

2024 IHSAA STATE TRACK QUALIFYING STANDARDS

QUALIFYING STANDARD

EVENT 5A BOYS	2021 3rd place mark	2022 3rd place mark	2023 3rd place mark	FAT Time or Field Mark
110m HH	14.93	14.60	15.01	14.85
300m IH	40.20	39.33	38.99	39.51
100m	11.01	10.87	10.79	10.89
200m	22.26	22.07	22.05	22.13
400m	49.37	49.30	49.39	49.35
800m	1:55.90	1:57.06	1:54.86	1:55.94
1600m run	4:20.36	4:18.05	4:15.67	4:18.03
3200m run	9:21.20	9:22.41	9:16.35	9:19.99
Shot Put	53'4"	51'7"	55'10"	53' 7"
Pole Vault	15'0"	15'0"	14'0"	14' 6"
High Jump	6'2"	6'4"	6'2"	6' 2"
Long Jump	22'2"	21'0.75"	22'0"	21' 8"
Triple Jump	42'10.75"	43'11.75"	45'1"	43' 5"
Discus	149'1"	159'4"	158'6"	155' 7"

4A BOYS

110m HH	15.28	14.97	14.68	14.98
300m IH	41.62	39.64	38.84	40.03
100m	10.91	10.98	10.86	10.92
200m	22.55	22.44	22.20	22.40
400m	50.80	48.92	50.16	49.96
800m	1:57.28	1:57.87	1:56.43	1:57.19
1600m run	4:19.66	4:16.84	4:17.57	4:18.02
3200m run	9:25.09	9:21.99	9:20.81	9:22.63
Shot Put	49'4.5"	51'3.5"	52'5.5"	51' 0"
Pole Vault	13'0"	14'0"	14'6"	13' 6"
High Jump	6'2"	6'2"	6'2"	6' 2"
Long Jump	21'7.5"	21'9.75"	21'10"	21' 8"
Triple Jump	42'10.5"	44'11.75"	45'1"	44' 3"
Discus	138'8"	152'0"	147'0"	145' 10"

3A BOYS

110m HH	15.58	15.54	15.29	15.47
300m IH	42.02	41.88	40.88	41.59
100m	11.22	11.37	11.23	11.27
200m	22.94	23.32	22.47	22.91
400m	50.74	50.48	50.64	50.62
800m	1:58.28	1:59.54	2:03.43	2:00.42
1600m run	4:35.02	4:39.37	4:33.14	4:35.84
3200m run	10:12.37	10:04.46	9:53.76	10:03.53
Shot Put	49'5.5"	48'0"	50'2"	49' 2"
Pole Vault	12'6"	13'0"	13'0"	12' 6"
High Jump	6'0"	6'0"	6'0"	6' 0"
Long Jump	21'3.5"	21'2.25"	21'5.5"	21' 3"
Triple Jump	42'1"	42'1"	41'8.75"	41' 11"
Discus	151'0"	140'11"	143'9"	145' 2"

2A BOYS

110m HH	15.41	15.97	15.13	15.50
300m IH	41.65	41.99	40.45	41.36
100m	11.44	11.82	11.47	11.58
200m	23.15	23.32	23.03	23.17
400m	51.34	51.72	50.53	51.20
800m	2:00.93	2:00.17	2:01.26	2:00.79
1600m run	4:26.97	4:31.48	4:34.18	4:30.88
3200m run	9:29.34	9:54.16	9:52.50	9:45.33
Shot Put	45'10"	46'1"	49'6.5"	47' 1"
Pole Vault	12'0"	13'0"	12'6"	12' 6"
High Jump	6'0"	5'10"	6'2"	6' 0"
Long Jump	20'6.25"	20'3.5"	21'2"	20' 7"
Triple Jump	41'5.75"	42'11.5"	42'0.75"	42' 1"
Discus	131'7"	148'4"	156'10"	145' 7"

1A BOYS

110m HH	16.55	16.14	16.32	16.34
300m IH	42.70	42.48	41.15	42.11
100m	11.54	11.40	11.41	11.45
200m	23.35	23.19	22.89	23.14
400m	51.77	51.91	52.56	52.08
800m	2:01.56	2:01.02	2:01.81	2:01.46
1600m run	4:35.23	4:30.16	4:34.14	4:33.18
3200m run	9:54.60	9:56.66	10:04.02	9:58.43
Shot Put	45'3.25"	48'11.75"	51'0"	48' 4"
Pole Vault	11'6"	12'6"	12'6"	12' 0"
High Jump	5'10"	5'10"	6'2"	5' 10"
Long Jump	19'11.75"	20'7"	21'3.75"	20' 6"
Triple Jump	40'4.5"	40'9"	43'3"	41' 5"
Discus	167'5"	150'3"	153'3"	156' 11"

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EVENT	2021 3rd place mark	2022 3rd place mark	2023 3rd place mark	FAT Time or Field Mark
100m H	15.62	15.69	15.22	15.51
300m H	46.96	46.23	46.16	46.45
100m	12.38	12.44	12.36	12.39
200m	25.50	25.33	25.76	25.53
400m	57.52	57.99	57.98	57.83
800m	2:14.78	2:14.56	2:15.34	2:14.89
1600m run	4:58.06	5:03.33	5:00.08	5:00.49
3200m run	10:51.49	11:04.34	10:55.12	10:56.98
Shot Put	37'11"	36'9"	38'11.75"	37' 10"
Pole Vault	11'6"	11'6"	11'0"	11' 0"
High Jump	5'2"	5'2"	5'2"	5' 2"
Long Jump	17'10"	17'4"	17'7"	17' 6"
Triple Jump	35'6.5"	35'9.5"	35'11.75"	35' 8"
Discus	119'3"	128'1"	118'9"	122' 0"

4A GIRLS

100m H	15.35	15.70	15.39	15.48
300m H	45.83	46.74	47.01	46.53
100m	12.26	12.59	12.33	12.39
200m	25.89	25.75	25.44	25.69
400m	59.01	58.25	58.51	58.59
800m	2:16.38	2:17.33	2:20.97	2:18.23
1600m run	5:07.36	5:04.97	5:06.99	5:06.44
3200m run	11:01.08	11:09.45	11:18.53	11:09.69
Shot Put	38'2.5"	36'9.25"	34'9.25"	36' 6"
Pole Vault	9'0"	9'6"	11'0"	9' 6"
High Jump	5'0"	5'0"	5'2"	5' 0"
Long Jump	17'0.5"	16'5.5"	16'10.75"	16' 9"
Triple Jump	34'8.5"	35'0"	34'7.75"	34' 9"
Discus	108'1"	108'3"	116'0"	110' 9"

3A GIRLS

100m H	16.52	16.77	15.98	16.42
300m H	49.02	48.22	47.85	48.36
100m	13.01	13.30	13.22	13.18
200m	27.22	27.59	26.78	27.20
400m	62.01	61.56	60.81	61.46
800m	2:26.05	2:17.48	2:22.21	2:21.91
1600m run	5:26.61	5:24.68	5:34.04	5:28.44
3200m run	11:57.58	11:55.10	12:19.88	12:04.19
Shot Put	35'11.75"	37'7.5"	39'4.5"	37' 7"
Pole Vault	9'0"	9'6"	10'0"	9' 6"
High Jump	4'8"	5'2"	5'0"	4' 10"
Long Jump	16'0.5"	16'10"	15'9.5"	16' 2"
Triple Jump	34'1"	34'11"	35'8"	34' 10"
Discus	108'5"	118'8"	112'0"	113' 1"

2A GIRLS

100m H	16.70	16.21	16.63	16.51
300m H	48.50	49.04	47.14	48.23
100m	13.12	13.10	12.83	13.02
200m	26.88	26.62	25.99	26.50
400m	60.40	62.02	60.60	61.01
800m	2:24.63	2:24.04	2:24.73	2:24.47
1600m run	5:29.78	5:31.32	5:31.54	5:30.88
3200m run	11:54.99	12:04.24	11:44.13	11:54.45
Shot Put	33'10.25"	33'11"	35'9.75"	34' 6"
Pole Vault	8'6"	8'6"	9'6"	8' 6"
High Jump	4'10"	5'0"	5'0"	4' 10"
Long Jump	16'2"	17'1"	16'1"	16' 5"
Triple Jump	35'1"	34'2.5"	33'0.25"	34' 1"
Discus	101'0"	109'8"	108'3"	106' 3"

1A GIRLS

100m H	16.74	16.87	16.46	16.69
300m H	48.43	49.36	47.08	48.29
100m	13.06	13.05	12.96	13.02
200m	27.08	26.51	26.43	26.67
400m	59.72	59.04	59.01	59.26
800m	2:23.54	2:21.88	2:19.60	2:21.67
1600m run	5:19.98	5:30.07	5:33.54	5:27.86
3200m run	11:40.39	12:02.59	11:59.54	11:54.17
Shot Put	35'4"	36'11"	38'7.5"	36' 11"
Pole Vault	8'6"	8'6"	10'0"	9' 0"
High Jump	5'0"	4'10"	4'10"	4' 10"
Long Jump	15'6"	16'2.5"	15'10.75"	15' 10"
Triple Jump	33'4"	33'0.5"	33'1.25"	33' 1"
Discus	105'2"	110'11"	118'6"	111' 6"

(Qualifying standards are the third place marks averaged over the previous three years.)