

All Stages – Stay home if sick, practice good hand hygiene, cover coughs and sneezes, and disinfect surfaces and objects regularly.

Green – Low to no spread

Yellow – Minimal to moderate spread

Red – High Spread

Health & Safety Measures:

Green:

- Coaches and players will be reminded about signs and symptoms of COVID-19 and basic safety measures can be taken
- Do not come to school if you have any COVID-19 symptoms:
 - o Fever of 100.4 F or higher
 - o Cough
 - o Sore Throat
 - o Difficulty Breathing
 - o Diarrhea
 - o Nausea
- Equipment should be cleaned periodically

Yellow:

- All coaches and athletes should be screened for symptoms of COVID-19 prior to a practice or contest. Screening includes a temperature check and checklist of symptoms and will be completed by the coaches of the respective sport
- Facemasks are required when entering and leaving gymnasium
- Participants should maintain social distancing of 6 feet, where possible, while listening to instructions, observing others, etc.
- Equipment will be cleaned after use prior to the next practice or contest
- Locker rooms cleaned and sanitized daily

Red:

- All coaches and athletes should be screened for symptoms of COVID-19 prior to a practice or contest. Screening includes a temperature check and checklist of symptoms and will be completed by the coaches of the respective sport
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- Individual Water Bottles allowed but no team water bottles
- Water fountain spigots and water troughs will not be utilized

Hosting Events Protocol:

Green:

- Attendance as normal
- Masks are not required

Yellow:

- Allow space between participants and avoid crowding
- Fans sit in every other row of the bleachers
- Facemasks are required by spectators when social distancing of 6 ft cannot be accomplished

Red:

- Sporting events are closed to the public. No Fans allowed.
- Locker rooms will not be utilized by teams
- Facemasks are required by coaches, managers, and athletes not participating on the floor

Transportation Plan:

Green:

- Facial coverings are not required for both bus driver and passengers
- School busses will be thoroughly sanitized daily

Yellow:

- Facial coverings are required for both drivers and passengers
- Socially distance when possible
- Varsity athletes will need to provide their own transportation to and from games in order to maximize amount of room on bus
- School busses will be thoroughly sanitized daily

Red:

- No school transportation will be utilized

Positive Covid-19 Testing Protocol:

Green:

- Athlete/coach should not come to school or practice and should isolate for at least 10 days from symptom onset and at least 3 days have passed since symptoms have improved without medication. Documentation from a medical provider clearing the athlete must be obtained by the school before the athlete can return to play.
- If your medical provider has determined a different illness other than COVID-19 and cleared your child to return to school, he/she may return.
- If your child has had close contact with someone testing positive for COVID-19, CDH recommends the following:
 - o You do not send your child to school until your child has isolated for 14 days and experiences no COVID-19 symptoms.
 - o If symptoms do present during the isolation period, follow instructions above for seeking medical guidance and possible testing for COVID-19.

Yellow: Same as Green

Red: Same as Green and Yellow