2019 Volleyball

Classification — based on grades 9-12
5A 1,280 and over  2A  319-160
4A 1,279-640  1A DI 159 -100
3A 639-320  1A DII  99 and under

2019 Volleyball Season
First Day of Practice August 12
First Match August 28
District Tournament Completion October 26
State Play-ins October 26
State Tournament November 1-2

Warm-Up Time for Matches
There will be a maximum of twenty minutes for pre-match warm-ups. The timer shall start the clock 20 minutes prior to the start of the contest. The time schedule for the pre-match warm-up shall consist of the following 20-12-7-2:

1. 20-17 minutes: Coin flip to determine serving and receiving teams.
2. 12-7 minutes: Serving team practices on the full court. Receiving team may practice ball handling outside the playing court.
3. 7-2 minutes: Receiving team practices on the full court. Serving team may practice ball handling outside the playing court.
4. Final 2 minutes: Both teams on the court practice serving over the net and receiving.

Individual Match Limitation
The athlete is permitted to play on only 16 regular season dates. A contestant who exceeds the limitations of regular season participation will become ineligible for district, state or any other additional IHSAA sponsored competition of that sport.

Rules
All contests will be played under National Federation rules. Rule books and case books are to be picked up and signed for by the school representative at the district rules clinic.

IHSAA Match Details
1. All varsity matches shall be best 3 of 5 sets.
2. Sets shall be played to 25 points, no cap, win by 2 points.
3. Fifth and deciding set shall be played to 15 points, no cap, win by 2 points.
4. Home team selects its team bench upon entering the facility, and visiting captain shall call the toss. If necessary, prior to the deciding set of match, home captain shall call the toss.
5. Each team shall be allowed 2 time-outs per set, with a total of 10 time-outs if 5 sets are played.
6. 18 substitutions
7. Use of the libero has been approved by the IHSAA Board of Directors. See the NFHS Volleyball Rules Book for specific applications for using the libero.
8. Season tournaments, pool play and tri-matches can play 2/3 to 25, no cap, win by 2 points; the 3rd set to 15, no cap, win by 2 points.
9. State tournament will use the 3 of 5 format.
10. Sub-varsity matches may use the 2 of 3 format.
Official Ball
Baden Perfection VX5EC (blue, grey and white)

2019 Volleyball Representation

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State representation is based on the percentage of schools in each district to create equality over a two-year period.

State Play-ins
Completion date: October 26

5A Play-in
3E Burley HS
5-6B 1:00 p.m. Mountain
October 26

4A Play-In
3C Gooding/Kimberly HS
4-5C 1:00 p.m. Mountain
October 26

3A Play-in
4B Pocatello HS
5-6B 1:00 p.m. Mountain
October 26

1A D1 Play-in
4-5B Timberline (B) HS
1:00 p.m. Mountain
October 26

1A DII Play-in
2B McCall-Donnelley HS
1:00 p.m. Mountain
October 26

2019 Pairings

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State Tournament
Dates: November 1-2
Sites: * TBD
5A * Coeur d'Alene HS
4A * Post Falls HS
3A * Lake City HS
2A Lakeland HS
1A D1 * Lapwai HS
1A DII * Lewiston HS

Coaches meeting – Thursday, October 31 – TBA