

## **RULE 11 - NON-DISCRIMINATION POLICY**

- 11-1** A school may sponsor separate girls and boys teams in a sport where selection for such teams is based on competitive skill or the sport is a contact sport, subject to the following rules:
- 11-1-1** If a sport is offered for both boys and girls, girls must play on the girls team and boys must play on the boys team.
- 11-1-2** Teams of the opposite sex shall not compete against each other in any interscholastic athletic contest.
- 11-2** A school may sponsor only one team in a sport for members of one sex and not sponsor a team in that sport for members of the opposite sex. Contact sports are football, basketball, and wrestling.
- 11-2-1** If a school sponsors only a single team in a sport:
- a. Girls are eligible to participate on boys teams.
  - b. Boys are not eligible to participate on girls teams.

**11-3** **TRANSGENDER STUDENT PARTICIPATION**

**NOTE:** Until the final legal status of Idaho Code 33-6203 is determined, the following guidelines will be implemented.

A transgender student, defined as a student whose gender identity differs from the student's assigned birth gender, shall be eligible to participate in interscholastic athletics that is consistent with the student's gender identity, under the following conditions:

- a. A female-to-male transgender student-athlete who is taking a medically prescribed hormone treatment under a physician's care for the purposes of gender transition may participate only on a boys team.
- b. A male-to-female transgender student-athlete who is not taking hormone treatment related to gender transition may participate only on a boys team.
- c. A male-to-female transgender student-athlete who is taking medically prescribed hormone treatment under a physician's care for the purposes of gender transition may participate on a boys team at any time, but must complete one year of hormone treatment related to the gender transition before competing on a girls team.
- d. Process: A student-athlete who has completed, plans to initiate, or is in the process of taking hormones under a physician's care as part of a gender transition shall submit the request to participate on a sports team to the administration of the student's school and to the IHSAA. The request shall include a letter from the student's physician documenting the student's intention to transition or the student's transition status if the process has already been initiated. This letter shall identify the prescribed hormonal treatment for the student's gender transition and the date the hormone treatment was initiated. The Executive Director shall make a determination whether the student is eligible to compete under the above criteria.
- e. Once the transgender student has been granted eligibility to participate in the sport consistent with his/her gender identity, the eligibility is granted for the duration of the student's participation and does not need to be renewed every sports season or school year.
- f. Once the transgender student selects the gender or the team on which the student wishes to participate, the student thereafter must consistently participate on teams of that gender in all sports for the duration of their high school career.
- g. Appeals: The decision of the Executive Director may be appealed to the Eligibility Committee. The decision of the Eligibility Committee may be appealed to the IHSAA Board of Directors for a review and hearing.
- h. Confidentiality: All discussions among involved parties and the required written documentation shall be kept confidential.