

2022 IHSAA STATE TRACK QUALIFYING STANDARDS

QUALIFYING STANDARD

EVENT 5A BOYS	2018 3rd place mark	2019 3rd place mark	2021 3rd place mark	FAT Time or Field Mark
110m HH	14.54	15.09	14.93	14.85
300m IH	39.71	39.48	40.20	39.80
100m	10.85	11.10	11.01	10.99
200m	22.00	21.99	22.26	22.08
400m	49.52	50.10	49.37	49.66
800m	1:56.73	1:56.30	1:55.90	1:56.31
1600m run	4:24.18	4:20.03	4:20.36	4:21.52
3200m run	9:31.28	9:24.60	9:21.20	9:25.69
Shot Put	50' 1"	52' 11"	53' 4"	52' 1"
Pole Vault	15' 0"	14' 0"	15' 0"	14' 6"
High Jump	6' 6"	6' 2"	6' 2"	6' 2"
Long Jump	21' 11.5"	21' 2.75"	22' 2"	21' 9"
Triple Jump	43' 5.75"	45' 1.5"	42' 10.75"	43' 10"
Discus	152' 6"	168' 3"	149' 1"	156' 7"

4A BOYS

110m HH	15.43	15.29	15.28	15.33
300m IH	39.90	39.44	41.62	40.32
100m	11.35	11.04	10.91	11.10
200m	22.78	22.13	22.55	22.49
400m	50.28	50.97	50.80	50.68
800m	1:59.62	1:57.00	1:57.28	1:57.96
1600m run	4:25.03	4:20.16	4:19.66	4:21.61
3200m run	9:43.68	9:25.86	9:25.09	9:31.54
Shot Put	56' 8"	51' 7.5"	49' 4.5"	52' 6"
Pole Vault	13' 6"	14' 6"	13' 0"	13' 6"
High Jump	6' 4"	6' 2"	6' 2"	6' 2"
Long Jump	21' 6"	20' 10.5"	21' 7.5"	21' 4"
Triple Jump	44' 8.25"	43' 6.75"	42' 10.5"	43' 8"
Discus	156' 4"	155' 3"	138' 8"	150' 1"

3A BOYS

110m HH	15.87	15.53	15.58	15.66
300m IH	41.49	40.56	42.02	41.36
100m	11.11	11.17	11.22	11.17
200m	22.57	22.78	22.94	22.76
400m	50.45	52.07	50.74	51.09
800m	1:58.39	2:03.38	1:58.28	2:00.01
1600m run	4:33.28	4:31.66	4:35.02	4:33.3.2
3200m run	9:51.04	9:52.94	10:12.37	9:58.78
Shot Put	46' 11.75"	47' 4"	49' 5.5"	47' 11"
Pole Vault	13' 0"	12' 6"	12' 6"	12' 6"
High Jump	6' 2"	6' 0"	6' 0"	6' 0"
Long Jump	21' 8.75"	22' 3.5"	21' 3.5"	21' 9"
Triple Jump	43' 3.75"	43' 6.5"	42' 1"	42' 11"
Discus	136' 10"	134' 9"	151' 0"	140' 10"

2A BOYS

110m HH	15.64	15.64	15.41	15.56
300m IH	40.79	41.48	41.65	41.31
100m	11.46	11.16	11.44	11.35
200m	23.15	23.05	23.15	23.12
400m	50.47	51.30	51.34	51.04
800m	2:02.61	2:00.38	2:00.93	2:01.30
1600m run	4:38.04	4:32.02	4:26.97	4:32.34
3200m run	9:57.31	9:52.32	9:29.34	9:46.32
Shot Put	45' 5.75"	44' 6"	45' 10"	45' 3"
Pole Vault	13' 0"	12' 6"	12' 0"	12' 6"
High Jump	6' 0"	6' 0"	6' 0"	6' 0"
Long Jump	21' 3.75"	20' 4.75"	20' 6.25"	20' 8"
Triple Jump	43' 0"	42' 6.5"	41' 5.75"	42' 4"
Discus	138' 8"	124' 6.5"	131' 7"	131' 7"

1A BOYS

110m HH	16.11	15.85	16.55	16.17
300m IH	41.07	41.11	42.70	41.63
100m	11.29	11.23	11.54	11.35
200m	22.93	23.31	23.35	23.20
400m	51.13	51.96	51.77	51.62
800m	2:00.98	2:02.05	2:01.56	2:01.53
1600m run	4:32.02	4:38.53	4:35.23	4:35.26
3200m run	10:05.86	9:56.82	9:54.60	9:59.09
Shot Put	46' 3.5"	46' 11"	45' 3.25"	46' 1"
Pole Vault	12' 0"	12' 0"	11' 6"	11' 6"
High Jump	6' 0"	6' 0"	5' 10"	5' 10"
Long Jump	20' 11.75"	21' 7.75"	19' 11.75"	20' 10"
Triple Jump	41' 10"	40' 8.5"	40' 4.5"	40' 11"
Discus	139' 6"	127' 10"	167' 5"	141' 7"

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EVENT 5A GIRLS	2018 3rd place mark	2019 3rd place mark	2021 3rd place mark	FAT Time or Field Mark
100m H	15.22	15.52	15.62	15.45
300m H	45.90	45.13	46.96	46.00
100m	12.34	12.33	12.38	12.35
200m	25.83	25.60	25.50	25.64
400m	59.24	60.08	57.52	58.95
800m	2:15.14	2:15.59	2:14.78	2:15.17
1600m run	5:00.23	4:59.69	4:58.06	4:59.32
3200m run	11:04.94	10:55.45	10:51.49	10:55.29
Shot Put	40' 6"	37' 7.5"	37' 11"	38' 8"
Pole Vault	12' 0"	11' 0"	11' 6"	11' 6"
High Jump	5' 2"	5' 4"	5' 2"	5' 2"
Long Jump	17' 1.75"	17' 3.5"	17' 10"	17' 5"
Triple Jump	36' 1.25"	35' 11.5"	35' 6.5"	35' 10"
Discus	125' 6"	127' 7"	119' 3"	124' 1"

4A GIRLS

100m H	15.64	14.89	15.35	15.29
300m H	45.17	44.67	45.83	45.22
100m	12.69	12.46	12.26	12.47
200m	25.59	25.58	25.89	25.69
400m	57.39	58.53	59.01	58.31
800m	2:19.46	2:17.69	2:16.38	2:17.84
1600m run	5:13.58	5:15.13	5:07.36	5:12.02
3200m run	11:39.90	11:24.66	11:01.08	11:21.88
Shot Put	36' 7.5"	36' 1"	38' 2.5"	36' 11"
Pole Vault	9' 6"	9' 6"	9' 0"	9' 0"
High Jump	5' 2"	5' 0"	5' 0"	5' 0"
Long Jump	16' 6.25"	17' 8.25"	17' 0.5"	17' 1"
Triple Jump	35' 0"	36' 1.75"	34' 8.5"	35' 3"
Discus	123' 3"	123' 4"	108' 1"	118' 2"

3A GIRLS

100m H	16.34	15.89	16.52	16.25
300m H	48.13	48.32	49.02	48.49
100m	13.17	13.01	13.01	13.06
200m	26.72	26.71	27.22	26.88
400m	59.64	59.16	62.01	60.27
800m	2:22.88	2:24.02	2:26.05	2:24.31
1600m run	5:27.05	5:32.91	5:26.61	5:28.85
3200m run	12:05.72	11:59.70	11:57.58	12:01.00
Shot Put	35' 0.25"	37' 1"	35' 11.75"	36' 0"
Pole Vault	9' 0"	9' 6"	9' 0"	9' 0"
High Jump	5' 2"	4' 10"	4' 8"	4' 10"
Long Jump	16' 7"	16' 1.75"	16' 0.5"	16' 3"
Triple Jump	35' 8.75"	34' 9.25"	34' 1"	34' 10"
Discus	112' 8"	103' 2"	108' 5"	108' 1"

2A GIRLS

100m H	16.39	15.40	16.70	16.16
300m H	47.83	47.95	48.50	48.09
100m	12.94	13.14	13.12	13.07
200m	26.55	26.70	26.88	26.71
400m	61.01	61.77	60.40	61.06
800m	2:23.78	2:26.20	2:24.63	2:24.87
1600m run	5:25.60	5:24.17	5:29.78	5:26.51
3200m run	11:49.81	11:28.39	11:54.99	11:44.39
Shot Put	35' 4.5"	34' 7.25"	33' 10.25"	34' 7"
Pole Vault	9' 6"	9' 6"	8' 6"	9' 0"
High Jump	5' 0"	5' 0"	4' 10"	4' 10"
Long Jump	17' 0.5"	16' 2"	16' 2"	16' 5"
Triple Jump	34' 9.5"	35' 4.5"	35' 1"	35' 1"
Discus	114' 0"	107' 8"	101' 0"	107' 6"

1A GIRLS

100m H	16.74	16.44	16.74	16.64
300m H	47.81	48.66	48.43	48.30
100m	13.00	13.33	13.06	13.13
200m	26.90	27.17	27.08	27.05
400m	60.21	61.25	59.72	60.39
800m	2:22.68	2:26.18	2:23.54	2:24.13
1600m run	5:30.85	5:19.19	5:19.98	5:23.34
3200m run	11:54.91	11:35.96	11:40.39	11:43.75
Shot Put	34' 3.5"	33' 4.25"	35' 4"	34' 3"
Pole Vault	8' 6"	8' 0"	8' 6"	8' 0"
High Jump	4' 10"	4' 10"	5' 0"	4' 10"
Long Jump	15' 9.25"	16' 4"	15' 6"	15' 10"
Triple Jump	33' 5.25"	33' 9.5"	33' 4"	33' 6"
Discus	106' 1"	110' 10"	105' 2"	107' 4"

(Qualifying standards are the third place marks averaged over the previous three years.)