

BUHL SCHOOLS ATHLETICS & ACTIVITIES

Guidelines and Procedures for the 2020-2021 School Year



OBJECTIVE: Pursue options to convene athletic events and participation in activities in ways that minimize the risk of COVID-19 transmission to participants/athletes, families, coaches and communities. These guidelines are in alignment with BSD #412 Reopening Plan, Governor Little's Rebound Idaho Plan Stage 4, and the IHSAA Guidelines for Athletics for the 2020-2021 school year.

GENERAL GUIDANCE: If the Buhl School District is in Category 1 (Green) or Category 2 (Yellow) of its Reopening Schools Plan (conducting classes), the activity/athletic programs will operate according to the following guidelines. These are subject to change as the COVID 19 situation in the school district and/or community change.

GUIDELINES FOR ALL COACHES, PARTICIPANTS/ATHLETES

- Each activity program and the Athletic Director should ensure that hand sanitizer is available at all contests and practices. Participants/athletes, coaches, and officials should clean and disinfect their hands frequently.
- Activity/athletic equipment should be disinfected as frequently as possible.
- It is HIGHLY RECOMMENDED that coaches wear masks at all times when near athletes.
- It is HIGHLY RECOMMENDED that all participants and athletes wear masks when not physically participating (i.e. locker rooms, warm-ups, training rooms, etc.)
- Adequate cleaning schedules should be created and followed for all athletic facilities to mitigate the spread of viruses.
- No shared water bottles, towels or other personal equipment.
- BSD #412 emphasizes the importance for individuals to stay home if they are feeling ill. Parents are encouraged to carefully monitor the health of their children and to not allow them to participate in activities if they are feeling ill. .
- Coaches will screen athletes using the guidelines found in addendum 1 of the BSD reopening plan.
- No pre-game and post-game contact, such as handshakes, high-fives, or fist bumps. Teams will practice social distancing as much as possible before, during, and after competition.
- Any coach or student athlete who has had a positive COVID-19 test should be cleared by a doctor's note and/or released to participate by the Southcentral Idaho Public Health Department (208-737-5900). Notes should be turned in to AD.
- Coaches will follow [IHSAA athlete re-entry guidelines](#).

GUIDELINES FOR EVENTS

- It is HIGHLY RECOMMENDED that coaches and other contest personnel wear facemasks during events.
- All spectators will be encouraged to take responsibility to socially distance to protect themselves and others attending the same activities/athletic events.
- It is HIGHLY RECOMMENDED that all spectators wear face masks at all events.
- Hand sanitizer will be available at all entrances for spectators.
- Entrance and exit flow-paths will be established and marked for each athletic facility.
- Live streaming of games will be available in the Buhl HS gym. <https://www.nfhsnetwork.com/>
- Coaches will follow specific sport guidelines produced by IHSAA.
- It is HIGHLY RECOMMENDED that all athletes and activity participants wear face masks on buses traveling to events and that they use hand sanitizer prior to boarding. Passengers will be expected to social distance on the bus to the greatest extent possible. Windows will be opened as much as possible to promote air-flow.

GUIDELINES FOR TRAINING ROOM

- All people entering training room will properly sanitize their hands.
- It is HIGHLY RECOMMENDED that anyone entering and using the training room wear a face mask.
- Appropriate social distancing should be used throughout the training room. Only one student and one coach will be allowed in the training room at a time.
- Athletes are not allowed to get ice out of training room.

GUIDELINES FOR NON-SCHOOL USE OF FACILITIES

The use of school facilities by non-school organizations will be regulated by the risk category the school district is in according to the district's COVID 19 Operational Plan and by the South Central Public Health Department's Risk Level Assessment (updated weekly). When the status of the school district is in Category 2 (Yellow) or Category 3 (Red), no school facility will be available for non-school usage. When the district is in Category 1 (Green), any organization interested in using the school facilities will have to have a plan similar to the district's operational plan that includes providing for cleaning and disinfecting the facility and equipment used, social distancing by participants and spectators. Mask wearing will be HIGHLY RECOMMENDED.

RESPONSE AND RETURN TO PARTICIPATE

From Addendum 1 of the BSD Reopening Plan:

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19.

- Students who test positive for COVID-19 can return to school after the student is cleared to return to school by the student's physician, or
 1. It has been 10 calendar days since symptoms first appeared and
 - 3 days of no fever and/or use of fever reducing medication and
 - 3 days of symptom improvement
- Students who test positive for COVID-19 but do not have symptoms can return to school after:
 1. It has been 10 calendar days since the test was administered and
 2. There were NO symptoms within those 10 days

RESOURCES

- Governor's Stages of Reopening: <https://rebound.idaho.gov/stages-of-reopening/>
- Idaho High School Activities Association (IHSAA) Guide (www.idhsaa.org)
- Southcentral Idaho Public Health District: <https://www.phd5.idaho.gov/CoronaVirus/>
- CDC Guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- [NFHS Guidelines](#)

For up to date information visit the Buhl School District website at www.buhlschools.org