 114

II — Activities Guidelines
- Baseball 50
- Basketball 44
- Cheerleading 63
- Cross Country 30
- Debate 74
- Drama 77
- Dance 65
- Football 31
- Golf 52
- Music 68
- Scheduling Requirements 108
- Soccer 36
- Softball 55
- Speech 80
- Speech Arts-General 73
- Swimming 39
- Tennis 57
- Track 59
- Volleyball 41
- Wrestling 46

III — By-Laws & Rules
- Articles of Incorporation 84
- By-Laws 85
- Rules & Regulations 89
- Admin. Authority & Responsibility 89
- Appeals 106
- Classification 89
- Coaches 90
- Conduct/Discipline 91
- Contests 92
- Contracts 93
- Cooperative Programs 93
- Game Management 101
- Individual Eligibility 94
- Officials 101
- Non-Discrimination Policy 103
- Participation in Special Events 103
- Physical Examination 104
- Protests 104
- Rule Violations 104
- Rescheduling Suspended State Competition 107
- Sanctioning 105
- Seasons 105
- Teams/Individuals Unable to Arrive at State 107

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The National Federation of State High School Associations (NFHS) is an organization of 51 autonomous state high school athletic and/or activity associations and the association of the District of Columbia. Additionally, interscholastic associations of the Canadian Provinces Alberta, British Columbia, Manitoba, New Brunswick, Nova Scotia, Ontario and Quebec are affiliated with the NFHS as are associations from St. Croix, Guam, St. Thomas-St. Johns, and the Bahamas. Other affiliates are forensic associations of Michigan and Wisconsin, and music associations of Wisconsin and Florida.

Collectively, the associations, through their common commitment to high school athletic/activity programs form the NFHS. These organizations have established the NFHS as a means of maintaining cooperative, reciprocal relationships among all of the member associations. As the mechanism for maintaining these relationships, the NFHS provides a common forum for administering high school activities, through a democratic governance process, by all who direct these programs.

Through its national office in Indianapolis, the NFHS has established an administrative entity to coordinate and support the functions of the organization. The administrative office is a convener of a large number of meetings and committees for the promulgation of rules, publisher of extensive media materials to support the operations of the organization, and is a resource for and a repository of information/data on high school athletic/activity programs.

As stipulated in the NFHS Constitution, the legislative body of the organization is the National Council (executive directors of the member state associations), which annually elects a specified number of members to staggered terms on the Board of Directors, the administrative entity which conducts the business and day-to-day operations of the organization through the executive director and administrative staff.

The NFHS is committed to diversity and inclusiveness in the administration of the organization. This commitment is achieved by providing opportunity for any National Council member to serve on the Board of Directors.

**NFHS Statement of Philosophy**

Sports and performing arts have always been part of the educational process of youth.

In the United States, such activities were organized at the collegiate and secondary school levels in the early 1900's. In the 1920's, a small number of state high school athletic associations organized themselves and grew in numbers to evolve into a national entity which became the National Federation of State High School Associations.

The NFHS, the voice of interscholastic activities, is committed to the belief that interscholastic activities are basic to sound educational principles of secondary education. Activities are a social force which teach values/achievement for physical, psychological and emotional growth in the education environment.

Participation in activities reinforces responsible social processes. Educational experiences gained through activity programs are opportunities to learn, promote and reinforce the elements that influence students to become productive citizens in a democratic society. Productive citizenship may be demonstrated through accepting responsibility, self-worth, sportsmanship, integrity, fairness, optimism, self-sacrifice — placing the welfare of others ahead of self, acceptance of others regardless of abilities or background, dignity, self-respect/discipline and thinking independently while having a commitment to group or collective goals which go beyond winning.

These are the values that reflect the educational curriculum of interscholastic activities. In its developmental stages, as today, the central commitment of the NFHS is to support and enhance at the national level the interaction between and among the member state associations in their efforts to administer and direct participation of their respective member schools in activities programs.

The NFHS is dedicated to the continued development and maintenance, through common agreement of its members, of standards for participant eligibility, rules and conditions for the administration of contests. In deference to the standards, rules and conditions, the NFHS membership is committed to enhance and stimulate interest in and thereby provide and give greater access to increasing numbers of students for participation in activities.

Participation in interscholastic activities is accorded to students who meet essential standards of eligibility adopted collectively by state association member schools and additional standards as may be adopted by individual schools for their respective student participants. The NFHS membership is dedicated to development and implementation of standards, policies and regulations essential to assist member schools in the furthering of their educational philosophy of interscholastic activities. Toward this end, the membership is pledged to keep school-sponsored contests in perspective as a part of the total educational program at the local, conference, district and state levels.

The NFHS believes it is imperative to maintain articulation and cooperative relationships with other educational and/or non-school organizations involved in amateur athletics or with interests in high school activities programs. These relationships are mutually beneficial to all organizations involved and the individual participants as a means of preserving the integrity of the programs and the amateur status of participants. It is the position of the NFHS that activities are for enjoyment, recreation, entertainment, the promotion of healthy lifestyles, sports for the sake of sports and opportunities for greater fulfillment of interests and aptitudes of youth.

The NFHS continues to make efforts for the continuing assessment, review and evaluation of current parameters and practices utilized in programs to improve the quality of and make more accessible a range of activities to challenge the interests and abilities of student participants.

The overriding commitment of the NFHS membership is the health, welfare and moral growth of students who participate directly and indirectly in high school activities programs. This commitment is being achieved through a continuing, unified effort of the NFHS membership to maintain the highest ideals of fair play, ethical behavior and responsible citizenship in a democratic society.

One of the primary missions of the school-college community is to teach participants essential skills that will provide for a lifetime of contributions to their community. Sports and fine arts activities are conduits through which people feel part of the community and thus can be effective vehicles for promoting citizenship in this country.

Further, sports and fine arts activities provide not only the opportunity to teach and learn respect for self and respect of others, but can also place participants in a unique context — competition — that can further instill values necessary for the development of respect or self and others.

In addition to these inherent benefits enjoyed through participation in athletic and fine arts programs, high school students can learn the meaning of good citizenship, and can carry those lessons with them throughout their entire lives.
OFFICERS FOR AFFILIATE ORGANIZATIONS

Idaho School Boards Association  
President: Wally Hedrick, Meridian Technical Charter  
Executive Director: Karen Echeverria

Idaho Music Educators Association  
President: Kathy Stefani, Grangeville  
Business Manager: Karen Goodrich, Twin Falls

Idaho School Superintendents Association  
President: Mary Ann Ranells, West Ada S.D.  
Executive Director: Rob Winslow

Idaho Speech Arts Teachers Association  
President: Zachary Borman, Rocky Mountain H.S.  
Vice President: Robin Christensen, Highland H.S

Idaho Assn. of Secondary School Principals  
President: Ty Salsbery, Hillcrest H.S.  
Executive Director: Rob Winslow

Idaho Coaches Association  
President: Tyson Moser, West Side H.S.  
Vice President: Brian Hardy, Valley H.S.

Idaho Association of School Administrators  
President: Marc Gee, Preston S.D.  
Executive Director: Rob Winslow

IHSAA HISTORY

The Idaho High School Activities Association began when the youth of Idaho high schools desired athletic competition. In the absence of organized teams, they started their own. Without a governing body or involvement from the schools, disputes were settled by fights between neighboring communities. While the schools were not involved directly, they were blamed and embarrassed through association with the teams. The high schools had a decision to make. They could allow athletic competition to continue without school affiliation, try to stop it, or sponsor the competition and attempt to improve the safety and quality of the competition and protect the schools. They accepted the third option with reservations.

While many problems were solved, more were created including the participation of non bona fide students and students staying in school just to continue competing. However, the benefits ultimately outweighed the detriments as school enrollment increased dramatically between 1923-24 to 1924-25 prompting Caldwell’s Mr. William Gartin to say, “How much of this increase is due to organized athletics is impossible to say, but it is evident the effect of interschool athletics has been most helpful.”

The IHSAA was first organized in 1925 as an activity association involving basketball (boys and girls), football, track, debate, declamation, commercial contests and many other interschool activities. The constitution of the Association was adopted in 1926, and it became an athletic association. It continued as such until 1949 when it became an activities association again.

In 1983, the Association was reorganized as an Idaho nonprofit corporation. Membership in the corporation replaced the Legislative Council and the Board of Directors replaced the Board of Control. As a nonprofit corporation, broad exposure to legal liability was reduced, real property could now be acquired and a tax exempt status was obtained so that contributors can make tax-deductible gifts to the Association and its fund raising activities would not be taxable.

The IHSAA grew with the Idaho Education Association and was closely affiliated with it for many years. Mr. John I. Hillman served both organizations as the Executive Secretary. The Delegate Assembly of the IEA was one and the same as the general membership of the IHSAA, and the six activity districts, as we know them, were IEA districts in the beginning.

In 1984, the United Dairymen of Idaho became the official sponsor of all IHSAA state tournaments.

The Association has been blessed with many outstanding leaders through the years, as board members and executive officers. The strength of the IHSAA is dependent on outstanding leadership in member schools. Dedication to quality programs, both past and present, has brought us to a place where everyone involved in activities can proudly say, “Activities really are the other half of education!”

The mission of the Idaho High School Activities Association is to coordinate, supervise and direct interscholastic activities that enhance and protect the total educational process of all student participants.

All activities programs shall be formulated to promote citizenship and the academic mission of the school.

Published by the Board of Directors
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**IHSSA ASSOCIATE MEMBER HIGH SCHOOLS**

Contact the IHSSA office for a current listing of Associate Member schools.
Idaho High School Activities Association  
CLASSIFICATION OF SCHOOLS BY ACTIVITY  
Based on enrollment of grades 9-12

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<td>1A D I</td>
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<tr>
<td></td>
<td>159-100</td>
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<tr>
<td></td>
<td>1A D II</td>
</tr>
<tr>
<td></td>
<td>99 &amp; below</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>The following activities:</th>
<th>Use the following classification figures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Track</td>
<td>5A</td>
</tr>
<tr>
<td></td>
<td>1,280 and over</td>
</tr>
<tr>
<td>Baseball</td>
<td>4A</td>
</tr>
<tr>
<td></td>
<td>1,279-640</td>
</tr>
<tr>
<td>Softball</td>
<td>3A</td>
</tr>
<tr>
<td></td>
<td>639-320</td>
</tr>
<tr>
<td>Cross Country</td>
<td>2A</td>
</tr>
<tr>
<td></td>
<td>319-160</td>
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<tr>
<td></td>
<td>1A</td>
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<td></td>
<td>159 and under</td>
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</table>

<table>
<thead>
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<th>The following activities:</th>
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</thead>
<tbody>
<tr>
<td>Wrestling</td>
<td>5A</td>
</tr>
<tr>
<td></td>
<td>1,280 and over</td>
</tr>
<tr>
<td>Golf</td>
<td>4A</td>
</tr>
<tr>
<td></td>
<td>1,279-640</td>
</tr>
<tr>
<td>Cheerleading</td>
<td>3A</td>
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<tr>
<td></td>
<td>639-320</td>
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<tr>
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<td>2A</td>
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<td></td>
<td>319 and under</td>
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</tbody>
</table>

<table>
<thead>
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</thead>
<tbody>
<tr>
<td>Soccer</td>
<td>5A</td>
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<tr>
<td></td>
<td>1,280 and over</td>
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<tr>
<td>Tennis</td>
<td>4A</td>
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<tr>
<td></td>
<td>1,279-640</td>
</tr>
<tr>
<td>Dance</td>
<td>3A</td>
</tr>
<tr>
<td></td>
<td>639 and under</td>
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</tbody>
</table>

<table>
<thead>
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<th>The following activities:</th>
<th>Use the following classification figures</th>
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</thead>
<tbody>
<tr>
<td>Swimming</td>
<td>5A</td>
</tr>
<tr>
<td></td>
<td>1,280 and over</td>
</tr>
<tr>
<td></td>
<td>4A</td>
</tr>
<tr>
<td></td>
<td>1,279 and under</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Speech Arts</th>
<th>Uses the following classification figures</th>
</tr>
</thead>
<tbody>
<tr>
<td>Debate</td>
<td>Determined at the state tournament</td>
</tr>
<tr>
<td></td>
<td>Determined at the state tournament</td>
</tr>
<tr>
<td>Speech</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Drama</td>
<td>5A</td>
</tr>
<tr>
<td></td>
<td>1,280 and over</td>
</tr>
<tr>
<td></td>
<td>4A</td>
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<tr>
<td></td>
<td>1,279 - 640</td>
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<tr>
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<td>3A</td>
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<td></td>
<td>639 and under</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Music</th>
<th>Uses the following classification figures</th>
</tr>
</thead>
<tbody>
<tr>
<td>AA</td>
<td>1,500 and over</td>
</tr>
<tr>
<td>A</td>
<td>1,499-800</td>
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<tr>
<td>B</td>
<td>799-350</td>
</tr>
<tr>
<td>C</td>
<td>349-150</td>
</tr>
<tr>
<td>D</td>
<td>149 and under</td>
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</table>
## 2018-20 GENERAL CLASSIFICATION & ALIGNMENT

<table>
<thead>
<tr>
<th>District</th>
<th>5A 1280 &amp; Over</th>
<th>4A 1279-640</th>
<th>3A 639-320</th>
<th>2A 319-160</th>
<th>1A Div. I 159 - 100</th>
<th>1A Div. II 99 &amp; below</th>
</tr>
</thead>
<tbody>
<tr>
<td>I</td>
<td>Coeur d’Alene Lake City Post Falls</td>
<td>Lakeland</td>
<td>Bonners Ferry (Boulder Creek co-op)</td>
<td>St. Maries</td>
<td>Wallace</td>
<td>Clark Fork Genesis Prep Koosan Lakeside Multan</td>
</tr>
<tr>
<td>II</td>
<td>Lewiston</td>
<td>Moscow</td>
<td>Grangeville Orofino</td>
<td>Clearwater Valley Genesee Kamiak Lapwai Pattlatch Prairie Troy Cudescac Deary Highland-C Kendick Logas Nezperce St. John Bosco Academy Timberline-W</td>
<td></td>
<td></td>
</tr>
<tr>
<td>V</td>
<td>Highland - P Pocatello Preston</td>
<td>American Falls Marsh Valley Snake River</td>
<td>Aberdeen Bear Lake Malad Soda Springs West Side</td>
<td>Grace</td>
<td>Grace Lutheran North Gem Rockland Sho-Ban</td>
<td></td>
</tr>
<tr>
<td>VI</td>
<td>Madison Rigby Thunder Ridge</td>
<td>Blackfoot Bonneville Hillcrest Idaho Falls Shelley Skyline</td>
<td>South Fremont Sugar-Salem Teton</td>
<td>Fifth North Fremont Ririe Salmon West Jefferson Butte County Challis Taylor’s Crossing Charter Clark County Leadore Mackay Watersprings (161) (18) (29) (20) (26) (28) (40)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
ATHLETIC OFFICIALS

Certification of Officials
All officials must be at least 18 years old. Soccer officials may certify for non-varsity at age sixteen (16). Softball officials may certify for non-varsity at high school seniors.

There are two classes of certified officials:
1. Varsity officials are eligible to officiate 9-12 interscholastic contests.
2. Non-varsity officials are eligible to officiate non-varsity contests only.

Registration Procedures
1. Registration procedures will be emailed to all previously registered officials and known prospective officials by district commissioners of each sport.
2. Information regarding state rules clinic sites and dates, final registration dates, testing and certification requirements will be included.

Certification Requirements
1. Varsity officials must:
   A. Complete registration before the final registration deadline.
   B. Attend a state rules clinic, or make arrangements with the district commissioner for a make-up session in cases of emergency or previously approved circumstances.
   C. Attend a minimum of two local meetings in addition to the state rules clinic and take the required NFHS exam.
   D. Score 80 or better on the required NFHS exam the previous year and the current year.
   E. Receive a recommendation from the district commissioner upon completion of a background check.
   F. Complete the St. Luke's Concussion Course before officiating a regular season contest. Officials are required to review the St. Luke's Online Concussion Course on even numbered years. The IHSAA Statewide Concussion Review dates: 2020-21, 2022-23, etc. The IHSAA Board of Directors must approve alternative concussion courses or seminars.
   G. All officials must take the NFHS Sudden Cardiac Arrest course before officiating a regular season contest. All officials are required to review the NFHS Sudden Cardiac Arrest Course on even numbered years. IHSAA Statewide S. C. A. Review dates: 2020-21, 2022-23, etc. Only courses completed after May 1 will be accepted.

2. Non-varsity Officials must:
   A. Complete registration before the final registration deadline.
   B. Attend a state rules clinic, or make arrangements with the district commissioner for a make-up session in cases of emergency or previously approved circumstances.
   C. Complete the required NFHS exam for the current year with a score of 70 or better.
   D. Receive a recommendation from the district commissioner upon completion of a background check.
   E. Complete the St. Luke's Concussion Course and NFHS Sudden Cardiac Arrest course as outlined above. If you are a new official in an odd year, you must take the course in that year and then again on even numbered year. The IHSAA Board of Directors must approve alternative concussion courses or seminars.

Certification of Officials

Testing
IHSAA required exams are administered online through the NFHS during a predetermined testing window. Tests are available from 12:01 a.m. on the first test date to 11:59 p.m. on the final test date. Tests may be taken up to five (5) times during the testing period and are open book.

Part I: Basketball
   Aug. 1 – Aug. 2, 2019
Part II: Baseball/Softball
   Aug. 2 – Aug. 3, 2019
Part I: Track
   Feb. 16 – April 3, 2020
Part II: Volleyball/Soccer/Football
   Mar. 20 – April 3, 2020

Assignment of Officials
All sports officials used in contests involving grades 9-12 must be certified by the IHSAA. A list of certified varsity and non-varsity officials will be sent to each commissioner. While the IHSAA has established minimum requirements that all officials must fulfill, the IHSAA is not responsible for the assigning or rating of officials during the regular season, and cannot guarantee all officials will be assigned to officiate interscholastic contests. Each activity district’s Board of Control retains these responsibilities. The sport commissioner for each district typically assigns all officials for varsity contests. Officials for non-varsity contests may be assigned through appointed persons or secured independently. Selection and assignment of officials for state level competition is administered by the IHSAA.

The IHSAA Code of Ethics for Officials
Believing I am an important part in the nationwide school athletic program, I pledge to act in accordance with these principles:
1. I will honor contracts regardless of possible inconvenience or financial loss.
2. I will study the rules of the game, observe the work of other coaches and/or officials and attempt to improve the game and myself.
3. I will conduct myself in such a way that attention is focused on the young people playing and not myself.
4. I will maintain my appearance in a manner respectful of the dignity and importance of the game.
5. I will cooperate with the media, but I will not make statements concerning officials’ decisions after a game.
6. I will uphold all rules of the IHSAA and the National Federation and give my complete cooperation to my school and the IHSAA.
7. I will shape my character and conduct so as to be a worthy example to my students on my team.
8. I will be professional in my association with other coaches and officials.
9. I will remember the game is more important than the wishes of any individual.
IHSAA Dues Structure

Each school will have base dues of $150. In addition, high schools will be charged $25 per activity. Junior highs will be assessed $10 per activity for IHSAA and/or National Federation manuals and rules books.

<table>
<thead>
<tr>
<th>Athletics</th>
<th>H.S.</th>
<th>Jr. H.S.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Cross Country</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Boys Cross Country</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Football</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Volleyball</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Girls Soccer</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Boys Soccer</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Girls Swimming</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Boys Swimming</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Girls Basketball</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Boys Basketball</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Wrestling*</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Girls Tennis</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Boys Tennis</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Girls Golf</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Boys Golf</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Girls Track</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Boys Track</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Softball</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Baseball</td>
<td>$25</td>
<td>$10</td>
</tr>
<tr>
<td>Speech Arts</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Drama</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Debate</td>
<td>$25</td>
<td></td>
</tr>
<tr>
<td>Speech</td>
<td>$25</td>
<td></td>
</tr>
</tbody>
</table>

* An additional $30 fee for weight certification dues is required for Wrestling

Eligibility Verification

Verification of the athletic eligibility of student-athletes is the responsibility of the principal of each school. All participants in activity contests sponsored by the IHSAA must meet the eligibility regulations in each of the following:

1. Physical exam
2. Age
3. Number of semesters of eligibility
4. Attendance the previous semester
5. Number of subjects passed previous semester
6. Transfer students - permission to compete received from IHSAA

The Eligibility Verification form can be found on the website, idhsaa.org, and must be filed with the Idaho High School Activities Association for each sport in which your school participates. Be sure to fill out the blank for “Number of Participants” for all sports. The schools should keep a copy for their files.

Junior high school principals should return the Eligibility Verification form to the IHSAA even though their students participate in the high school program and need not be verified by the junior high.

2019-2020 Filing Dates Deadlines

<table>
<thead>
<tr>
<th>Sept. 20</th>
<th>Baseball, Track, Tennis, Golf, Softball</th>
</tr>
</thead>
<tbody>
<tr>
<td>Apr. 17</td>
<td>Basketball, Wrestling, Dance, Competitive Cheer</td>
</tr>
</tbody>
</table>

Filing Dates Deadlines

- Football, Cross Country, Volleyball, Soccer, Swimming: Jan. 31
- Baseball, Track, Tennis, Golf, Softball: Apr. 17

A late filing fee of $5.00 per sport will be charged for failure to file on or before the deadline.
This agreement entered into on ________________ by the principal or activity director of ________________ High School and the principal or activity director of ________________ High School is made for a ________________ contest

between teams of these schools, to be played at:

____________________ on ______________________ at _______ a.m./p.m.
  SITE    DAY       DATE     TIME

____________________ on ______________________ at _______ a.m./p.m.
  SITE    DAY       DATE     TIME

Both parties agree to adhere to all rules and regulations of the Idaho High School Activities Association. In consideration for this competition, both schools promise to appear at the aforementioned site(s) at the agreed upon time(s). Other conditions are as follows:

________________________________________________________

________________________________________________________

It is further agreed that if either school fails to carry out its obligations at the time the performance is due, the school that breaches shall be subject to penalties as prescribed by the rules and regulations of the IHSAA.

___________________________ Principal ________________ High School
  VISITING

___________________________ Activity Director

___________________________ Principal ________________ High School
  HOME

___________________________ Activity Director

See “Rule 6 — Contracts” in IHSAA Rules and Regulations Manual
This form is to be completed by an administrator of the school to which student has transferred. A transfer student is not eligible to participate until this form is on file in the IHSAA office and permission to compete has been granted by the IHSAA.

<table>
<thead>
<tr>
<th>SCHOOL</th>
<th>CITY</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>STUDENT</th>
<th>☐ Male</th>
<th>☐ Female</th>
<th>BIRTHDATE Mo. Day Year</th>
</tr>
</thead>
</table>

Date of entry into your school Mo. Day Year
Date of first enrollment in 9th grade Month & Year

Did the above student attend school last semester? ☐ Yes ☐ No
Did the student pass the required number of courses last grading period? ☐ Yes ☐ No
Was student eligible to participate at previous school at time of transfer? ☐ Yes ☐ No

School from which transferring School City State

Did the student move with both parents? ☐ Yes ☐ No
If no, explain the parental status (☐ married ☐ legal separation ☐ divorced ☐ other) and the circumstances of this transfer.

Former address of parents Address City Zip
Present address of parents/person with whom the student will reside Address City Zip

Is this address within your school district boundaries? ☐ Yes ☐ No
Is this address a rental? ☐ Yes ☐ No

Signature of Parent/Guardian __________________________ Date ____________

"I certify that I have reviewed and understand the Association’s Athletic Transfer Rules; that I have discussed those rules with the above student and with his/her parents; that I have investigated the information provided above and such additional information as I have deemed necessary; and that I believe that the student's transfer is not the result of recruiting or for any other reason in contravention of the Association’s Transfer Rule or other applicable rule."

Administrator's Signature __________________________ Date ____________

DO NOT WRITE IN THIS SPACE (MUST HAVE STAMP TO BE OFFICIAL)

Approved by __________________________ Date ____________

Eligible __________________________ Restrictions (if applicable) __________________________
Ineligible __________________________
No Action __________________________
A student who transfers schools under conditions which do not meet the terms of the IHSAA transfer standards may be eligible to participate in interscholastic activities, except varsity level competition in activities in which the student competed, tried out for, or participated on any organized club, school or otherwise scheduled team during the twelve calendar months preceding the date of such transfer, provided the activity eligibility is approved by the administrators of both the sending and receiving schools and the Board of Directors, and further provided there is no participation purpose involved in the transfer. The student shall be ineligible for all activities for one calendar year from the date of transfer in the event that either or both administrators or the Board of Directors decline to approve eligibility. (The above rule applies to all public to public, private to private, private to public, public to private school transfers and transfers from schools outside the United States to any school in Idaho.) A student who is eligible for non-varsity competition only is ineligible for district and state competition.

This form is to be used ONLY to apply for eligibility as restricted by the Transfer Rule explained above. An administrator of both the receiving school and the school formerly attended, as well as the parent(s) or legal guardian(s) and the student must certify the transfer was not for participation reasons. The student will become eligible when a final approval is granted by the IHSAA.

SECTION A: (To be completed by administrator of school to which student has transferred)

1. **Name of student**
   - **Male**
   - **Female**
   - **Date enrolled**

2. **Current street address:**
   - **City:**
   - **Zip**
   - Is this address within the boundaries of your school district?  
     - **Yes**
     - **No**

3. **Has the student changed residences?**
   - **Yes**
   - **No**
   - If yes, briefly explain__________________________

4. **Student’s date of birth**
   - **Student’s age**

5. **Total semesters completed to date in grades 9-12**

6. **Enrolled in former school from (dates)**
   - **to**

7. **Activity(ies) in which the transfer student wishes to compete**

8. **Has this student had contact with any of your coaches prior to enrollment in your school?**
   - **Yes**
   - **No**

9. **Certification of administrator of the new school** (please check the box of the appropriate language)
   - The above information is correct to the best of my knowledge. I ( do do not) believe undue influence was used by any person(s) to encourage the student transfer. I ( do do not) approve eligibility.

   **School:**
   **Street Address:**
   **City:**
   **Zip Code:**
   **Phone:**

   **Administrator’s Signature**

   **Date**

SECTION B: (To be completed by the student and his/her parent or guardian)

1. **Certification of Application:**
   - This is to certify that the student named herein has effected the transfer of schools as indicated, that the transfer was not for participation reasons, and that no person has used undue influence in an attempt to secure this student’s enrollment for purposes of activity participation. We further certify that all information herein contained is correct and understand that ineligibility may result if the information proves to be incorrect through error in statement.

   **Signature of Parent/Guardian**
   **Date**
   **Signature of Student**
   **Date**
SECTION C: (To be completed by administrator of previous school)

Observe Carefully: The waiver requested under this rule, as stated on the reverse side of this form, must be approved by the administrator of the former school before being acted upon by the IHSAA.

Name of student __________________________

1. Was the student eligible to participate in your school at the time of transfer? Yes No

If no, explain __________________________

2. Initial all activities in which the student competed, tried out for, or participated on any organized club (this includes programs that are outside of school), school or otherwise scheduled team (freshman, junior varsity, varsity) during the 12 calendar months preceding the date of transfer. This would include incoming freshman trying out for teams.

- Baseball
- Basketball
- Cross Country
- Football
- Golf
- Soccer
- Softball
- Tennis
- Track & Field
- Volleyball
- Wrestling
- Dance
- Cheer
- Speech
- Debate
- Drama
- Swimming

If none, initial here: __________

3. Certification of Administrator of Former School: (please check the box of appropriate language)

   The above information is correct to the best of my knowledge. I (do not) approve eligibility in the new school.

   NOTE: State reasons if not approved: __________________________

   School: __________________________ Street Address: __________________________

   City: __________________________ Zip Code: __________ Phone: __________

   Administrator’s Signature __________________________ Date __________

DO NOT WRITE IN THIS SPACE
(MUST HAVE STAMP TO BE OFFICIAL)

Approved by __________________________ Date __________

Eligible __________ Restrictions (if applicable) __________________________

Ineligible __________ __________________________

No Action __________ __________________________
**FOREIGN STUDENT TRANSFER**
IDAHO HIGH SCHOOL ACTIVITIES ASSOCIATION
801 Ustick Road Boise, ID 83704

**Foreign Exchange Students** participating in a foreign exchange program approved by C.S.I.E.T. may participate in interscholastic athletic competition. The foreign exchange student must possess a current visa issued by the US State Department.

a. **J-1 Visa:** Student may be granted varsity eligibility for one year.

b. **J-1 Visa Direct Placement:** Student may be granted junior varsity eligibility for one year.

   *Direct placement is reported to the IHSAA by the NFHS.*

c. **F-1 Visa:** Student may be granted junior varsity eligibility for one year.

**Non-Foreign Exchange International Students** who are not under the auspices of, and placed by, a CSIET-listed exchange program will be ineligible for varsity interscholastic extracurricular activities for one year from the date of initial enrollment and attendance in the new school. International students must meet the following requirements in order to be considered for interscholastic athletic/activity eligibility:

- Must file a **Foreign Student Transfer Form** with the IHSAA Office and be approved.
- The student must possess a current **F-1 visa**, issued by the U.S. Immigration and Naturalization Service.
- The student must provide to the principal of the school he/she attends an official un-translated transcript and a transcript that is translated into English, by an acceptable agent or agency, which indicates work taken in all grades in which the student was enrolled.
- The international student must pay tuition to the high school he/she attends as prescribed in Section 625 of U.S. Public Law 104-208. **A receipt of their paid tuition must be included in the paperwork.**
- No member of the school's coaching staff, paid or voluntary, shall/can serve as the host family unless the student is participating at the JV level or lower.

The international student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member.

Non-compliance with one or more of the foregoing provisions shall render the international student ineligible for interscholastic athletics at any high school that is a member of any NFHS member state high school association.

---

**SCHOOL ___________________________ CITY ___________________________**

**STUDENT ___________________________ ☐ Male ☐ Female **

**BIRTHDATE ___________________________**

Month/Date/Year

Name of C.S.I.E.T organization sponsoring student (see Rule 8-9-4) ___________________________

Local exchange program representative monitoring student ___________________________

**VISA Classification ________ (J-1) Other _________________ (List) VISA validity dates __________**

School and country transferring from ___________________________

Has student graduated from high school in his/her own country? ☐ Yes ☐ No

Did student pass the required number of courses last grading period? ☐ Yes ☐ No

How many years of secondary education were completed ________

Family with whom student will live ___________________________

Host Family Address ___________________________
Student Questionnaire
(USE ADDITIONAL PAPER IF NECESSARY)

1. How did you learn about this school?

2. What is the primary reason you are enrolling in this school?

3. What sport/s and/or activities do you plan to participate?

4. Describe any and all relationships you and/or your family have with this school.

5. Did you choose this school or were you assigned to this school?

6. Who assisted you in your desire to go to this school?

7. Did this person/s receive remuneration of any kind for assisting you in your desire to attend this school?  Yes  No

8. Did you or anyone that represents you have contact with any member of the school’s coaching staff prior to your enrollment at the school?  Yes  No

9. Did you participate in a club program in your country?  Yes  No  Did any of your club coaches have contact with this school?  ☐ Yes  ☐ No

TRANSFER FOR ATHLETIC PURPOSES: The IHSAA does not recognize transfers for athletic purposes. A student who changes schools for athletic purposes will be ineligible for interscholastic extracurricular activities for one year from the date of initial enrollment and attendance in the new school.

DEFINITION OF UNDUE INFLUENCE: The use of influence by any person connected directly or indirectly with an IHSAA member school, to induce a student to transfer from one member school to the other, or to enter the ninth grade at a member school for athletic competition purposes, whether or not the school presently attended by the student is a member of the IHSAA. The use of undue influence (Recruiting) to secure or retain a student for competitive purposes is prohibited, shall cause the student to be declared ineligible for high school athletics for a period of up to one calendar year, and may jeopardize the standing of the high school in the Association.

Certification of Application:
This is to certify that the student named herein has effected the transfer of schools as indicated, that the transfer was not for participation reasons, and that no person has used undue influence in an attempt to secure this student’s enrollment for purposes of activity participation. We further certify that all information herein contained is correct and understand that ineligibility may result if the information proves to be incorrect through error in statement.

I have knowingly provided all information requested and agree to the release of all records.

________________________  __________________________
Student Signature  Date

________________________  __________________________
Parent/Guardian Signature  Date

"I certify that I have reviewed and understand the Association’s Foreign Student Transfer rules; that I have discussed those rules and questionnaire with the above student and with his/her parents and or host family; that I have investigated the information provided above and such additional information as I have deemed necessary; and that I believe that the student’s transfer is not the result of recruiting or for any other reason in contravention of the Association’s Transfer Rule or other applicable rule."

Administrator’s Signature  __________________________  Date

DO NOT WRITE IN THIS SPACE
(MUST HAVE STAMP TO BE OFFICIAL)

Is the J-1 VISA a direct placement?  ☐ Yes  ☐ No

Approved by  __________________________  Date

Eligible  __________________________  Restrictions (if applicable)

Ineligible  __________________________

No Action  __________________________
The Eligibility Regulation Waiver must be filed with the IHSAA when it is determined that a student does not meet the criteria for eligibility as outlined in the Rules and Regulations.

This form is to be completed by the administrator of the school to which student has transferred. Complete all items requested on this form. NO request will be considered unless all information is supplied.

Student __________________________

Birthdate ______________ Male Female

Parent/Guardian __________________________

Address of parent __________________________

Address City Zip

Person with whom student will live __________________________

Address where student will live __________________________

Address City Zip

Is this address within the boundaries of your school district? ☐ Yes ☐ No

IHSAA eligibility regulation rule you are requesting to be waived __________________________

(Date of first enrollment in 9th grade)

(Month & Year)

Did student attend school last semester? ☐ Yes ☐ No

Did student pass the required number of courses last grading period? ☐ Yes ☐ No

If transfer, what school did student transfer from __________________________

School City State

Was student eligible to participate at previous school at time of transfer? ☐ Yes ☐ No

List all activities in which student participated during the last 12 months preceding the date of transfer: __________________________

Required – check when completed:

- Transcript of student's grades & credits
- Letter of request of waiver from school authority (from school filing request)
- Letter of support from administrator of previous school
- Supporting letters/documents from parents, doctors, or others pertinent to the explanation of situation
- Signed copy of the IHSAA Transfer Guidelines Form

School __________________________ Administrator's Signature __________________________ Date ______________

DO NOT WRITE IN THIS SPACE
(MUST HAVE STAMP TO BE OFFICIAL)

Approved by __________________________ Date ______________

Eligible __________________________ Restrictions (if applicable)

Ineligible __________________________

No Action __________________________
Eligibility Regulation Waiver (hardship)
Transfer Guidelines Form

1. Please be advised that the Idaho High School Activities Association Eligibility Committee and Board of Directors will NOT recognize the following as hardships:

➢ Athletic motivation
➢ Driving distance
➢ Proximity to school
➢ Gas Prices
➢ Playing time or other coaches decisions
➢ Small or large class sizes
➢ Allegations of a better education
➢ Less than a full family move
➢ Sadness or anxiety

2. Harassment, intimidation, and bullying will only be considered if the following documentation is provided:

✓ The school or district anti-harassment, anti-intimidation, anti-bullying policies and procedures have been strictly followed and complied with by both the member school and the student/parents.
✓ The school or district provides the IHSAA with a copy of the policy and procedures.
✓ The school or district secures the appropriate releases from the student/student’s parents authorizing the release of a complete record of the events and circumstances on which the policies and procedures were initiated including:
  ○ A specific, detailed report of the incident(s).
  ○ An outline of the procedures used to respond to and investigate the reported incident(s).
  ○ A copy of the findings that were a result of the complaint process and investigation.
  ○ A specific, detailed disciplinary procedure for any individual found guilty of harassment, intimidation or bullying.
  ○ All reports of notification to parents or guardians of any student involvement in the incident(s).
  ○ A report of the intervention strategies and remedial action the school has undertaken to assist the student and redress the complaint.
✓ The school or district provides the IHSAA with all of the above referenced records.

3. In cases involving medical hardships, the waiver request must be accompanied by the statements of two (different offices) or more medical experts. Statements should include, in detail, the medical aspects of the case.

Certification of Application:
This is to certify that the student named herein has effected the transfer of schools as indicated, that the transfer was not for participation reasons, and that no person has used undue influence in an attempt to secure this student’s enrollment for purposes of activity participation. We further certify that all information herein contained is correct and understand that ineligibility may result if the information proves to be incorrect through error in statement.

I have knowingly provided all information requested and agree to the release of all records.

______________________________       ________________
Student Signature       Date

______________________________       ________________
Parent/Guardian Signature       Date

______________________________       ________________
School Administrator’s Signature       Date
Physical Examination

The Idaho High School Activities Association requires that an athlete receive a physical examination and/or complete the interim questionnaire prior to his/her first practice in any IHSAA sponsored sport (grades 9-12). Physicals are required prior to the first day of practice in the 9th and 11th grades. A student will not be required to have an additional physical examination during the 10th and 12th grades unless:

1. The physician recommends the student have an additional physical examination.
2. The parents request an examination via the interim questionnaire.
3. Affirmative answers on 1-10 of the interim questionnaire indicate a possible need for a repeat physical examination.
   a. It will be the responsibility of each principal to consult with a licensed physician regarding any answers given on athletic interim questionnaires, which may indicate a possible need for a repeat physical examination.
4. A transfer athlete had a physical examination during the preceding year in another state.

NOTE: The physical examination must not be completed before May 1 of the athlete’s 8th or 10th grade year in order to count for the next two years. Physical examination forms are available on the website, idhsaa.org.

The original, completed Idaho Health Examination and Consent form must be on file at the school prior to the first day of practice.

Interim Questionnaire

The interim questionnaire is a consent form that must be completed prior to the first practice in the 10th grade and 12th grade years. The form must be kept on file in the school administrator's office.

Activity Cards

IHSAA activity cards are issued to superintendents, school trustees, principals, athletic directors and coaches of athletics and activities. The above individuals must be working directly with IHSAA sanctioned programs involving students in grades 9-12. If a school has not paid the $25 fee for an activity, no individual is eligible to receive an IHSAA activity card for supervision in that activity.

The card is non-transferable and admits the person whose name is on the card and one guest to any interschool activity sponsored by the IHSAA or by any member school. If the card is presented by a guest of the person whose name is on the card, only the guest will be admitted. The fee for each activity card is $35 and must be ordered in writing by authorized school administrator (superintendent, principal, athletic director). Duplicate cards will cost $20 each and must be ordered in writing by the school administration.

Only one card will be issued to each person. If an individual works at two schools, school districts, or holds two different positions, or any combination of the above, he/she will only be issued one card. School trustees who have received lifetime passes may not be issued an annual pass.

Misuse of cards: Use of the card is a privilege of the assignee. If at any time a local, district or state contest manager or their designee deems the privilege has been abused, the card may be confiscated. A confiscated card may be reissued by board action and the condition that the card holder be assessed a $100 reinstatement fee.

Misuse of issuing cards: Member schools issuing cards to non-qualified personnel may lose the privilege to purchase activity cards for one calendar year.

The IHSAA reserves the right to revoke any card for improper use.

Lifetime Pass

Lifetime passes will not be issued to persons who have retired from a qualified position but are still serving in a capacity in which they are eligible to receive an IHSAA annual activity card. School trustees who have received lifetime passes may not be issued an IHSAA annual pass.

IHSAA lifetime passes may be issued to:
1. Superintendent of Schools: 25 years of service in Idaho
2. Principal/Vice Principal: 25 years of service, high school level
3. Athletic/Activities Director: 25 years of service, high school level
4. Coach or Activities Sponsor: 25 years of service, high school level
5. IHSAA Executive Director and Assistant Directors
6. IHSAA Board of Directors after one full 3-year term is served
7. School Trustees: 12 years of service in Idaho
8. Hall of Fame Inductees
9. Officials: 25 years of service plus criteria
10. YEA Board of Directors: by criteria

Criteria/Procedure for Receiving a Lifetime Pass:
1. The request for an IHSAA Lifetime Pass must be in writing, submitted by a superintendent or principal of a member school.
2. A fee of $100 will be charged for each pass issued.
3. The individual receiving the pass must be retired or in the process of retiring. School trustees who have served for 12 years but are not retiring may receive a lifetime pass.
4. Years of total service must be non-concurrent years for school personnel. Officials must have 25 non-concurrent years of service, a letter of support from the District Board of Control and approval from the IHSAA Board of Directors.

Catastrophic Insurance

The policy outlining coverage is available from the IHSAA office. If there are questions concerning the catastrophic insurance coverage, call the IHSAA office. This insurance coverage for grades 9-12 is required

NOTE: Keep records on all injuries and notify the insurance company of any injury that could become a catastrophic claim.

<table>
<thead>
<tr>
<th>Premiums for Grades 9-12:</th>
<th>1A</th>
<th>$462.00</th>
<th>3A</th>
<th>$1020.00</th>
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<tr>
<td></td>
<td>2A</td>
<td>$758.00</td>
<td>4A/5A</td>
<td>$1386.00</td>
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</table>
HEALTH EXAMINATION and CONSENT FORM

It is required all students complete a history and physical examination prior to his/her first 9th and 11th grade practice in the interscholastic (9-12) athletic program in the State of Idaho. The exam is at the expense of the student and may not be taken prior to May 1 of the 8th and 10th grade years. This examination is to be done by a licensed physician, physician's assistant or nurse practitioner under optimal conditions. Interim history forms are required during the 10th and 12th grade years and must be submitted to the school administration prior to the first practice.

Name: ___________________________ Sex: M / F Date of birth: _____________ Age: ___________
Address: ___________________________ Phone: ___________________________
School: ___________________________ Sports: ___________________________ Participation Grade: ___________

MEDICAL HISTORY

Fill in details of "YES" answers in space below:

1. Have you ever been hospitalized? [ ] Yes [ ] No
2. Are you presently taking any medication or pills? [ ] Yes [ ] No
3. Do you have any allergies (medicine, bees, other insects)? [ ] Yes [ ] No
4. Have you ever passed out during or after exercise? [ ] Yes [ ] No
5. Do you tire more quickly than your friends during exercise? [ ] Yes [ ] No
6. Have you ever had a head injury? [ ] Yes [ ] No
7. Have you ever been knocked out or unconscious? [ ] Yes [ ] No
8. Have you ever been diagnosed with a concussion? [ ] Yes [ ] No
9. Have you ever had a seizure? [ ] Yes [ ] No
10. Have you had a stinger, burned or pinched nerve? [ ] Yes [ ] No
11. Have you ever had heat or muscle cramps? [ ] Yes [ ] No
12. Have you ever been dizzy or passed out in the heat? [ ] Yes [ ] No
13. Have you ever had surgery? [ ] Yes [ ] No
14. Have you ever had high blood pressure? [ ] Yes [ ] No
15. Have you been told you have a heart murmur? [ ] Yes [ ] No
16. Have you ever had chest pain during or after exercise? [ ] Yes [ ] No
17. Have you ever had heat or muscle cramps? [ ] Yes [ ] No
18. Have you ever been dizzy during or after exercise? [ ] Yes [ ] No
19. Have you ever had a seizure? [ ] Yes [ ] No
20. Have you ever had a heart murmur? [ ] Yes [ ] No
21. Have you ever had chest pain during or after exercise? [ ] Yes [ ] No
22. Have you ever had a stinger, burned or pinched nerve? [ ] Yes [ ] No
23. Have you ever been dazed or passed out in the heat? [ ] Yes [ ] No
24. Have you ever had surgery? [ ] Yes [ ] No
25. Have you ever had chest pain during or after exercise? [ ] Yes [ ] No
26. Have you ever had a stinger, burned or pinched nerve? [ ] Yes [ ] No
27. Have you ever been dazed or passed out in the heat? [ ] Yes [ ] No
28. Have you ever had surgery? [ ] Yes [ ] No
29. Have you ever had chest pain during or after exercise? [ ] Yes [ ] No
30. Have you ever had a stinger, burned or pinched nerve? [ ] Yes [ ] No
31. Have you ever been dazed or passed out in the heat? [ ] Yes [ ] No

12. Have you had a medical problem or injury since your last evaluation? [ ] Yes [ ] No
13. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries of any of bones or joints?
   [ ] Head [ ] Back [ ] Shoulder [ ] Forearm [ ] Hand [ ] Hip [ ] Knee [ ] Ankle
14. Were you born without a kidney, testicle, or any other organ? [ ] Yes [ ] No
15. When was your first menstrual period? ___________________________
   When was your last menstrual period? ___________________________
   What was the longest time between your periods last year? __________

EXPLAIN "YES" ANSWERS

CONSENT FORM

I herby consent to the above named student participating in the interscholastic athletic program at his/her school of attendance. This consent includes travel to and from athletic contests and practice sessions. I further consent to treatment deemed necessary by physicians designated school authorities for any illness or injury resulting from his/her athletic participation. I also consent to release of any information contained in this form to carry out treatment and healthcare operations for the above named student.

If the health care provider's exam will be performed without compensation as part of the school's health examination program for participation in high school activities, I agree to the waiver provisions as set forth in Idaho Code Section 39-7703 and agree that the health care provider shall be immune from liability as specified in said section.

PARENT OR GUARDIAN SIGNATURE ___________________________ DATE: __________

This application to compete in interscholastic athletics for the above school is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules and regulation of the State Association.

SIGNATURE OF STUDENT ___________________________ DATE: __________
Idaho High School Activities Association
Physical Examination Form

Name: ___________________________ Date of Birth: ___________________________

<table>
<thead>
<tr>
<th>Height</th>
<th>Weight</th>
<th>BP</th>
<th>Pulse</th>
</tr>
</thead>
</table>

| Vision | R 20 / ____ | L 20 / ____ | Corrected: Y N |

<table>
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<tr>
<th>Normal</th>
<th>Abnormal findings</th>
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</table>

<table>
<thead>
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<th>Medical</th>
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<tbody>
<tr>
<td>Pulses</td>
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<td>Lungs</td>
</tr>
<tr>
<td>Skin</td>
</tr>
<tr>
<td>Ears, nose, throat</td>
</tr>
<tr>
<td>Pupils</td>
</tr>
<tr>
<td>Abdomen</td>
</tr>
<tr>
<td>Genitalia (males)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Musculoskeletal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neck</td>
</tr>
<tr>
<td>Shoulder</td>
</tr>
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<td>Elbow</td>
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<tr>
<td>Wrist</td>
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<td>Back</td>
</tr>
<tr>
<td>Knee</td>
</tr>
<tr>
<td>Ankle</td>
</tr>
<tr>
<td>Foot</td>
</tr>
<tr>
<td>Other</td>
</tr>
</tbody>
</table>

**CLEARANCE / RECOMMENDATIONS**

Clearance:
A. Cleared for all sports and other school-sponsored activities.
B. Cleared after completing evaluation/rehabilitation for:

C. **NOT** cleared to participate in the following IHSAA sponsored sports /activities:

- baseball
- basketball
- cheer/dance
- cross country
- football
- golf
- soccer
- softball
- swimming
- tennis
- track
- volleyball
- wrestling

**NOT** cleared for other school-sponsored activities *(example: lacrosse)*:

D. Student **NOT** permitted to participate in high school athletics.

Reason: ___________________________

Recommendation: ___________________________

Name of physician: ___________________________
Address: ___________________________ Phone: ___________________________

Signature of physician/medical provider: ___________________________ Date: ___________________________

(This Physical Examination Form MUST be signed by a licensed physician, physician assistant or nurse practitioner)
INTERIM QUESTIONNAIRE

It is required all students complete a history and physical examination prior to his/her first 9th and 11th grade practice in the interscholastic (9-12) athletic program in the State of Idaho. The exam is at the expense of the student and may not be taken prior to May 1 of the 8th and 10th grade years. This examination is to be done by a licensed physician, physician’s assistant or nurse practitioner under optimal conditions. Interim history forms are required during the 10th and 12th grade years and must be submitted to the school administration prior to the first practice.

Name: ___________________________ Date of birth: ___________________________ Sex: M / F
Address: ___________________________ Phone: ___________________________
School: ___________________________ Participation Grade: ___________________________

MEDICAL HISTORY

SINCE LAST PHYSICAL EXAMINATION, HAS THIS STUDENT:

Fill in details of "YES" answers in space below: Yes No
1. Had surgery? □ □
2. Been hospitalized? □ □
3. Been under a physician’s care □ □
4. Had serious illness? □ □
5. Had an injury requiring a physician’s care? □ □
6. Been rendered unconscious? □ □
7. Been diagnosed with a concussion? □ □
8. Started taking any new medications? □ □
9. Developed any new drug allergies? □ □
10. Developed any health problems? □ □

Explain "YES" answers: __________________________________________________________

CONSENT FORM

(Parent or guardian and student permission and approval)

I hereby consent to the above named student participating in the interscholastic athletic program at his/her school of attendance. This consent includes travel to and from athletic contests and practice sessions. I further consent to treatment deemed necessary by physicians designated school authorities for any illness or injury resulting from his/her athletic participation. I also consent to release of any information contained in this form to carry out treatment and healthcare operations for the above named student.

My child □ should or □ should NOT have a physical examination prior to participation in high school athletics.

Name: ___________________________ Address: ___________________________
City: ___________________________ Zip: ___________________________
Phone: ___________________________

PARENT OR GUARDIAN SIGNATURE ___________________________ DATE: ___________________________

This application to compete in interscholastic athletics for the above school is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules and regulation of the State Association.

SIGNATURE OF STUDENT ___________________________ DATE: ___________________________

Note: The original copy of this form MUST be returned to the school.
Athletic Sanctioning

Go to NFHS.org for sanction applications/instructions

The NFHS/IHSAA athletic sanctioning process pertains to competition in the following sports: football, volleyball, soccer, cross country, swimming, basketball, wrestling, track, golf, baseball, and softball. (See below for non-athletic sanctioning procedure)

**IHSAA ATHLETIC SANCTION IS REQUIRED FOR:**

1. Any interstate competition in which an Idaho school is host for a Canadian school that must travel 300 miles or more one way.

**NFHS / IHSAA ATHLETIC SANCTION IS REQUIRED FOR:**

1. Any interstate competition involving two (2) or more schools which is co-sponsored or titled in the name of an organization outside the high school community (e.g., a university, a theme park, a shoe company).
2. Non-bordering events if five (5) or more states are involved.
3. Non-bordering events if more than eight (8) schools are involved.
4. Any event involving two (2) or more schools that involves a team from a foreign country. Exception: Canada and Mexico, which are considered “bordering states”.
5. All IHSAA sanctioned events must allow IHSAA coaches cards to be honored at all of their events.

**NFHS / IHSAA ATHLETIC SANCTIONING PROCEDURES**

Sanction application through the NFHS requires a fee of $200 per event, payable with a credit card or electronic check. The sanction application must be submitted at least sixty (60) calendar days prior to the event. The late fee for any application submitted 15-59 calendar days prior to the event will be $200 plus a $100 late fee for a total of $300. If the application is submitted less than 15 calendar days prior to the event, the fee is $200 plus a $300 late fee and a $100 no list fee for a total of $600.

**NASSP ADVISORY LIST**

The National Association of Secondary School Principals prepares and publishes for non-athletic events an Advisory List of Contests and Activities. Many school administrators and state high school associations will not allow students to participate in non-athletic events that are not on the NASSP list. Applications for placement on the list are available from district secretaries, the IHSAA, or the NASSP.

**Non-Athletic Sanctioning**

Non-athletic sanctioning pertains to competitions/events in the following activities: dance, cheerleading, band, choir, orchestra, debate, speech, and drama.

**IHSAA NON-ATHLETIC SANCTION IS REQUIRED FOR:**

1. Any in-state competition/event that is sponsored or co-sponsored by an organization other than an IHSAA member school or activity district.
2. Any in-state competition/event sponsored by a member school that includes schools from non-bordering states or Canadian schools that must travel in excess of 300 miles one way.

**GENERAL REQUIREMENTS**

1. All events sanctioned by the Idaho High School Activities Association must follow the National Federation and/or host state high school association rules.
2. All sanctioned events held within Idaho must provide the following before sanction will be approved:
   a. proof of liability insurance
   b. administrative oversight (responsible party)
   c. brief description of transportation requirements (if any) and who is responsible for student supervision
   d. length of event, number of participating schools, value of awards, amount of entry fees
3. Students who participate in non-sanctioned events will not be covered by IHSAA catastrophic insurance, and their schools will be fined.

**APPLICATION PROCEDURE**

1. Sanction forms are available from the IHSAA office or the website www.idhsaa.org.
2. Applicant for event held within Idaho submits completed application to the host district secretary at least 30 days prior to event. If a late request is approved, applicant will be assessed a fine of $50.00.
3. Host district secretary approves or denies application and forwards it to the IHSAA office.
4. IHSAA initiates communication with other districts, state associations and/or National Federation when applicable, and returns completed sanction to applicant.
Sports & Activities Awards

CONFERENCE AWARDS
Each conference will determine what awards will be presented for its sponsored activities. The type and number of awards will be a conference decision. The awards are ordered and purchased through authorization of the conference.

DISTRICT AWARDS
Each district will determine what awards will be presented for its sponsored activities. District awards will be ordered and purchased through authorization of the District Board of Control.

CO-DISTRICT AWARDS
All co-district awards will be determined jointly by the District Board of Control. The ordering and purchasing of such awards will be the responsibility of the districts involved.

STATE AWARDS
The IHSAA Board of Directors determines what awards will be given at state-level competition. All state trophies, ribbons, medals, plaques, and certificates shall be ordered and purchased by the Idaho High School Activities Association.

CERTIFICATE OF PARTICIPATION
All students who participate in state interscholastic competitions will receive a Certificate of Participation from the IHSAA.

SPORTS

Cross Country (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third, and fourth place teams in classifications 5A, 4A, 3A, 2A and 1A.
Individual: a. Medals are awarded to the top 20 finishers in 5A, 4A, 3A, 2A and 1A.
b. Medals are awarded to members of the championship and runner-up teams.

Football
Team: Trophies are awarded to the championship, runner-up, and third place teams in classifications 5A, 4A, 3A, 2A and 1A.
Individual: Medals are awarded to members of championship and runner-up teams in each classification.

Soccer (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third place, and consolation teams in classifications 5A, 4A and 3A.
Individual: Medals are awarded to members of championship and runner-up teams in each classification.

Swimming (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third, and fourth place teams in classifications 5A and 4A.
Individual: The top six finishers in each event in 5A and 4A classifications shall receive a medal.

Volleyball
Team: Trophies are awarded to the championship, runner-up, third place, and consolation teams in classifications 5A, 4A, 3A, 2A, 1A DI, and 1A DII.
Individual: Medals are awarded to members of championship and runner-up teams in each classification.

Basketball (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third place, and consolation teams in classifications 5A, 4A, 3A, 2A, 1A DI, and 1A DII.
Individual: Medals are awarded to members of championship and runner-up teams in each classification.

Wrestling
Team: Trophies are awarded to championship, runner-up, third, and fourth place teams in classifications 5A, 4A, 3A, and 2A.
Individual: The top six finishers in each weight class in all classifications shall receive a medal.

Track (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third, and fourth place teams in classifications 5A, 4A, 3A, 2A, and 1A.
Individual: The top six finishers in each event in 5A, 4A, 3A, 2A, and 1A classifications shall receive a medal.

Tennis (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third, and fourth place teams in classifications 5A, 4A and 3A. Mixed Doubles points are split.
Individual: Medals are awarded to the top four finishers in each event in each classification.

Golf (Girls and Boys)
Team: Trophies are awarded to the championship, runner-up, third, and fourth place teams in classifications 5A, 4A, 3A, and 2A.
Individual: a. Medals are awarded to the top ten finishers in medalist competition.
b. Medals are awarded to members of the championship and runner-up teams.

Softball
Team: Trophies are awarded to the championship, runner-up, third place, and consolation teams in classifications 5A, 4A, 3A, and 2A. Trophies are awarded to the championship, runner-up and third-place teams in classification 1A.
Individual: Medals are awarded to team member of championship and runner-up teams in each classification.

Baseball
The IHSAA does not sponsor a state tournament.

Participation in sanctioned tournaments is by invitation only.

ACTIVITIES

Drama
Team: Trophies are awarded to the first, second and third place teams in 5A, 4A and 3A.
Individual: Medals are awarded to first, second and third place teams in each classification, which are determined at the state tournament.

Debate
Team: Trophies are awarded to the first, second and third place teams in each classification, which are determined at the state tournament.
Individual: First, second, semifinalists, quarterfinalists and octofinalists medals are awarded to Policy, LD, Public Forum and Congress finishers.

Speech
Team: Trophies are awarded to the first, second and third place teams in each classification, which are determined at the state tournament.
Individual: Medals are awarded to first, second and third place finishers in each event. Ribbons are awarded to finalists in each event.

Cheer
Team: Trophies are awarded to the first, second and third place teams in 5A, 4A, 3A and 2A.
Category: Plaques are awarded in each category according to the number of teams competing.

Dance
Team: Trophies are awarded to the first, second and third place teams in 5A, 4A and 3A.
Category: Plaques are awarded in each category according to the number of teams competing.
Student Achievement / Recognition Awards

SCHOLASTIC AWARDS

Team Scholastic Awards: Certificates for members of a team who collectively achieve a GPA of 3.00-3.25
Distinguished Team Scholastic Award: Certificates for members of a team who collectively achieve a GPA of 3.25-4.00
Individual Scholastic Awards: Certificate for students who achieve a GPA of 3.75 or above and are members of a team that qualifies for a scholastic award

CITIZENSHIP CITATIONS

Schools may submit student names for Citizenship Citations to the IHSAA twice each year.
Criteria for receiving the citation are:
1. Participation in an IHSAA sponsored activity
2. Demonstrates generosity and a genuine concern for others
3. Demonstrates a willingness to abide by rules of the school
4. Maintains self control at all times
Number of names schools may submit:
5A/4A 15 fall 15 spring
3A 12 fall 12 spring
2A 8 fall 8 spring
1A 4 fall 4 spring

ACADEMIC STATE CHAMPIONS

An Academic State Champions Award will be presented to the varsity team in each classification with the highest combined cumulative GPA in all IHSAA sponsored sports. If ties occur for the championship, additional awards will be given as needed. Procedure for determining Academic State Champions is as follows:
1. List all members of the varsity team in each sport. Any student that participates in a varsity contest at any time during the season is considered a varsity athlete. Only full teams in each sport will be considered. (see #4 below for individual sports minimum number)
2. List each student's cumulative GPA, including the last full grading period in which credit was earned. Round GPA's off to the nearest thousandth - e.g.3.124. Do not list GPA's higher than 4.0. Schools using weighted grades must convert all grades to 4.0 scale.
3. An official application, signed by both the principal and coach, must be received by the IHSAA office during a specified time period for each season. Use a separate form for each sport. Do not combine girls and boys teams, except 2A/1A track as noted below.
4. Individual Sports: A minimum number of team members are required to be eligible. Cross country; Wrestling-13 (1A: 8); Tennis-4; Golf-4; Track-14 (2A,1A track - combine boys & girls)

SCHOOLS OF EXCELLENCE

"Schools of Excellence" is a year long, voluntary program in which schools earn points based on their varsity teams' achievements in the classroom, at the competitive venue, and in the area of citizenship/sportsmanship. The top three participating schools in each classification with the best overall programs will be honored at the end of the year.

Deductions are made by the IHSAA for all player and/or coach unsportsmanlike ejections during the year and also for unsportsmanlike school behavior at state championship events. Schools must participate in all three components to be considered for this award.
Academic Component: Points are based on cumulative team GPAs as submitted on the Academic State Champions Application or Academic Report - Non-Athletic Activities Form by the due date for each season.
Athletic/Activities Component: Points are based on place of finish at twenty-one IHSAA-sponsored state championship events, baseball and All-State or State Solo for music.
Citizenship Component: Schools monitor their citizenship and sportsmanship activities throughout the year and submit a School Self-Assessment Form to the IHSAA in May. Points are based on self-evaluation of seven separate areas. Schools that complete the citizenship component

SCHOOLS OF EXCELLENCE (cont.)

and had no 4-3 ejections will receive an Award of Merit. Schools that submit 90% of team GPA's and complete the citizenship component will receive one free coaches' card the following year.

A "Citizenship Through Sports Manual" accompanies the School Self-Assessment Form. It is provided as a resource for schools in establishing and administering citizenship and sportsmanship programs.

INTERSCHOLASTIC STAR AWARD

This award program was established in 1992 to recognize outstanding students who participate in IHSAA sponsored athletic and non-athletic activities. Recipients are good citizens who serve as positive role models for their peers and whose involvement strengthens programs for their school and community.
Selection Criteria
1. Applicants shall be juniors who have participated in athletic and non-athletic IHSAA activities. Applicants from 2A and 1A schools may count involvement in FFA or Student Government as participation in non-athletic activities.
2. Applicants shall be nominated by the school administrators.
3. Applicants shall be students who promote good sportsmanship, teamwork, and support of the school and community.

Submission of Applications
1. Application deadline is April 10. 5A/4A schools may submit four applications. 3A/2A schools may submit three applications. 1A schools may submit two applications.
2. Applications must be submitted on the official form.

Awards
1. The top 5 applications (one from each classification; 5A, 4A, 3A, 2A and 1A) each earn a $1000 scholarship.
2. One overall winner earns an additional $1000 scholarship.
3. The first place recipient will speak at the Hall of Fame Banquet.
4. Finalists will receive engraved medallions and certificates. 5. All nominees may receive Certificates of Recognition upon request.

STATE TOURNAMENT SPORTSMANSHIP AWARD

A sportsmanship award is presented at state tournaments in boys and girls soccer, volleyball, and boys and girls basketball to the school in each classification that exhibits the best sportsmanship. Schools are judged before, during, and after games throughout the tournament on the following criteria:

Team and Coach
1. Respect for the flag national anthem, opponents and officials.
2. Attitude displayed by players, coaches and bench personnel.

Administrators
1. Appropriate and effective supervision of students.

Student Sections (cheerleaders, students, pep bands)
1. Respect for the flag, national anthem, opponents, and officials.
2. Courtesy towards opponents and tournament management
3. Choice and timing of chants, cheers and songs; crowd control
4. Avoidance of unsportsmanlike behavior (listed below)
5. Following IHSAA State Tournament Sportsmanship Rules.

Adult fans
1. Respect for the flag, national anthem, opponents, and officials.
2. Courtesy toward opponents and tournament management
3. Avoidance of inappropriate behavior. (listed below)
4. Following IHSAA State Tournament Sportsmanship Rules.

Inappropriate Behavior (also see State Sportsmanship Rules)
1. Displaying signs that are directed toward opponents, negative, vulgar, or display poor sportsmanship.
2. Throwing objects onto the playing area; creating distractions during introductions of opponents or during free throws.
3. Derogatory/ harassing remarks that are directed towards opponents or officials.
4. Pep bands starting a song when opposing band is already playing, or disregarding the "alternating play" etiquette rule.
**Professional Achievement/Recognition Awards**

**Hall of Fame**

**I. Purpose**
The purpose of the Hall of Fame is to preserve the heritage of high school activities in Idaho by honoring outstanding individuals of exemplary character who have excelled through meritorious long-time service and superior achievement.

**II. Eligibility**
Nominees shall include individuals who through distinguished achievement have excelled in high school sports and/or activities sponsored by the IHSAA. Nominees will be judged on their significant, long-term contributions that merit statewide recognition. Individuals nominated for the IHSAA Hall of Fame may be from any of the following categories:

- **Athlete**—a former high school athlete whose achievements as a high school athlete were extraordinary.
- **Coach**—a former high school coach whose accomplishments are/were extraordinary.
- **Contest Official**—a former high school contest official whose contributions are/were extraordinary.
- **Administrator**—a former high school athletic director, principal or superintendent involved in high school athletics whose contributions as an administrator were extraordinary. Administrators must be retired by the spring prior to induction of the applicable year to be nominated.
- **Other**—an individual who has made outstanding contributions to interscholastic athletics on a statewide scale in some capacity other than Athlete, Coach and Official, including such areas as sports medicine and sports media.
- **Performing Arts**—a current or former high school debate/speech/drama coach or music director/adjudicator, or a former high school performing arts participant whose contributions or achievements were extraordinary.

**III. Criteria**
1. All nominees must exemplify the highest standards of sportsmanship, ethical conduct and moral character.
2. All nominees shall be considered on the merits of contributions and achievements to high school sports or performing arts; however, success in later life cannot be discounted entirely.
3. All nominees shall have significant and/or long-term contributions to interscholastic athletics or performing arts. Longevity without significant accomplishments does not constitute appropriate credentials for Hall of Fame consideration.
4. All nominees shall:
   - Have extended service in high school sports and activities.
   - Be viewed as an innovative leader throughout the state.
   - Have statewide accomplishments beyond “simply doing the job.”
   - Have impacted high school sports and activity programs statewide.
   - Demonstrate leadership in professional organizations.
5. Service to IHSAA should include the following, for example:
   - Member of IHSAA rules committees.
   - Member of other IHSAA committees.
   - Member/president of IHSAA Board of Directors.
   - Speaker at IHSAA conferences, meetings.
6. Involvement with IHSAA exceeded normal service opportunities, for example:
   - Statewide impact on colleagues.
   - Viewed as leader among peers.

7. Impact on high school activities beyond IHSAA service, for example:
   - IAA speaking engagements.
   - Expert in certain field; i.e., technology, Title IX, etc.
   - Accomplishments received statewide attention.

Nominees must have served in that capacity for at least twenty-five years, with at least 20 of those being in Idaho. Athlete nominees must have been graduated from high school for at least twenty-five years. Nominees shall be retired. Current IHSAA Board members are not eligible for Hall of Fame awards, nor shall they nominate individuals for Hall of Fame consideration.

**IV. Selection**
1. Nominations will be solicited from District Boards of Control and member schools in September. They will also be accepted from other sources within the educational community. Nominations will remain active for a three-year period after which time they may be renewed. Nominations are due by November 30. Applications will be sent to all nominees and must be returned to the IHSAA office by January 7 to be considered for the current year.
2. A screening committee from the IHSAA Board of Directors will select finalists to present to the Board of Directors at the January meeting.
3. Anonymous selectors from across the state will independently review and rate the finalists.
4. Final selection of Hall of Fame inductees will be made at the April IHSAA board meeting.

**Memorial Awards**
1. **Dick Fleischmann Memorial Award** (est. 1986) This award is given to an individual who demonstrates expertise and superior effort in conducting IHSAA tournaments / festivals.
2. **Wes Lowe Memorial Award** (est. 1986) This award is given to an individual who teaches high principles by example and who considers students’ well being above personal gain.
3. **Duane D. Wolfe Memorial Award** (est. 1993) This award is given to an individual or business who has been an IHSAA contributor for at least ten years. Support may be financial or service.

Nominees will be solicited from District Boards of Control and member schools. Nominations are due by March 1. Applications will be sent to all nominees and must be returned to the IHSAA office by April 1 to be considered for the current year. Memorial recipients will be selected by the IHSAA Board of Directors at the April meeting.

**Distinguished Service Awards**
Each of the six district Boards of Control will submit the name of one individual who has performed meritorious service to member schools and/or activities in that district.

**Spirit of Sport Award**
This award seeks to recognize those individuals who exemplify the ideals of the positive spirit of sport that represent the core mission of education-based participation. The award may be given in recognition of a specific act or for an activity of longer duration. The recipient must be a current coach or student-athlete involved with the schools’ athletic or activities program. Nominations are due May 1 and may be submitted by anyone involved with member school programs.

**Official of the Year**
Each of the six district Boards of Control will submit the name of one individual who has performed meritorious service in the area of officiating in that district. Final selection of one Official of the Year will be made at the June Board of Directors meeting.
Legends of the Game

I. Purpose
The purpose of the Legends of the Game program is to help preserve the heritage of high school activities in Idaho by honoring outstanding basketball teams of the past.

II. Criteria
Boys’ Legends must be teams from at least 30 years ago. Girls’ Legends must be teams from at least 20 years ago. Teams may be nominated for a variety of accomplishments, including winning a state championship, win streak, win-loss records, outstanding player/coach accomplishments, etc.

III. Nomination / Selection Procedure
Nominations are due by September 10 to be considered for the current year and remain active for five years. A screening committee, composed of IHSAA district representatives, will review nominations prior to the September Board of Directors meeting and make recommendations to the full Board. The Board will select recipients at the September meeting.