

## 4A / 5A 2022 STATE TRACK SCHEDULE OF EVENTS

### FRIDAY

	Shot Put	Discus	High Jump	Pole Vault	Long Jump	Triple Jump
<b>10:00 am</b>	4AG	5AG	5AB	4AG	4AB	5AG
<b>11:00 pm</b>						
<b>12:00 pm</b>	4AB	5AB	5AG	4AB	4AG	5AB

**3:00 pm** Line up Parade of Athletes  
**3:15 pm** Parade of Athletes

#### **Friday Running Events**

<b>9:30 am</b>	3200 Meter Run Finals	4A Girls/Boys; 5A Girls/Boys
<b>4:00 pm</b>	100 / 110 Meter Hurdles Prelims	4A/5A Girls; 4A/5A Boys
	400 Meter Dash Prelims	4A Girls/Boys; 5A Girls/Boys
	100 Meter Dash Prelims	4A Girls/Boys; 5A Girls/Boys

#### **20 Minute Break**

300 Meter Hurdles Prelims	4A/5A Girls; 4A/5A Boys
200 Meter Dash Prelims	4A Girls/Boys; 5A Girls/Boys
4x800/Medley Relay FINALS	5A Girls/Boys; 4A Girls/Boys

### SATURDAY

	Shot Put	Discus	High Jump	Pole Vault	Long Jump	Triple Jump
<b>9:00 am</b>	5AG	4AG	4AB	5AG	5AB	4AG
<b>11:00 am</b>	5AB	4AB	4AG	5AB	5AG	4AB

#### **Saturday Finals**

<b>1:00 pm</b>	4 X 200 Meter Relay	4A Girls/Boys; 5A Girls/Boys
	1600 Meter Run	4A Girls/Boys; 5A Girls/Boys
	100 / 110 Meter Hurdles	4A/5A Girls; 4A/5A Boys
	400 Meter Dash	4A Girls/Boys; 5A Girls/Boys

#### **20 Minute Break**

100 Meter Dash	4A Girls/Boys; 5A Girls/Boys
800 Meter Run	4A Girls/Boys; 5A Girls/Boys
4 X 100 Meter Relay	4A Girls/Boys; 5A Girls/Boys
300 Meter Hurdles	4A/5A Girls; 4A/5A Boys
200 Meter Dash	4A Girls/Boys; 5A Girls/Boys

#### **10 Minute Break**

4 X 400 Meter Relay	4A Girls/Boys; 5A Girls/Boys
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