

Blackfoot School District
Guidelines for Opening Athletics and Activities during the COVID-19
pandemic.

OBJECTIVE: Pursue options to convene athletic events and participation in activities in ways that minimize the risk of COVID-19 transmission to participants/athletes, families, coaches and communities.

These guidelines are contingent on the Blackfoot School District Reopening Plan.

GUIDELINES FOR ALL COACHES AND PARTICIPANTS/ATHLETES

- Ensure that hand sanitizer is available at all contests and practices. Participants/athletes, coaches and officials clean hands frequently.
- Equipment wiped down as frequently as possible.
- Coaches are required to wear face coverings at all times when near athletes.
- All athletes/participants will be required to wear face coverings when not physically participating (i.e. locker rooms, warm-ups, training rooms, etc.)
- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable diseases.
- No shared water bottles, towels or other personal equipment.
- Stagger games and practices if possible (cleaning in between).
- Do not make any practice mandatory, emphasize the importance for individuals to stay home if feeling ill. Encourage parents to carefully monitor the health of their children.
- Coaches have access to thermometers if a participant/athlete is symptomatic. If any individual presents with a fever of 100.4 or higher, they will be referred to the Activities Director and/or the Administration for recommendations.
- No pre-game and post-game contact, such as handshakes/high-fives/fist bumps. Practice limited contact among athletes.
- Any coach or student athlete who has had a positive COVID-19 test should follow the Southeastern Idaho Public Health Department guidelines before they return to participate. Any documentation should be given to AD or AT. Coaches will follow IHSAA athlete re-entry guidelines.

GUIDELINES FOR EVENTS

- Coaches and other contest personnel required to wear face coverings during the events.
- Marked spacing and/or limit spectators to allow for appropriate physical distancing.
- Spectators will be required to wear face coverings at all events.
- Entrance and exit flow-paths established and marked for each athletic facility.
- Referees required to take their temperature before an event.

- Live streaming of games as much as possible <https://www.nfhsnetwork.com/>
- Coaches will follow specific sport guidelines produced by IHSAA.
- All bus passengers will be required to wear face masks and use hand sanitizer prior to boarding. Passengers will be expected to space out to the greatest extent possible. Windows will be cracked to promote air-flow.

GUIDELINES FOR TRAINING ROOM

- Signage for entry and exit of training room. All athletes wash hands upon entering.
- Trainers are required to wear face coverings.
- Taping provided in an alternate site beside the training room (i.e. hallway).
- Spread out the workspace in the training room. Only one student per treatment area.
- Physical distancing enforced and “Hygiene Basics” adhered to in all situations.
- Athletes will not be allowed to get ice out of the training room.

Guidelines for non-school use Activities

- Share re-opening and operational plans with other organizations that utilize school facilities.
- Require organizations that share or use school facilities to follow plans.

Illness Reporting

- If the organizers/medical personnel learn of suspected or confirmed cases of COVID-19 at the event, follow the public health notification process for all event participants/athletes, coaches, event staff, media, spectators and vendors.

Response

Any individuals that may have had direct exposure to the virus are expected to follow the Southeastern Idaho Public Health recommendations.

Call your medical provider if you:

- Are concerned you might have been exposed; and have a cough or shortness of breath or difficulty breathing; or
- At least two of the following symptoms:
 - Fever, Chills, Repeated shaking with chills, muscle pain, Headache, Sore throat, New loss of taste or smell, Diarrhea, Nausea, Vomiting
- If you do not have a medical provider call 2-1-1 for assistance.

If you are experiencing symptoms of COVID-19

- Stay home.
- Practice physical distancing.
- Practice good hand hygiene.
- Cover cough and sneezes.
- Wear cloth face coverings in public places.
- Disinfect surfaces and objects regularly.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- If the organizers/medical personnel learn of suspected or confirmed cases of COVID-19 at the event, follow the public health notification process for all event participants/athletes, coaches, event staff, media, spectators and vendors.

Resources

- Governor's Stages of Reopening: <https://rebound.idaho.gov/stages-of-reopening/>
- Idaho High School Activities Association (IHSAA) Guide(www.idhsaa.org)
- IHSAA Resource links
- Southeastern Idaho Public Health District: <https://siphidaho.org/coronavirus.php>
- CDC Guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- NFHS Guidelines