

2025 Idaho HS Swimming 5A State Championships**November 7-8, 2025****Results - 5A State Championships Prelims****Event 1 Women 200 Yard Medley Relay****5A State: 1:49.96 # 11/5/2022 Skyview High School
N Dumitrascu, S Schaffer, B Ruark, C Tindall**

Team	Relay	Prelim Time
Preliminaries		
1 IFHS		1:54.33 q
1) Grimes, Mahealani 12	2) Hunsicker, Ann 12	
3) Balsmeier, Abigail 11	4) Briggs, Stella 10	
27.49 32.66	27.40 26.78	
2 SAND		1:58.67 q
1) Wyman, Halle 11	2) Loutzenhiser, Summer 11	
3) Driggs, Mia 12	4) Aylward, Rachel 12	
31.59 34.01	26.75 26.32	
3 MOS		2:01.36 q
1) Bernards, Claire 11	2) Quist, Addy 11	
3) Quist, Emmi 09	4) Martin, Suzka 12	
31.23 32.72	31.39 26.02	
4 WRHS		2:02.90 q
1) Niven, Emily 09	2) Tognoni, Isabella 12	
3) Smith, Mylie 12	4) Pringle, Scarlet 12	
33.75 30.81	35.68 22.66	
5 MIN		2:04.78 q
1) Condie, Lainey 09	2) Thomson, Darah 12	
3) May, Penelope 09	4) Chen, Grace 12	
29.73 33.95	37.33 23.77	
6 SKY		2:04.79 q
1) Daniel, Julia 11	2) Taufer, Emmalyn 12	
3) Martin, Delila 11	4) Shick, Noelle 12	
29.68 36.82	30.13 28.16	
7 POKY		2:07.41 q
1) Doerr, Alea 11	2) Ashby, Olivia 11	
3) Eberle, Ryan 12	4) Gibbons, Kennedi 10	
33.40 36.04	29.69 28.28	
8 MID		2:09.37 q
1) Corcoran, Addison 11	2) Pesanti, Giavanna 11	
3) Roach, Abby 12	4) Clough, Malarie 12	
32.26 36.77	31.25 29.09	
9 CENT		2:10.18 q
1) Peterson, Mette 09	2) O'Donnell, Norah 09	
3) Permann, Payton 09	4) Swan, Sienna 10	
33.86 42.34	25.88 28.10	
10 JER		2:14.49 q
1) Bickford-Thorpe, Sydnee 11	2) Larsen, Zada 11	
3) Dimond, Sadie 12	4) Hyde, Hannah 12	
35.46 39.26	31.87 27.90	
11 NAMCH		2:16.07 q
1) Shaner, Savannah 11	2) Mitchell, Phoebe 11	
3) Edmonds, Lily 11	4) Kinzler, Sydney 11	
38.84 42.14	26.14 28.95	
12 DECLO		2:16.35 q
1) Webb, Paige 12	2) Knowles, Jayci 11	
3) Stapelman, Zenna 12	4) Stapelman, Zabree 10	
35.58	29.51	

Event 2 Men 200 Yard Medley Relay**5A State: 1:37.76 # 11/4/2023 Bishop Kelly High School
S Stratton, J Rubocki, C Schauer, B Rubocki**

Team	Relay	Prelim Time
Preliminaries		
1 IFHS		1:45.92 q
1) Quan, Hiro 10	2) Labrum, Deacon 12	
3) Ravsten, Nick 11	4) Grimes, Rangi 10	
27.48 31.24	25.69 21.51	
2 CENT		1:47.58 q
1) Major, Deacon 10	2) Farrell, Asher 12	
3) Hunt, Noah 09	4) Jensen, Parker 12	
24.86 30.97	25.65 26.10	
3 POKY		1:47.69 q
1) Schwartz, JW 10	2) Enslinger, Zander 10	
3) Hill, Gavin 12	4) Irwin, Kaiden 12	
29.05 28.96	26.09 23.59	
4 SAND		1:48.32 q
1) Demmons, Bodi 10	2) Ford, Andrew 09	
3) Brown, Maximus 10	4) Zeller, Bo 09	
28.48 28.02	26.24 25.58	
5 SKY		1:48.49 q
1) McKee, Peter 12	2) Dustin, Zachary 10	
3) Hart, Jacob 12	4) Couch, Eric 09	
27.82 31.27	25.81 23.59	
6 COL		1:51.67 q
1) Williams, Alex 12	2) Hammer, Landon 12	
3) Anderson, Jade 12	4) Williams, Ben 10	
27.78 32.63	26.40 24.86	
7 HILL		1:53.26 q
1) Harris, Weston 09	2) May, Griffin 12	
3) Gilman, Sawyer 12	4) Kelly, Jace 11	
29.02 32.49	25.51 26.24	
8 LAKE		1:53.91 q
1) Raebel, Brock 12	2) Snyder, Garrett 12	
3) Harrell, Sam 10	4) Ragan, Silas 10	
28.69 32.03	28.26 24.93	
9 TWIN		1:54.23 q
1) Halverson, Samuel 12	2) Su, Darren 12	
3) Savage, Marshall 12	4) Hymas, Nolan 11	
30.01 34.22	25.40 24.60	
10 MOS		1:54.26 q
1) Crossler, Noah 12	2) Young, Jackson 09	
3) Vandenbos, Tremain 10	4) Brown, Benton 10	
26.08 34.62	26.83 26.73	
11 KIM		1:59.64 q
1) Wight, Miles 10	2) Brown, Kyler 10	
3) Allen, Evan 12	4) Lott, Carson 10	
32.88 29.98	29.89 26.89	
12 MOHO		2:04.40 q
1) Rienstra, Orion 12	2) Kuntz, Cole 10	
3) Howard, John 9	4) Brown, Barrett 9	
36.99 32.49	26.73 28.19	

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Event 3 Women 200 Yard Freestyle					
5A State: 1:55.48 # 11/8/2024 Julia Hill					
Name		YrSchool	Prelim Time		
Preliminaries					
1	Fernald, Josie	10 COLE	2:01.77	q	
	28.47 30.11	31.37	31.82		
2	Eberle, Ryan	12 POKY	2:05.55	q	
	29.62 31.86	32.15	31.92		
3	Patterson, Kyran	12 CENT	2:05.97	q	
	28.97 31.86	32.80	32.34		
4	Schraufnagel, Ryann	11 LEWIS	2:06.14	q	
	28.61 31.82	32.84	32.87		
5	Budge, Lina	10 SKY	2:07.40	q	
	29.32 32.02	33.39	32.67		
6	Carr, Sophia	11 LEWIS	2:07.84	q	
	29.03 32.35	32.73	33.73		
7	Thomson, Darah	12 MIN	2:08.34	q	
	29.71 32.13	33.34	33.16		
8	Zahradnicek, Marya	12 NAMPA	2:10.43	q	
	29.11 32.55	33.80	34.97		
9	Larsen, Hailey	12 COL	2:14.25	q	
	30.89 33.86	34.70	34.80		
10	Wang, Lily	10 COLE	2:14.43	q	
	30.45 34.41	35.25	34.32		
11	Cook, Lillian	12 WRHS	2:15.70	q	
	29.98 33.30	36.21	36.21		
12	Davis, Katie	09 CENT	2:18.57	q	
	32.36 35.56	36.36	34.29		
13	Rodgers, Alex	12 COL	2:19.48		
	31.51 34.56	36.72	36.69		
14	Gibby, Chloe	11 BUR	2:20.09		
	31.17 35.01	37.08	36.83		
15	Paul, Alexandra	12 GOOD	2:20.64		
	30.15 34.56	37.64	38.29		
16	Craw, Grace	11 SKY	2:20.79		
	32.33 35.70	36.35	36.41		
17	Crus, Chaise	12 WRHS	2:21.19		
	31.87 35.59	37.05	36.68		
18	Garvin, Brylee	09 SAND	2:28.14		
	33.97 38.20	37.99	37.98		
Event 4 Men 200 Yard Freestyle					
5A State: 1:44.63 # 11/5/2022 Gavin Dustin					
Name		YrSchool	Prelim Time		
Preliminaries					
1	Enslinger, Zander	10 POKY	1:48.33	q	
	24.91 27.87	28.04	27.51		
2	Burgi, Zeke	10 COL	1:49.02	q	
	24.45 27.30	28.56	28.71		
3	Crossler, Noah	12 MOS	1:52.72	q	
	24.80 27.94	29.85	30.13		
4	Irwin, Kaiden	12 POKY	1:53.71	q	
	26.13 28.77	29.53	29.28		
5	Couch, Eric	09 SKY	1:56.34	q	
	26.63 29.56	30.22	29.93		

6	Bennett, Kian	10 POKY	1:56.56	q	
	26.40 29.42	30.98	29.76		
7	Abenroth, Tyler	11 BUR	2:01.58	q	
	28.06 30.28	31.75	31.49		
8	Pernsteiner, Jack	11 LEWIS	2:02.20	q	
	27.09 30.38	32.38	32.35		
9	Savage, Marshall	12 TWIN	2:03.50	q	
	27.53 31.09	32.98	31.90		
10	Kress-Weitenhagen, Tim	11 SKY	2:04.85	q	
	27.21 30.34	32.56	34.74		
11	Clark, Ashten	10 DECLO	2:07.07	q	
	30.46 33.02	32.88	30.71		
12	Kelly, Jace	11 HILL	2:08.50	q	
	29.40 32.04	33.32	33.74		
13	Peck, Christian	12 LAKE	2:09.13		
	28.04 32.03	35.00	34.06		
14	Zeller, Bo	09 SAND	2:10.84		
	30.66 33.85	33.71	32.62		
15	Wilson, Matt	9 TWIN	2:12.26		
	30.74 32.95	35.06	33.51		
16	Neal, Brandon	10 BUR	2:14.81		
	30.47 34.67	35.30	34.37		
17	Roach, Liam	10 MID	2:15.16		
	28.76 34.43	36.12	35.85		
18	Hills, Carter	10 IFHS	2:17.71		
	30.33 34.95	36.81	35.62		
Event 5 Women 200 Yard IM					
5A State: 2:07.86 # 11/4/2022 Nicole Dumitrascu					
Name		YrSchool	Prelim Time		
Preliminaries					
1	Balsmeier, Abigail	11 IFHS	2:15.95	q	
	28.85 34.34	40.73	32.03		
2	Martin, Suzka	12 MOS	2:22.30	q	
	31.50 37.93	38.98	33.89		
3	Tognoni, Isabella	12 WRHS	2:23.50	q	
	30.52 38.70	39.13	35.15		
4	Johnson, Laura	12 SKY	2:26.50	q	
	31.81 35.85	45.38	33.46		
5	Oram, Bailey	10 HILL	2:26.52	q	
	31.91 37.87	43.51	33.23		
6	Daniel, Julia	11 SKY	2:27.34	q	
	31.38 35.01	47.44	33.51		
7	Storms, Alivia	09 SAND	2:27.67	q	
	33.36 37.02	42.40	34.89		
8	VanWagoner, Oakley	09 JER	2:29.17	q	
	32.12 36.66	45.54	34.85		
9	Hunsicker, Ann	12 IFHS	2:29.19	q	
	34.50 38.84	38.82	37.03		
10	Sept, McKenna	11 MOS	2:29.95	q	
	32.78 37.87	42.11	37.19		
11	de Leeuw, Athena	09 SAND	2:35.89	q	
	35.82 39.80	45.21	35.06		
12	Quist, Emmi	09 MOS	2:38.22	q	
	34.36 41.24	47.85	34.77		

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Preliminaries ... (Event 5 Women 200 Yard IM)

Name	Yr	School	Prelim Time
13 Rasmussen, Raleigh	10	IFHS	2:40.73
35.41 40.73 47.18 37.41			
14 Stapelman, Zenna	12	DECLO	2:41.08
34.45 39.89 50.50 36.24			
15 Doerr, Alea	11	POKY	2:41.09
33.65 40.46 49.95 37.03			
16 Mitchell, Phoebe	11	NAMCH	2:48.91
40.66 44.50 45.78 37.97			
17 Peterson, Jacqueline	09	BUR	2:51.37
35.64 42.59 53.02 40.12			
18 Erickson, Holly	12	KIM	3:04.52
42.01 42.62 56.83 43.06			

Event 6 Men 200 Yard IM

5A State: 1:54.63 # 11/4/2023 Shae Stratton

Name	Yr	School	Prelim Time
Preliminaries			
1 Major, Deacon	10	CENT	1:58.45 q
26.23 27.96 35.58 28.68			
2 Jensen, McCoy	12	SAND	2:04.37 q
25.33 31.41 37.25 30.38			
3 Guinotte-Cordero, Malac	10	MID	2:07.92 q
26.76 32.36 37.72 31.08			
4 Ford, Andrew	09	SAND	2:08.72 q
28.67 34.94 33.77 31.34			
5 Hart, Jacob	12	SKY	2:09.79 q
27.31 35.08 37.44 29.96			
6 Durtschi, Jax	10	IFHS	2:10.35 q
29.11 31.82 38.51 30.91			
7 Antonich, Kaden	12	LEWIS	2:11.44 q
27.57 33.37 39.51 30.99			
8 Hill, Gavin	12	POKY	2:15.38 q
28.17 34.37 40.74 32.10			
9 Nichols, Nate	11	IFHS	2:17.69 q
30.27 35.76 39.68 31.98			
10 Labrum, Deacon	12	IFHS	2:17.93 q
29.26 37.06 38.20 33.41			
11 Melni, Brayden	12	TWIN	2:19.18 q
28.56 36.95 42.42 31.25			
12 Wilkins, Parker	12	MIN	2:20.02 q
29.53 36.21 42.11 32.17			
13 Schwartz, JW	10	POKY	2:21.75
28.78 36.08 42.23 34.66			
14 Ladwig, Levi	11	TWIN	2:27.65
31.65 35.71 46.89 33.40			
15 Dustin, Zachary	10	SKY	2:27.86
31.55 38.18 42.34 35.79			
16 Johnson, Brody	11	HOME	2:28.14
30.37 39.07 44.13 34.57			
17 Wight, Miles	10	KIM	2:30.49
33.69 37.80 45.47 33.53			
18 Johnson, David	10	JER	2:40.60
35.43 39.64 48.64 36.89			

Event 7 Women 50 Yard Freestyle

5A State: 24.36 # 11/8/2019 Kaitlyn Shelley

Name	Yr	School	Prelim Time
Preliminaries			
1 Holcomb, Rylan	11	PARMA	25.41 q
2 Driggs, Mia	12	SAND	25.81 q
3 Kester, Megan	10	VALLI	25.98 q
4 Montecchi, Reina	12	SAND	26.37 q
5 Barrus, Camille	11	JER	26.65 q
6 Reno, Alivia	09	BUR	26.83 q
7 Pitale, Luca	12	COLE	26.94 q
8 Aylward, Rachel	12	SAND	26.96 q
9 Roach, Abby	12	MID	27.22 q
10 Briggs, Stella	10	IFHS	27.31 q
11 Martin, Delila	11	SKY	27.43 q
12 Paul, Alexandra	12	GOOD	27.53 q
13 Davis, Aubrey	12	CENT	27.72
14 Pringle, Scarlet	12	WRHS	27.85
15 Swan, Sienna	10	CENT	28.07
16 Powell, Faith	11	CAS	28.46
17 Larsen, Lyndee	09	COL	28.57
18 Niven, Emily	09	WRHS	28.70

Event 8 Men 50 Yard Freestyle

5A State: 21.65 # 11/9/2024 Rangi Grimes

Name	Yr	School	Prelim Time
Preliminaries			
1 Grimes, Rangi	10	IFHS	21.80 q
2 Wright, Kale	12	SAND	21.90 q
3 Leavitt, Ikaika	12	SAND	21.96 q
4 Brown, Kyler	10	KIM	22.28 q
5 Howard, John	9	MOHO	23.23 q
6 Williams, Alex	12	COL	23.42 q
7 Anderson, Jade	12	COL	23.45 q
8 Gilman, Sawyer	12	HILL	23.49 q
9 Farrell, Asher	12	CENT	23.52 q
10 Savage, Marshall	12	TWIN	24.12 q
11 Von Lindern, Canyon	10	LEWIS	24.85 q
12 Hansen, Csurf	09	DECLO	24.87 q
13 Vandenbos, Tremain	10	MOS	24.88
14 Langer, Boston	12	MID	25.07
15 Harrell, Sam	10	LAKE	25.29
16 Mirly, Jack	12	POKY	25.33
17 Hargrave, Tristan	12	JER	25.94
--- Mendenhall, Miller	10	SKY	DQ

Event 9 Women 100 Yard Butterfly

5A State: 55.81 # 11/4/2022 Brianna Ruark

Name	Yr	School	Prelim Time
Preliminaries			
1 Grimes, Mahealani	12	IFHS	59.61 q
27.87 31.74			
2 Balsmeier, Abigail	11	IFHS	1:00.81 q
28.22 32.59			

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Preliminaries ... (Event 9 Women 100 Yard Butterfly)

Name	Yr	School	Prelim Time	
3 Driggs, Mia	12	SAND	1:05.04	q
29.19 35.85				
4 Patterson, Kyran	12	CENT	1:05.15	q
30.14 35.01				
5 Kester, Megan	10	VALLI	1:06.23	q
30.71 35.52				
6 Condie, Lainey	09	MIN	1:06.74	q
31.10 35.64				
7 Sawyer, Lillian	10	LEWIS	1:07.19	q
31.10 36.09				
8 Bernards, Claire	11	MOS	1:07.46	q
30.92 36.54				
9 Martin, Delila	11	SKY	1:08.91	q
33.05 35.86				
10 Crus, Chaise	12	WRHS	1:08.99	q
32.53 36.46				
11 Hemsley, Ali	12	BUR	1:10.12	q
33.64 36.48				
12 Edmonds, Lily	11	NAMCH	1:10.16	q
32.26 37.90				
13 Gibbons, Kennedi	10	POKY	1:10.74	
33.45 37.29				
14 Masiello, Alice	09	WHS	1:11.24	
33.49 37.75				
15 Dimond, Sadie	12	JER	1:12.00	
33.24 38.76				
16 Powell, Faith	11	CAS	1:12.64	
33.19 39.45				
17 Bickford-Thorpe, Sydnee	12	JER	1:13.38	
34.62 38.76				
18 Cook, Lillian	12	WRHS	1:13.58	
33.12 40.46				

Event 10 Men 100 Yard Butterfly

5A State:		51.64	# 11/9/2024	Noah Crossler	
Name			YrSchool	Prelim	Time
Preliminaries					
1	Burgi, Zeke		10 COL	52.74	q
	24.68	28.06			
2	Crossler, Noah		12 MOS	53.06	q
	24.73	28.33			
3	Leavitt, Ikaika		12 SAND	54.95	q
	25.56	29.39			
4	Gilman, Sawyer		12 HILL	57.09	q
	26.54	30.55			
5	Hart, Jacob		12 SKY	57.11	q
	27.61	29.50			
6	Hunt, Noah		09 CENT	58.23	q
	26.53	31.70			
7	Hill, Gavin		12 POKY	59.66	q
	27.82	31.84			
8	Brown, Maximus		10 SAND	59.69	q
	27.36	32.33			

9 Anderson, Jade	12	COL	1:00.47	q
28.00 32.47				
10 Hemsley, Austin	10	BUR	1:00.49	q
27.62 32.87				
11 Halverson, Hunter	11	MIN	1:00.69	q
28.50 32.19				
12 Ravsten, Nick	11	IFHS	1:01.03	q
29.30 31.73				
13 Nussbaum, Jack	12	TWIN	1:01.37	
27.67 33.70				
14 Wilkins, Parker	12	MIN	1:01.94	
28.83 33.11				
15 Zitzman, Case	11	BONN	1:03.20	
29.20 34.00				
16 Graves, Hudson	12	HILL	1:03.97	
29.42 34.55				
17 Dawson, Emerson	12	MID	1:05.61	
29.41 36.20				
18 Halverson, Max	09	MIN	1:10.30	
32.78 37.52				

Event 11 Women 100 Yard Freestyle

5A State:		52.81	# 11/9/2024	Sadie Schaffer		
Name			YrSchool	Prelim	Time	
Preliminaries						
1	Holcomb, Rylan		11	PARMA	55.46	q
	26.65	28.81				
2	Fernald, Josie		10	COLE	55.91	q
	26.91	29.00				
3	Johnson, Laura		12	SKY	57.99	q
	28.30	29.69				
4	Toribau, Sarah		12	OAK	58.29	q
	27.92	30.37				
5	Montecchi, Reina		12	SAND	58.32	q
	27.87	30.45				
6	VanWagoner, Oakley		09	JER	58.65	q
	28.27	30.38				
7	Reno, Alivia		09	BUR	59.00	q
	28.53	30.47				
8	Barrus, Camille		11	JER	59.43	q
	28.40	31.03				
9	Briggs, Stella		10	IFHS	1:00.66	q
	29.33	31.33				
10	Aylward, Rachel		12	SAND	1:00.70	q
	29.30	31.40				
11	Pitale, Luca		12	COLE	1:01.03	q
	29.34	31.69				
12	Rodgers, Alex		12	COL	1:01.33	q
	30.04	31.29				
13	Quist, Addy		11	MOS	1:01.34	
	29.38	31.96				
14	Davis, Aubrey		12	CENT	1:01.37	
	29.66	31.71				
15	Ballard, Claire		09	SAND	1:01.60	
	29.75	31.85				

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Preliminaries ... (Event 11 Women 100 Yard Freestyle)					Event 13 Women 500 Yard Freestyle				
Name			YrSchool	Prelim Time	5A State: 5:07.60 # 11/4/2023 Makena Mamola				
Name			YrSchool	Prelim Time	Name			YrSchool	Prelim Time
16	Roach, Abby		12 MID	1:01.67	Preliminaries				
	29.17	32.50			1	Schraufnagel, Ryann	11 LEWIS		5:34.83 q
17	Shaw, Sierra		10 GOOD	1:03.64		29.74	32.98	33.65	34.18
	30.36	33.28				34.04	34.68	34.18	34.61
18	Quist, Emmi		09 MOS	1:03.76		34.21	32.56		
	30.31	33.45			2	Thomson, Darah	12 MIN		5:42.43 q
Event 12 Men 100 Yard Freestyle						30.86	32.96	34.12	34.89
5A State: 47.63 # 11/7/2025 Rangi Grimes						35.58	35.07	34.70	35.72
Name			YrSchool	Prelim Time		34.67	33.86		
Preliminaries					3	Budge, Lina	10 SKY		5:43.42 q
1	Grimes, Rangi		10 IFHS	47.63# q		31.10	33.26	34.59	35.36
	22.77	24.86				34.73	34.97	34.53	35.69
2	Wright, Kale		12 SAND	49.11 q		35.44	33.75		
	23.95	25.16			4	Eberle, Ryan	12 POKY		5:45.95 q
3	Brown, Kyler		10 KIM	49.43 q		31.39	34.58	35.51	35.27
	23.72	25.71				35.08	35.39	35.19	35.04
4	Williams, Alex		12 COL	50.85 q		34.97	33.53		
	24.48	26.37			5	Carr, Sophia	11 LEWIS		5:46.93 q
5	Quan, Hiro		10 IFHS	52.19 q		29.95	33.65	35.34	35.46
	24.97	27.22				35.07	35.45	36.32	35.75
6	Howard, John		9 MOHO	52.25 q		35.40	34.54		
	24.29	27.96			6	Bernards, Claire	11 MOS		5:47.91 q
7	Harris, Weston		09 HILL	53.46 q		31.28	33.71	34.04	34.73
	25.52	27.94				35.50	35.36	35.99	35.88
8	Hunt, Noah		09 CENT	54.08 q		36.00	35.42		
	26.05	28.03			7	O'Donnell, Norah	09 CENT		5:55.74 q
9	Northrup, Asa		12 POKY	54.38 q		32.78	35.64	36.33	37.19
	25.79	28.59				37.21	36.56	36.01	36.25
10	Mendenhall, Miller		10 SKY	54.73 q		34.60	33.17		
	26.69	28.04			8	Edmonds, Lily	11 NAMCH		5:59.40 q
11	Kress-Weitenhagen, Tim		11 SKY	55.25 q		33.12	35.86	36.50	36.64
	26.25	29.00				36.60	36.54	36.71	36.74
12	Hansen, Csurf		09 DECLO	55.88 q		35.77	34.92		
	26.23	29.65			9	Rocke, Bria	12 SAND		6:02.00 q
13	Williams, Ben		10 COL	55.96		32.19	36.78	37.13	36.75
	26.39	29.57				36.43	36.82	37.23	37.00
14	Vandenbos, Tremain		10 MOS	56.68		36.53	35.14		
	27.18	29.50			10	Wang, Lily	10 COLE		6:04.30 q
15	Welch, Pierce		9 TWIN	57.60		32.60	36.50	36.60	37.76
	27.08	30.52				37.10	37.36	37.80	36.82
16	Peck, Christian		12 LAKE	58.28		37.44	34.32		
	28.21	30.07			11	Johnson, Maggie	11 IFHS		6:05.42 q
17	Wyma, Kyle		12 SKYVI	58.62		31.94	34.97	36.31	37.51
	27.59	31.03				38.02	38.07	37.26	37.36
18	Koch, Zeke		09 WRHS	1:00.18		37.66	36.32		
	28.55	31.63			12	Clough, Malarie	12 MID		6:06.91 q
						31.69	35.95	37.62	37.84
						37.32	36.32	37.21	37.89
						38.64	36.43		

November 7-8, 2025

Preliminaries ... (Event 13 Women 500 Yard Freestyle)

Name			YrSchool	Prelim Time	
Preliminaries					
1	Enslinger, Zander		10 POKY	4:54.51	q
	26.23	28.68	29.53	30.02	
	30.11	30.43	30.46	30.81	
	29.68	28.56			
2	Foust, Lou		10 SAND	5:04.63	q
	26.48	29.62	30.57	30.86	
	31.12	31.08	31.21	31.54	
	31.54	30.61			
3	Irwin, Kaiden		12 POKY	5:14.09	q
	27.26	30.63	31.42	32.36	
	31.62	31.90	32.18	32.06	
	33.04	31.62			
4	Antonich, Kaden		12 LEWIS	5:17.91	q
	26.82	29.96	31.37	32.02	
	32.69	32.97	33.72	33.50	
	33.06	31.80			
5	Bennett, Kian		10 POKY	5:20.60	q
	28.40	32.43	34.03	33.89	
	35.04	33.30	31.67	31.50	
	31.05	29.29			
6	Raebel, Brock		12 LAKE	5:21.15	q
	28.76				
		33.66			
	1:01.56				

7	Couch, Eric		09	SKY	5:21.21	q
	28.47	31.37		32.39	32.39	
	32.47	32.98		32.96	33.24	
	33.36	31.58				
8	Durtschi, Jax		10	IFHS	5:22.92	q
	28.89	31.68		32.14	32.63	
	33.04	32.73		33.16	32.94	
	33.16	32.55				
9	McKee, Peter		12	SKY	5:23.30	q
	28.75	31.21		31.94	33.21	
	33.22	33.41		33.13	33.18	
	32.93	32.32				
10	Demmons, Bodi		10	SAND	5:30.32	q
	28.38	31.74		33.29	33.48	
	34.29	34.82		33.88	33.92	
	33.65	32.87				
11	Pernsteiner, Jack		11	LEWIS	5:38.55	q
	29.40	32.80		33.67	34.63	
	35.12	34.60		36.58	34.34	
	34.22	33.19				
12	Clark, Ashten		10	DECLO	5:46.05	q
	31.86	35.20		34.59	35.79	
	35.37	35.16		35.91	35.26	
	34.63	32.28				
13	Zitzman, Case		11	BONN	5:49.18	
	30.72	34.19		34.40	35.41	
	36.58	36.31		35.85	35.98	
	36.33	33.41				
14	Hymas, Nolan		11	TWIN	5:54.84	
	29.35	33.08		34.62	36.38	
	36.86	36.83		36.95	37.92	
	37.65	35.20				
15	Johnson, Brody		11	HOME	5:56.30	
	31.95	34.86		35.82	36.38	
	36.65	37.11		36.91	36.94	
	36.34	33.34				
16	Wilson, Matt		9	TWIN	5:59.94	
	31.71	34.69		35.48	37.00	
	37.03	37.10		38.41	37.74	
	36.91	33.87				
17	Halverson, Hunter		11	MIN	6:04.69	
	30.43	34.23		36.64	37.58	
	38.39	37.36		38.39	38.55	
	37.62	35.50				
18	Neal, Brandon		10	BUR	6:13.10	
	33.51	36.65		37.00	37.78	
	38.32	38.96		38.53	38.54	
	38.40	35.41				

2025 Idaho HS Swimming 5A State Championships**November 7-8, 2025****Results - 5A State Championships Prelims****Event 15 Women 200 Yard Freestyle Relay****5A State: 1:43.78 # 11/5/2022 Bishop Kelly High School
G Stanton, K Giffen, A Crawford, L Penna**

Team	Relay	Prelim Time
Preliminaries		
1 SAND		1:48.38 q
1) Storms, Alivia 09	2) Ballard, Claire 09	
3) Aylward, Rachel 12	4) Montecchi, Reina 12	
27.63 28.38	26.68 25.69	
2 SKY		1:49.50 q
1) Daniel, Julia 11	2) Taufer, Emmalyn 12	
3) Budge, Lina 10	4) Johnson, Laura 12	
26.38 28.14	28.29 26.69	
3 LEWIS		1:49.71 q
1) Roy, Ari 10	2) Sawyer, Lillian 10	
3) Carr, Sophia 11	4) Schraufnagel, Ryann 11	
26.96 28.17	27.83 26.75	
4 CENT		1:49.88 q
1) Davis, Aubrey 12	2) Davis, Katie 09	
3) Swan, Sienna 10	4) Patterson, Kyran 12	
27.72 28.60	28.01 25.55	
5 MOS		1:49.99 q
1) Martin, Suzka 12	2) Quist, Addy 11	
3) Quist, Emmi 09	4) Bernards, Claire 11	
26.18 28.21	28.38 27.22	
6 JER		1:50.62 q
1) VanWagoner, Oakley 09	2) Bickford-Thorpe, Sydnee 11	
3) Hyde, Hannah 12	4) Barrus, Camille 11	
31.37 24.54	28.20 26.51	
7 WRHS		1:52.71 q
1) Pringle, Scarlet 12	2) Crus, Chaise 12	
3) Smith, Mylie 12	4) Cook, Lillian 12	
28.10 28.26	28.05 28.30	
8 COLE		1:52.88 q
1) Fernald, Josie 10	2) Pitale, Luca 12	
3) Haygood, Eliana 12	4) Syndergaard, Madison 10	
27.05 28.25	29.86 27.72	
9 MID		1:53.44 q
1) Pesanti, Giavanna 11	2) Corcoran, Addison 11	
3) Clough, Malarie 12	4) Roach, Abby 12	
29.19 29.34	28.38 26.53	
10 BUR		1:53.64 q
1) Hemsley, Ali 12	2) Peterson, Jacqueline 09	
3) Gibby, Chloe 11	4) Reno, Alivia 09	
28.26 29.73	28.70 26.95	
11 POKY		1:53.70 q
1) Ashby, Olivia 11	2) Doerr, Alea 11	
3) Gibbons, Kennedy 10	4) Eberle, Ryan 12	
29.63 29.30	35.43 19.34	
12 IFHS		1:58.68 q
1) Hunsicker, Ann 12	2) Rix, Scarlett 11	
3) Rasmussen, Raleigh 10	4) Munday, May 09	
29.01 30.01	30.39 29.27	

Event 16 Men 200 Yard Freestyle Relay**5A State: 1:29.74 # 11/7/2025 Sandpoint High School
M Jensen, L Foust, I Leavitt, K Wright**

Team	Relay	Prelim Time
Preliminaries		
1 SAND		1:29.74# q
1) Jensen, McCoy 12	2) Foust, Lou 10	
3) Leavitt, Ikaika 12	4) Wright, Kale 12	
22.63 23.88	21.86 21.37	
2 MID		1:38.70 q
1) Guinotte-Cordero, Malachi	2) Langer, Boston 12	
3) Roach, Liam 10	4) Melander, Drew 11	
23.88 24.64	25.39 24.79	
3 LAKE		1:39.28 q
1) Ragan, Silas 10	2) Raebel, Brock 12	
3) Harrell, Sam 10	4) Snyder, Garrett 12	
25.66 25.18	24.40 24.04	
4 SKY		1:39.81 q
1) Mendenhall, Miller 10	2) Cramer, Eddie 12	
3) Mosquera, Maximus 09	4) Kress-Weitenhagen, Tim 11	
24.85 25.75	24.79 24.42	
5 MOS		1:40.52 q
1) Crossler, Noah 12	2) Young, Jackson 09	
3) Brown, Benton 10	4) Vandenbos, Tremain 10	
21.97 27.20	26.89 24.46	
6 POKY		1:40.67 q
1) Schwartz, JW 10	2) Northrup, Asa 12	
3) Bennett, Kian 10	4) Mirly, Jack 12	
25.66 24.89	25.36 24.76	
7 KIM		1:41.24 q
1) Lott, Carson 10	2) Allen, Evan 12	
3) Wight, Miles 10	4) Brown, Kyler 10	
26.71 26.49	25.94 22.10	
8 TWIN		1:42.94 q
1) Melni, Brayden 12	2) Crandall, Jared 12	
3) Nussbaum, Jack 12	4) Ladwig, Levi 11	
25.82 26.72	25.56 24.84	
9 IFHS		1:42.96 q
1) Ravsten, Nick 11	2) Hills, Carter 10	
3) Nichols, Nate 11	4) Durtschi, Jax 10	
25.42 28.30	25.05 24.19	
10 LEWIS		1:43.34 q
1) Von Lindern, Canyon 10	2) Lentz, Julian 12	
3) Pernsteiner, Jack 11	4) Antonich, Kaden 12	
25.12 27.38	26.32 24.52	
11 BUR		1:45.40 q
1) Abenroth, Tyler 11	2) Dial, Kenden 11	
3) Neal, Brandon 10	4) Hemsley, Austin 10	
24.68 29.37	26.97 24.38	
12 HILL		1:46.94 q
1) Macedo, Thomas 11	2) Graves, Henry 09	
3) Graves, Hudson 12	4) May, Griffin 12	
26.78 28.61	25.80 25.75	

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Results - 5A State Championships Prelims

Event 17 Women 100 Yard Backstroke						6	McKee, Peter	12	SKY	59.62	q
5A State: 57.66 # 11/4/2022 Nicole Dumitrascu							29.09 30.53				
Name YrSchool Prelim Time						7	Harris, Weston	09	HILL	1:00.38	q
Preliminaries							29.08 31.30				
1	Grimes, Mahealani	12	IFHS	58.83	q	8	Schwartz, JW	10	POKY	1:04.22	q
	28.58 30.25						30.85 33.37				
2	Condie, Lainey	09	MIN	1:03.56	q	9	Williams, Ben	10	COL	1:04.35	q
	30.94 32.62						30.65 33.70				
3	Daniel, Julia	11	SKY	1:04.77	q	10	Hymas, Nolan	11	TWIN	1:04.83	q
	31.37 33.40						31.21 33.62				
4	Toribau, Sarah	12	OAK	1:04.79	q	11	Northrup, Asa	12	POKY	1:04.88	q
	31.20 33.59						31.79 33.09				
5	Roy, Ari	10	LEWIS	1:06.64	q	12	Ravsten, Nick	11	IFHS	1:04.94	q
	32.07 34.57						31.41 33.53				
6	Larsen, Hailey	12	COL	1:07.75	q	13	Halverson, Samuel	12	TWIN	1:05.24	
	33.00 34.75						31.64 33.60				
7	Daniel, Taylor	09	SKY	1:08.78	q	14	Snyder, Garrett	12	LAKE	1:05.96	
	33.46 35.32						32.54 33.42				
8	McShane, Tavianne	12	COL	1:08.97	q	15	Ladwig, Levi	11	TWIN	1:06.17	
	33.18 35.79						32.06 34.11				
9	Corcoran, Addison	11	MID	1:09.04	q	16	Behrmann, Jacob	10	IFHS	1:06.51	
	32.98 36.06						31.47 35.04				
10	Wyman, Halle	11	SAND	1:09.09	q	17	Hemsley, Austin	10	BUR	1:08.09	
	32.98 36.11						32.71 35.38				
11	Rocke, Bria	12	SAND	1:09.14	q	18	Nussbaum, Jack	12	TWIN	1:08.79	
	33.46 35.68						33.04 35.75				
12	Sawyer, Lillian	10	LEWIS	1:09.73	q	Event 19 Women 100 Yard Breaststroke					
	34.58 35.15					5A State: 1:05.41 # 11/5/2022 Isabella Tognoni					
13	Sheets, Rachel	10	HILL	1:10.26		Name YrSchool Prelim Time					
	33.51 36.75					Preliminaries					
14	Johnson, Maggie	11	IFHS	1:11.06		1	Tognoni, Isabella	12	WRHS	1:07.05	q
	34.61 36.45						30.91 36.14				
15	Doerr, Alea	11	POKY	1:12.21		2	Martin, Suzka	12	MOS	1:09.63	q
	35.42 36.79						32.95 36.68				
16	Black, Addilyn	10	JER	1:15.73		3	Quist, Addy	11	MOS	1:09.64	q
	36.84 38.89						32.77 36.87				
17	Bickford-Thorpe, Sydnee	12	JER	1:18.51		4	Hunsicker, Ann	12	IFHS	1:10.37	q
	37.01 41.50						33.04 37.33				
18	Webb, Paige	12	DECLO	1:18.69		5	Sept, McKenna	11	MOS	1:11.80	q
	37.60 41.09						33.43 38.37				
Event 18 Men 100 Yard Backstroke						6	Oram, Bailey	10	HILL	1:15.21	q
5A State: 49.90 # 11/4/2023 Shae Stratton							36.41 38.80				
Name YrSchool Prelim Time						7	Storms, Alivia	09	SAND	1:15.99	q
Preliminaries							36.90 39.09				
1	Major, Deacon	10	CENT	53.16	q	8	Zahradnicek, Marya	12	NAMPA	1:16.11	q
	25.85 27.31						35.42 40.69				
2	Foust, Lou	10	SAND	58.69	q	9	Loutzenhiser, Summer	11	SAND	1:18.17	q
	29.07 29.62						34.58 43.59				
3	Quan, Hiro	10	IFHS	58.72	q	10	Hemsley, Ali	12	BUR	1:19.13	q
	28.20 30.52						38.31 40.82				
4	Demmons, Bodi	10	SAND	58.93	q	11	Pesanti, Giavanna	11	MID	1:20.62	q
	29.14 29.79						38.12 42.50				
5	Von Lindern, Canyon	10	LEWIS	59.36	q	12	Ashby, Olivia	11	POKY	1:21.24	q
	29.43 29.93						38.15 43.09				

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Results - 5A State Championships Prelims

Preliminaries ... (Event 19 Women 100 Yard Breaststroke)

Name	Yr	School	Prelim Time
13 Taufer, Emmalyn	12	SKY	1:22.57
38.86 43.71			
14 Mitchell, Phoebe	11	NAMCH	1:22.61
39.30 43.31			
15 Peterson, Salem	09	MIN	1:22.71
39.85 42.86			
16 O'Donnell, Norah	09	CENT	1:22.72
38.83 43.89			
17 Knowles, Jayci	11	DECLO	1:23.09
39.02 44.07			
18 Shaw, Sierra	10	GOOD	1:24.26
39.89 44.37			

Event 20 Men 100 Yard Breaststroke

5A State: 58.72 # 11/8/2019 Nathan R Moore

Name	Yr	School	Prelim Time
Preliminaries			
1 Ford, Andrew	09	SAND	1:01.75 q
29.92 31.83			
2 Guinotte-Cordero, Malac	10	MID	1:02.25 q
29.06 33.19			
3 Jensen, McCoy	12	SAND	1:04.12 q
30.80 33.32			
4 Labrum, Deacon	12	IFHS	1:06.52 q
31.23 35.29			
5 Brown, Maximus	10	SAND	1:09.29 q
33.07 36.22			
6 Dustin, Zachary	10	SKY	1:09.83 q
32.38 37.45			
7 Abenroth, Tyler	11	BUR	1:10.14 q
32.79 37.35			
8 Nichols, Nate	11	IFHS	1:10.37 q
33.49 36.88			
9 Farrell, Asher	12	CENT	1:10.71 q
32.17 38.54			
10 Mirly, Jack	12	POKY	1:11.89 q
33.25 38.64			
11 Hammer, Landon	12	COL	1:12.22 q
32.95 39.27			
12 Taylor, Ethan	10	TWIN	1:12.43 q
33.90 38.53			
13 Melni, Brayden	12	TWIN	1:12.87
34.60 38.27			
14 May, Griffin	12	HILL	1:14.87
34.44 40.43			
15 Papenfuss, Calvin	11	LAKE	1:15.02
34.84 40.18			
16 Su, Darren	12	TWIN	1:15.27
34.91 40.36			
17 Hazen, Bradley	12	COLE	1:17.21
35.88 41.33			
--- Kuntz, Cole	10	MOHO	DQ
33.76 38.87			

Event 21 Women 400 Yard Freestyle Relay

5A State: 3:43.30 # 11/5/2022 Skyview High School

C Tindall, G Huskey, N Dumitrascu, B Ruark

Team	Relay	Prelim Time
Preliminaries		
1 SAND		3:56.53 q
1) Montecchi, Reina 12	2) Ballard, Claire 09	
3) Storms, Alivia 09	4) Driggs, Mia 12	
27.86 58.01	30.34 1:02.64	
28.33 58.73	26.58 57.15	
2 IFHS		3:56.68 q
1) Briggs, Stella 10	2) Johnson, Maggie 11	
3) Grimes, Mahealani 12	4) Balsmeier, Abigail 11	
28.98 1:02.04	30.13 1:03.59	
26.32 55.10	26.36 55.95	
3 SKY		3:58.85 q
1) Martin, Delila 11	2) Reynolds, Aunna 11	
3) Budge, Lina 10	4) Johnson, Laura 12	
28.83 1:00.20	28.69 1:01.09	
28.42 1:02.77	24.62 54.79	
4 CENT		4:02.72 q
1) Patterson, Kyran 12	2) Davis, Katie 09	
3) O'Donnell, Norah 09	4) Davis, Aubrey 12	
27.47 57.29	29.93 1:02.25	
30.08 1:02.82	28.62 1:00.36	
5 LEWIS		4:04.92 q
1) Roy, Ari 10	2) Sawyer, Lillian 10	
3) Carr, Sophia 11	4) Schraufnagel, Ryann 11	
28.53 1:00.53	30.35 1:03.02	
28.86 1:00.80	28.06 1:00.57	
6 MIN		4:06.83 q
1) Chen, Grace 12	2) Peterson, Salem 09	
3) Condie, Lainey 09	4) Thomson, Darah 12	
29.98 1:01.79	31.31 1:05.28	
28.74 1:00.39	28.56 59.37	
7 COLE		4:07.67 q
1) Fernald, Josie 10	2) Pitale, Luca 12	
3) Syndergaard, Madison 10	4) Wang, Lily 10	
27.91 58.16	29.23 1:02.46	
29.42 1:03.19	30.05 1:03.86	
8 WRHS		4:12.25 q
1) Cook, Lillian 12	2) Niven, Emily 09	
3) Pringle, Scarlet 12	4) Tognoni, Isabella 12	
28.96 1:02.82	29.40 1:02.95	
29.50 1:04.03	30.01 1:02.45	
9 BUR		4:15.48 q
1) Gibby, Chloe 11	2) Peterson, Jacqueline 09	
3) Hemsley, Ali 12	4) Reno, Alivia 09	
31.04 1:04.09	32.16 1:11.93	
26.74 1:00.51	28.42 58.95	
10 COL		4:16.79 q
1) Larsen, Hailey 12	2) Abe, Olivia 12	
3) Larsen, Lyndee 09	4) Rodgers, Alex 12	
29.85 1:01.78	31.92 1:06.68	
31.00 1:06.84	29.08 1:01.49	

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Preliminaries ... (Event 21 Women 400 Yard Freestyle Relay)				
Team		Relay		Prelim Time
11	DECLO			4:36.58 q
	1) Stapelman, Zabree 10	2) Webb, Paige 12		
	3) Knowles, Jayci 11	4) Stapelman, Zenna 12		
	31.86 1:07.60	33.21 1:09.94		
	34.52 1:13.82	31.26 1:05.22		
---	JER			DQ
	1) VanWagoner, Oakley 09	2) Coppin, Grace 10		
	3) Dimond, Sadie 12	4) Barrus, Camille 11		
	29.16			
	30.55 1:03.36	29.11 1:00.47		
Event 22 Men 400 Yard Freestyle Relay				
5A State: 3:13.74 # 11/4/2023 Bishop Kelly High School				
J Rubocki, C Schauer, B Rubocki, S Stratton				
Team		Relay		Prelim Time
Preliminaries				
1	SAND			3:20.50 q
	1) Jensen, McCoy 12	2) Foust, Lou 10		
	3) Leavitt, Ikaika 12	4) Wright, Kale 12		
	24.80 50.97	24.84 52.01		
	23.32 49.17	23.03 48.35		
2	IFHS			3:29.26 q
	1) Durtschi, Jax 10	2) Quan, Hiro 10		
	3) Labrum, Deacon 12	4) Grimes, Rangi 10		
	25.74 54.02	25.24 52.59		
	26.90 55.27	22.26 47.38		
3	POKY			3:30.24 q
	1) Northrup, Asa 12	2) Hill, Gavin 12		
	3) Enslinger, Zander 10	4) Irwin, Kaiden 12		
	26.50 55.15	25.60 54.18		
	23.59 49.15	24.60 51.76		
4	COL			3:30.80 q
	1) Williams, Alex 12	2) Anderson, Jade 12		
	3) Williams, Ben 10	4) Burgi, Zeke 10		
	24.84 51.62	25.10 53.74		
	26.62 56.68	23.27 48.76		
5	CENT			3:35.10 q
	1) Hunt, Noah 09	2) Jensen, Parker 12		
	3) Farrell, Asher 12	4) Major, Deacon 10		
	25.35 52.32	27.80 1:00.27		
	25.37 52.88	23.53 49.63		
6	SKY			3:37.05 q
	1) Hart, Jacob 12	2) Mendenhall, Miller 10		
	3) Kress-Weitenhagen, Tim 11	4) Couch, Eric 09		
	25.57 53.94	27.25 56.06		
	25.95 54.98	24.62 52.07		
7	TWIN			3:42.04 q
	1) Melni, Brayden 12	2) Ladwig, Levi 11		
	3) Hymas, Nolan 11	4) Savage, Marshall 12		
	27.29 57.37	26.15 55.63		
	26.60 55.73	25.19 53.31		

8	LAKE			3:42.36 q
	1) Ragan, Silas 10	2) Raebel, Brock 12		
	3) Harrell, Sam 10	4) Snyder, Garrett 12		
	27.59 57.43	55.72		
	25.95 54.78	26.55 54.43		
9	HILL			3:42.55 q
	1) Harris, Weston 09	2) Graves, Hudson 12		
	3) Kelly, Jace 11	4) Gilman, Sawyer 12		
	26.30 55.33	27.40 58.65		
	27.35 57.64	24.53 50.93		
10	LEWIS			3:51.46 q
	1) Von Lindern, Canyon 10	2) Lentz, Julian 12		
	3) Pernsteiner, Jack 11	4) Antonich, Kaden 12		
	26.47 54.97	30.35 1:06.37		
	26.16 56.05	25.68 54.07		
11	BUR			3:58.12 q
	1) Hemsley, Austin 10	2) Ramsey, Cache 10		
	3) Neal, Brandon 10	4) Abenroth, Tyler 11		
	26.48 56.50	29.89 1:02.70		
	30.64 1:03.79	25.84 55.13		
12	MIN			4:00.62 q
	1) Halverson, Hunter 11	2) Halverson, Max 09		
	3) Harman, Craig 09	4) Wilkins, Parker 12		
	27.42 57.75	29.99 1:02.76		
	30.69 1:03.67	26.70 56.44		