

Idaho High School Activities Association

2024 State Swimming  
Tournament Manual



**IHSAA**

*unbottled.*

November 8-9, 2024

Dairy West  
Official Sponsor of IHSAA State Championship Events

# Welcome

Congratulations! The Idaho High School Activities Association welcomes your school to the 2024 State Swimming Championships. This event is the culmination of countless hours of dedicated training by many outstanding Idaho student-athletes and schools. We hope it will be an enjoyable and rewarding experience for all participants. Thanks to all tournament officials, coaches, participants, parents, fans, management and member schools who have worked diligently to make this year's tournament a successful event.

**Good Luck to all Participants!**

## Pre-Tournament School Responsibilities

- Coaches must log into their MaxPreps account and declare all athletes for State (**including possible at-large berths**). Deadline is Saturday, Nov 2<sup>nd</sup>.
- **Submit sweatshirt order for qualifiers ONLY (alternates are not eligible) at [www.idhsaa.org](http://www.idhsaa.org)**
  - Under the “Schools” tab CLICK “Rosters”
  - Log in with Username and Password used to update school directory
  - Select appropriate activity
  - Verify School Details – If changes are needed; CLICK “Edit My School” If correct; CLICK “My School is Correct”
  - Submit Sweatshirt Order – The total number of shirts requested must be no more than the number of qualified participants. \*\* To purchase additional sweatshirts, contact Nancy at McU Sports [nancy@mcusports.com](mailto:nancy@mcusports.com)
  - SUBMIT FORM

### Coaches’ Meeting

There will be a mandatory, online coaches meeting **Monday, November 4<sup>th</sup> at 7:00 pm MT**. Link will be sent to coaches two days prior.

### Team Packet Pick-up

Coaches may pick up their team packets **between noon – 5 pm, Thursday, November 7** at the IHSAA office (8011 Ustick Rd., Boise, 83704). If coaches are unable to pick up team packets at this time, they can get them at team check in on Friday.

## **STATE MEET SCHEDULE**

**November 8 & 9 – Boise City Aquatics Center / West YMCA**

Meet Director:	Deb Hill
Meet Referees:	Vicki Marsh & Chad Schaffer
IHSAA Administrator:	Julie Hammons

### **Friday, November 8**

Session 1:	5A Preliminaries	Boise Aquatics Center / West YMCA <i>5959 N Discovery Way, Boise</i>
8:15 AM	Team Check In	East Front Doors
8:30 AM	Coaches' Meeting	Hospitality Room
8:45 AM	Warm Ups (9:25-9:45 Blocks)	
9:00 AM	Doors Open for Spectators	Southeast Doors

9:15 AM	Officials' Meeting	Hospitality Room
9:45 AM	Captains' Meeting	Hospitality Room
10:00 AM	Competition Begins	

**DECK AND FACILITY WILL BE CLEARED AT THE CONCLUSION OF 5A PRELIMS**

Session 2:	6A Preliminaries	Boise Aquatics Center / West YMCA <i>5959 N Discovery Way, Boise</i>
1:30 PM	Team Check In	East Front Doors
1:45 PM	Coaches' Meeting	Hospitality Room
2:00 PM	Warm Ups (2:40-3:00 Blocks)	
2:15 PM	Doors Open for Spectators	Southeast Doors
2:30 PM	Officials' Meeting	Hospitality Room
3:00 PM	Captains' Meeting	Hospitality Room
3:15 PM	Competition Begins	

**Saturday, November 9**

Session 3:	5A FINALS	Boise Aquatics Center / West YMCA <i>5959 N Discovery Way, Boise</i>
8:00 AM	Team Check In	East Front Doors
8:15 AM	Coaches' Meeting <i>(if necessary)</i>	Hospitality Room
8:30 AM	Warm Ups (9:10-9:30 Blocks)	
8:45 AM	Doors Open for Spectators	Southeast Doors
9:00 AM	Officials' Meeting	Hospitality Room
9:30 AM	Captains' Meeting <i>(if necessary)</i>	Hospitality Room
9:45 AM	Celebration of Athletes	
10:00 AM	Competition Begins	
1:00 PM	5A Team Awards	

*Approximate*

**DECK AND FACILITY WILL BE CLEARED AT THE CONCLUSION OF 5A FINALS**

Session 4:	6A FINALS	Boise Aquatics Center / West YMCA <i>5959 N Discovery Way, Boise</i>
2:00 PM	Team Check In	East Front Doors
2:15 PM	Coaches' Meeting	Hospitality Room
2:30 PM	Warm Ups (3:10-3:30 Blocks)	
2:45 PM	Doors Open for Spectators	Southeast Doors
3:00 PM	Officials' Meeting	Hospitality Room
3:30 PM	Captains' Meeting <i>(if necessary)</i>	Hospitality Room
3:45 PM	Celebration of Athletes	
4:00 PM	Competition Begins	
7:00 PM	6A Team Awards	

*Approximate*

## Admission

**PLEASE NOTE: TICKETS WILL BE ALLOCATED DIRECTLY TO TEAMS BASED ON THE NUMBER OF QUALIFIERS.**

If teams do not sell their allocated tickets, they will be released to the public for purchase online using the GoFan app on your mobile device. Link can be found at [www.idhsaa.org](http://www.idhsaa.org)

<u>Session Ticket –Friday</u>		<u>Session Ticket - Saturday</u>	
General Admission	\$ 10.00	General Admission	\$ 11.00
Discount Ticket	\$ 9.00	Discount Ticket	\$ 10.00

### NOTE Discount Tickets:

- Seniors 55 & older
- Students in grades 7-12 with an activity card
- Students in grades 1-6

\*Children 5 & under admitted free

## SUPERVISION / DECK ACCESS LIMITATION

Each school is responsible for the conduct of its students. IHSAA rules require schools to provide close supervision at all contests and asks for support and cooperation of administrators in enforcing the following rules:

1. No one other than authorized individuals will be allowed on deck or in restricted areas – **TWO COACHES PER TEAM ALLOWED IN COACHES' AREA.**
2. Persons who enter the deck or restricted areas **will be removed** from the premises for the remainder of the meet.

## Rules

This meet will be governed by the rules of the IHSAA and the National Federation of State High School Associations. This is a USA Swimming observed meet.

## Representation

Eighteen (18) individuals per event/classification and twelve (12) relays per classification will qualify for the state meet. The representation per district and classification are as follows:

<u>6A District</u>	<u>Indiv. Events</u>	<u>Relays</u>	<u>5A District</u>	<u>Indiv. Events</u>	<u>Relays</u>
I-II	2*	2**	I-II	2*	2**
III	7*	6**	III	3*	2**
IV-V-VI	3*	2**	IV	4*	3**
			V	1*	1**
			VI	3*	1**

\* Next six fastest times statewide qualifies  
\*\* Next two fastest times statewide qualifies

\* Next five fastest times statewide qualifies  
\*\* Next three fastest times statewide qualifies

Individual swimmers may swim a maximum of four events, no more than two of which may be individual events. Preliminaries and finals are considered one meet. Relay only swimmers must be listed in the master entry file. All relay swimmers and alternates must be entered in the file.

**Declared False Start:** In the event that an athlete chooses to “Declare False Start” (DFS), the following procedures should be followed: (from NFHS Rule 3-2-3).

- **For Prelims session:** A declared false start must be communicated to the referee prior to the start of the athlete’s event.
- **For Finals session:** A declared false start must be communicated to the referee 15 minutes prior to the start of the finals session.

If the declared fall start is correctly communicated prior to the stated time frame, no penalty will be provided to the athlete. A declared false start does not disqualify the competitor from further competition or nullify previous performances. ***However, the event still counts as one of the competitors events and they may not exceed 4 events for the meet (no more than 2 individual events).*** For more clarification please see NFHS Rule 3-2 situations and Rulings in the NFHS Swimming Rulebook.

Nine lanes will be used in prelims for individual events; six lanes will be used for relay events. 5A and 6A preliminary events will swim in separate sessions on Friday, seeded in championship format by times from district meets. All finals events will swim and score in separate sessions on Saturday. Six finalists and six consolation finalists for individual events, six finalists and six consolation finalists for relay events per classification. The top 12 in individual events will score, the top 9 relay events will score.

**Scoring**      Individual events: 16, 13, 12, 11, 10, 9, 7, 5, 4, 3, 2, 1

Relays: 32, 26, 24, 22, 20, 18, 14, 10, 8

Coaches will be given relay cards in their coaches' packets. Relay swimmers will carry their cards to the blocks with them.

### **Order of Events**

200 Medley Relay	500 Freestyle
200 Freestyle	<i>10 min break</i>
200 Individual Medley	200 Freestyle Relay
50 Freestyle	100 Backstroke
<i>10 min break</i>	100 Breaststroke
100 Butterfly	400 Freestyle Relay
100 Freestyle	

### **Celebration of Athletes (formerly known as Parade of Athletes) - Saturday**

Each team will be given a map of the deck in their team packet with an assigned, designated area for the Celebration of Athletes. At the conclusion of warm-ups on Saturday, all participating athletes will gather in their area and will be recognized by the PA announcer prior to the competition starting.

### **Driving Directions for West YMCA**

From I-84, take Exit 46 (Eagle Rd) and travel north towards Hwy 20/26 (Chinden Blvd.) Turn right on Chinden to N. Discovery Pl. and turn right. Aquatics Center/West YMCA will be on your right.

### **Parking**

Parking is limited at the facility. Local teams, please don't have your athletes drive themselves and park onsite. Consider carpooling if at all possible.

### **Team Check In**

Each team packet will contain a qualifiers' list and only those athletes plus designated alternates will be allowed on deck. No exceptions. Buses should drop participants off in the front of the facility and teams will check in at the northeast aquatics door. PLEASE ENTER AS A GROUP AND BE ACCOMPANIED BY A COACH.

### **Awards**

Awards will be presented intermittently throughout Saturday finals with the team awards at the conclusion of the session.

Academic Champions: Plaques will be awarded to the boys and girls teams with the highest cumulative team GPA in 6A and 5A. Awards will be presented prior to the National Anthem on Saturday.

Team Awards: Trophies will be awarded to the champion, runner-up, third and fourth place teams for boys and girls in 6A and 5A. Championship banners from Dairy West will be awarded to all first-place teams.

Individual Awards: The top 6 finishers in each event will receive medals in 6A and 5A.

### **Meet Committee**

The Meet Committee is responsible for the proper conduct and supervision of the State Swimming meet.

2024 Meet Committee:

Deb Hill, Meet Director

District Rules' Interpreters

Julie Hammons, IHSAA Administrator

### **Concessions**

Concessions will not be available.

### **Restrooms**

Portable toilets, some with handicap access, will be located around the area. Participants will be allowed to use the lower indoor YMCA locker rooms.

### **T-shirts/ Souvenir Merchandise**

State Championship merchandise, including t-shirts, sweatshirts, and other items will be available for purchase from McU Sports on Friday afternoon and Saturday during the meet.

### **Hotel Conduct/Supervision**

Please make sure your athletes are properly supervised at all times. Coaches are strongly encouraged to check rooms closely upon arrival and again at departure.

## **Tournament Information/Guidelines**

### **Pre-Meet Practice**

Teams will be allowed to practice as time/space allows. Please contact Boise Aquatic Center / West YMCA to arrange practice times.

### **Locker / Dressing Rooms**

Participants will be allowed to use the downstairs locker rooms at the YMCA. However, no personal items should be stored or left in the locker rooms. All teams must keep their items in their designated team. The IHSAA / YMCA are not responsible for damaged or missing items. Please keep valuables at home.

### **Warm Ups**

Participants will be allowed to use lanes 11-16 as warm up and cool down lanes. Students *should not* use the small pool on the east side of the facility.

### **Officials**

Officials will be provided by the IHSAA and will be IHSAA and USA Swimming certified.

### **National Anthem**

The National Anthem will be played at the start of each session.

## **Protests**

NFHS Swimming Rule 4-1-2

Authorized Officials

In championship meets, a meet committee and a meet director shall assume responsibility for all aspects of meet management. The meet committee shall make decisions on matters not specifically covered by the rules or on misapplication of a rule during a meet. Judgment calls of officials are not subject to review by this committee. The decisions of the meet committee are final.

## **Programs / Heat Sheets**

The composition and printing of tournament programs and heat sheets are the responsibility of the IHSAA. Heat sheets will be provided for coaches and officials. Meet mobile will also be available. Each team will receive one complimentary souvenir program.

## **Sportsmanship**

### **IHSAA SPORTSMANSHIP RULES**

The following sportsmanship rules will be in effect at all IHSAA state play-offs and championship events:

1. Full and/or half face painting are not permitted - Partial face painting is permitted such as small markings on the cheeks, nose, or forehead. Covering the face or head with a mask, or anything that obscures identification, is not permitted. School mascots and halftime performers are excluded.
2. Posters/Banners/Signs - All signs must display only positive support for one's own team.
3. Artificial Noisemakers - Artificial noisemakers are prohibited.
4. Balloons -Balloons are not permitted at any IHSAA state play-in game or championship event.
5. Attire - Bare chests are not permitted (participants excluded). Shirts must be worn.
6. Inappropriate Behavior - The following are not permitted:
  - a. Throwing objects onto (or entering) the playing area before, during or after a contest.
  - b. Verbal harassment or derogatory remarks directed toward an opponent or official.

## **High School Media Credential Protocol**

Members of the school media (school newspaper/yearbook) will be issued IHSAA tournament credentials by the school's Athletic Director and must comply with mainstream media guidelines. SCHOOL MEDIA CREDENTIALS ARE FOR STUDENTS ONLY

### **Broadcasting/Web casting**

Live video and audio broadcasting of IHSAA State events (full or condensed versions) is strictly prohibited and in direct violation of the IHSAA's agreement with the NFHS Network and Idaho Sports.com.

**Broadcasting or streaming events declined by the NFHS Network and/or Idaho Sports.com must be approved by the Idaho High School Activities Association and each member school that is participating in this event.**

IHSAA Webcast Partner: [NFHS Network](#)

Exclusive video broadcast rights of State Play-In and IHSAA sponsored State Tournament events are contracted through the NFHS Network. Permission for cable operators, newspapers, radio stations, television stations, school broadcasting, private individual or Internet sites in relation to video broadcast of State Play-In and IHSAA sponsored State Tournament events must be done by contacting NFHS Network. Credentials will not be granted to media not receiving clearance from the IHSAA through NFHS Network.

IHSAA Audio Webcast Partner: [IdahoSports.com](#)

Exclusive audio broadcast rights of State Play-In and IHSAA sponsored State Tournament events are contracted through IdahoSports.com. Permission for cable operators, newspapers, radio stations, television stations, school broadcasting, private individual or Internet sites in relation to audio webcast of State Play-In and IHSAA sponsored State Tournament events must

be done by contacting Paul Kingsbury at IdahoSports.com. Credentials will not be granted to media not receiving clearance from the IHSAA through IdahoSports.com.

Terrestrial radio broadcast requests need to be approved, prior to the start of the tournament, by submitting an IHSAA Radio Broadcast Contract. [idhsaa.org](http://idhsaa.org)