

## RULE 3 - COACHES

- 3-1** The head coach of any IHSAA sport or activity must be certified to teach in Idaho or have completed a coaching fundamentals course. Authorized courses are: NFHS Fundamentals of Coaching and ASEP Coaching Principles.
- 3-1-1** Assistant and sub-varsity coaches need not be certified teachers as long as they have been officially approved by their local Board of Trustees. Assistant and sub-varsity coaches are strongly encouraged to complete a coaching principles course.
- 3-2** All coaches (includes head coaches, directors, assistant coaches, and volunteers) of IHSAA activities must complete:
- a. A First Aid course with a CPR component from a school district-recognized provider. A “recognized provider” is one whose curriculum is similar to the American Red Cross and American Heart Association. New coaches must complete the course during his/her first year of coaching. At no time may a team practice, travel or compete without at least one adult present who has met this requirement.
  - b. New coaches must take the St. Luke’s online concussion course prior to the first day of practice. All coaches are required to review the St. Luke’s Online Concussion Course on even numbered years. IHSAA statewide review dates: 2022-23, 2024-25, etc. Only courses completed after May 1 will be accepted. The IHSAA Board of Directors must approve alternative concussion courses or seminars.
  - c. New coaches must take the NFHS Sudden Cardiac Arrest course prior to the first day of practice. All coaches are required to review the NFHS Sudden Cardiac Arrest Course on even numbered years. IHSAA statewide review dates: 2022-23, 2024-25, etc. Only courses completed after May 1 will be accepted.
  - d. New coaches must take the NFHS Student Mental Health and Suicide Prevention course prior to the first day of practice. All coaches are required to review the NFHS Student Mental Health and Suicide Prevention course on even numbered years. IHSAA statewide review dates: 2022-23, 2024-25, etc. Only courses completed after May 1 will be accepted.
- 3-3** No coach or athletic director may accept remuneration or reimbursement of any kind from sources outside the local board of education in return for services rendered in instructing, coaching or chaperoning any member of the high school athletic/activity team. Coaches may receive appreciation gifts from team members, parents or community organizations that do not exceed the value of an IHSAA player award (\$300). Appreciation gifts may not include cash of any value or reimbursement for travel/chaperoning expenses.
- 3-4** If additional funding sources are used for instructing or coaching any high school team, funding must be approved and distributed through the local Board of Education.