

2025 IHSAA STATE TRACK QUALIFYING STANDARDS

QUALIFYING STANDARD

EVENT	2022 3rd	2023 3rd	2024 3rd	FAT Time or
6A BOYS	place mark	place mark	place mark	Field Mark
110m HH	14.60	15.01	14.13	14.58
300m IH	39.33	38.99	38.01	38.78
100m	10.87	10.79	10.71	10.79
200m	22.07	22.05	21.76	21.96
400m	49.30	49.39	48.66	49.12
800m	1:57.06	1:54.86	1:54.20	1:55.37
1600m run	4:18.05	4:15.67	4:12.47	4:15.40
3200m run	9:22.41	9:16.35	9:08.20	9:15.65
Shot Put	51'7"	55'10"	54'6.75"	53' 11"
Pole Vault	15'0"	14'0"	14'6"	14' 6"
High Jump	6'4"	6'2"	6'2"	6' 2"
Long Jump	21'0.75"	22'0"	22'3"	21' 9"
Triple Jump	43'11.75"	45'1"	44'6.75"	44' 5"
Discus	159'4"	158'6"	170'6"	162' 9"

5A BOYS

110m HH	14.97	14.68	15.07	14.91
300m IH	39.64	38.84	39.41	39.30
100m	10.98	10.86	10.93	10.92
200m	22.44	22.20	22.16	22.27
400m	48.92	50.16	50.13	49.74
800m	1:57.87	1:56.43	1:58.09	1:57.46
1600m run	4:16.84	4:17.57	4:25.00	4:19.80
3200m run	9:21.99	9:20.81	9:41.48	9:28.09
Shot Put	51'3.5"	52'5.5"	50'6.5"	51' 4"
Pole Vault	14'0"	14'6"	13'6"	14' 0"
High Jump	6'2"	6'2"	6'2"	6' 2"
Long Jump	21'9.75"	21'10"	20'10.5"	21' 5"
Triple Jump	44'11.75"	45'1"	42'6.5"	44' 1"
Discus	152'0"	147'0"	150'6"	149' 10"

4A BOYS

110m HH	15.54	15.29	15.20	15.34
300m IH	41.88	40.88	40.13	40.96
100m	11.37	11.23	10.95	11.18
200m	23.32	22.47	22.34	22.71
400m	50.48	50.64	50.21	50.44
800m	1:59.54	2:03.43	1:57.96	2:00.31
1600m run	4:39.37	4:33.14	4:25.91	4:32.81
3200m run	10:04.46	9:53.76	9:36.11	9:51.44
Shot Put	48'0"	50'2"	52'8.25"	50' 3"
Pole Vault	13'0"	13'0"	12'6"	12' 6"
High Jump	6'0"	6'0"	6'0"	6' 0"
Long Jump	21'2.25"	21'5.5"	21'1.25"	21' 2"
Triple Jump	42'1"	41'8.75"	44'9.5"	42' 10"
Discus	140'11"	143'9"	150'1"	144' 10"

3A BOYS

110m HH	15.97	15.13	15.65	15.58
300m IH	41.99	40.45	40.51	40.98
100m	11.82	11.47	11.09	11.46
200m	23.32	23.03	22.55	22.97
400m	51.72	50.53	50.67	50.97
800m	2:00.17	2:01.26	1:59.92	2:00.45
1600m run	4:31.48	4:34.18	4:25.04	4:30.23
3200m run	9:54.16	9:52.50	9:55.56	9:54.07
Shot Put	46'1"	49'6.5"	47'10"	47' 9"
Pole Vault	13'0"	12'6"	12'0"	12' 6"
High Jump	5'10"	6'2"	6'2"	6' 0"
Long Jump	20'3.5"	21'2"	21'1.25"	20' 9"
Triple Jump	42'11.5"	42'0.75"	42'3.5"	42' 4"
Discus	148'4"	156'10"	140'6"	148' 6"

2A BOYS

110m HH	16.14	16.32	15.62	16.03
300m IH	42.48	41.15	41.40	41.68
100m	11.40	11.41	11.08	11.30
200m	23.19	22.89	22.18	22.75
400m	51.91	52.56	51.65	52.04
800m	2:01.02	2:01.81	1:56.87	1:59.90
1600m run	4:30.16	4:34.14	4:32.20	4:32.17
3200m run	9:56.66	10:04.02	10:05.15	10:01.94
Shot Put	48'11.75"	51'0"	52'3"	50' 8"
Pole Vault	12'6"	12'6"	12'0"	12' 0"
High Jump	5'10"	6'2"	5'8"	5' 10"
Long Jump	20'7"	21'3.75"	21'1.5"	20' 11"
Triple Jump	40'9"	43'3"	41'10.5"	41' 11"
Discus	150'3"	153'3"	148'8"	150' 8"

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EVENT	2022 3rd place mark	2023 3rd place mark	2024 3rd place mark	FAT Time or Field Mark
100m H	15.69	15.22	14.87	15.26
300m H	46.23	46.16	44.77	45.72
100m	12.44	12.36	11.85	12.22
200m	25.33	25.76	24.57	25.22
400m	57.99	57.98	56.75	57.57
800m	2:14.56	2:15.34	2:14.88	2:14.93
1600m run	5:03.33	5:00.08	4:56.05	4:59.82
3200m run	11:04.34	10:55.12	10:45.52	10:54.99
Shot Put	36'9"	38'11.75"	38'11.25"	38' 2"
Pole Vault	11'6"	11'0"	11'0"	11' 0"
High Jump	5'2"	5'2"	5'2"	5' 2"
Long Jump	17'4"	17'7"	17'7"	17' 6"
Triple Jump	35'9.5"	35'11.75"	36'2"	35' 11"
Discus	128'1"	118'9"	129'10"	125' 6"

5A GIRLS

100m H	15.70	15.39	16.02	15.70
300m H	46.74	47.01	46.09	46.61
100m	12.59	12.33	12.42	12.45
200m	25.75	25.44	25.66	25.62
400m	58.25	58.51	60.30	59.02
800m	2:17.33	2:20.97	2:20.01	2:19.44
1600m run	5:04.97	5:06.99	5:06.02	5:05.99
3200m run	11:09.45	11:18.53	11:24.09	11:17.36
Shot Put	36'9.25"	34'9.25"	37'4"	36' 3"
Pole Vault	9'6"	11'0"	10'0"	10' 0"
High Jump	5'0"	5'2"	5'0"	5' 0"
Long Jump	16'5.5"	16'10.75"	16'10"	16' 8"
Triple Jump	35'0"	34'7.75"	34'6.25"	34' 8"
Discus	108'3"	116'0"	120'10"	115' 0"

4A GIRLS

100m H	16.77	15.98	14.94	15.90
300m H	48.22	47.85	46.05	47.37
100m	13.30	13.22	12.73	13.08
200m	27.59	26.78	26.04	26.80
400m	61.56	60.81	60.40	60.92
800m	2:17.48	2:22.21	2:20.42	2:20.04
1600m run	5:24.68	5:34.04	5:27.13	5:28.62
3200m run	11:55.10	12:19.88	11:57.64	12:04.21
Shot Put	37'7.5"	39'4.5"	41'10.25"	39' 7"
Pole Vault	9'6"	10'0"	9'6"	9' 6"
High Jump	5'2"	5'0"	5'0"	5' 0"
Long Jump	16'10"	15'9.5"	17'7.75"	16' 8"
Triple Jump	34'11"	35'8"	35'10"	35' 5"
Discus	118'8"	112'0"	122'5"	117' 1"

3A GIRLS

100m H	16.21	16.63	15.74	16.19
300m H	49.04	47.14	46.89	47.69
100m	13.10	12.83	12.58	12.84
200m	26.62	25.99	25.70	26.10
400m	62.02	60.60	59.49	60.70
800m	2:24.04	2:24.73	2:20.90	2:23.22
1600m run	5:31.32	5:31.54	5:25.70	5:29.52
3200m run	12:04.24	11:44.13	11:58.41	11:55.59
Shot Put	33'11"	35'9.75"	37'3"	35' 7"
Pole Vault	8'6"	9'6"	9'0"	9' 0"
High Jump	5'0"	5'0"	4'10"	4' 10"
Long Jump	17'1"	16'1"	16'4"	16' 6"
Triple Jump	34'2.5"	33'0.25"	35'0.5"	34' 0"
Discus	109'8"	108'3"	110'7"	109' 6"

2A GIRLS

100m H	16.87	16.46	15.65	16.33
300m H	49.36	47.08	47.52	47.99
100m	13.05	12.96	12.69	12.90
200m	26.51	26.43	25.98	26.31
400m	59.04	59.01	59.71	59.25
800m	2:21.88	2:19.60	2:18.99	2:20.16
1600m run	5:30.07	5:33.54	5:22.29	5:28.63
3200m run	12:02.59	11:59.54	11:50.59	11:57.57
Shot Put	36'11"	38'7.5"	38'3"	37' 11"
Pole Vault	8'6"	10'0"	9'6"	9' 0"
High Jump	4'10"	4'10"	4'10"	4' 10"
Long Jump	16'2.5"	15'10.75"	16'10.5"	16' 3"
Triple Jump	33'0.5"	33'1.25"	33'6.5"	33' 2"
Discus	110'11"	118'6"	117'1"	115' 6"

(Qualifying standards are the third place marks averaged over the previous three years.)