

# EMMETT SCHOOL DISTRICT ATHLETICS AND ACTIVITIES

## *Guidelines and Procedures for the 2020-2021 School Year*

**OBJECTIVE:** Pursue options to convene athletic events and participation in activities in ways that minimize the risk of COVID-19 transmission to participants/athletes, families, coaches and communities. These guidelines are contingent upon Categories 1, 2, 3 & 4 as outlined in the ESD 221 2020-2021 [Reopening Plan](#).

## GUIDELINES FOR ALL COACHES AND PARTICIPANTS/ATHLETES

- Ensure that hand sanitizer is available at all contests and practices. Participants/athletes, coaches and officials clean hands frequently.
- Equipment wiped down as frequently as possible.
- Coaches are recommended to wear masks at all times when near athletes.
- All athletes/participants are recommended wear masks when not physically participating (i.e. locker rooms, warm-ups, training rooms, etc.)
- Adequate cleaning schedules should be created and implemented for all athletic facilities to mitigate any communicable diseases.
- No shared water bottles, towels or other personal equipment.
- Stagger games and practices if possible (cleaning in between).
- Do not make any practice mandatory, emphasize the importance for individuals to stay home if feeling ill. Encourage parents to carefully monitor the health of their children.
- If any individual presents with a fever of 100.4 or higher, send home. When available, call for Athletic Trainer to check the athlete's temperature and make recommendations.
- No pre-game and post-game contact, such as handshakes/high-fives/fist bumps. Practice limited contact among athletes.
- Any coach or student athlete who has had a positive COVID-19 test should be cleared by a doctor's note or release note from the Southwest District Health Department (208-455-5300) before they return to participate. Notes should be given to AD or AT. Coaches will follow [IHSAA athlete re-entry guidelines](#).

## GUIDELINES FOR EVENTS

- It will be recommended that coaches and other contest personnel wear facemasks during the events
- Marked spacing and/or limit spectators to allow for appropriate physical distancing. It will be recommended that spectators wear face masks at all events.
- Entrance and exit flow-paths established and marked for each athletic facility.
- Coaches will follow specific sport guidelines produced by [IHSAA](#) and the [SIC](#).

# EVENT ATTENDANCE BY CATEGORY

<b>CATEGORY 1: Low to No Community Spread</b> <b>Traditional School</b>	<b>CATEGORY 2: Minimal Community Spread</b> <b>School Buildings Open with Guidance</b>	<b>CATEGORY 3: Moderate Spread</b> <b>Distance Learning and Face to Face Instruction</b>	<b>CATEGORY 4: Substantial Spread</b> <b>School Closures and Distance Learning</b>
<ul style="list-style-type: none"> <li>- Normal attendance limits</li> <li>- Masks encouraged</li> <li>- Physical distancing encouraged</li> </ul>	<ul style="list-style-type: none"> <li>- Limited attendance to allow physical distancing</li> <li>- Spectator areas marked for physical distancing</li> <li>- Masks encouraged</li> </ul>	<ul style="list-style-type: none"> <li>- Limited attendance to allow physical distancing</li> <li>- Spectator areas marked for physical distancing</li> <li>- Masks encouraged</li> </ul>	<ul style="list-style-type: none"> <li>- Athletic events cancelled</li> </ul>

## TRAVEL

- Health checks daily: Staff temperature taken when arriving at work and documented on current COVID-19 Screening Tool for Emmett School District. If feeling ill, stay home. A temperature above 100.4\* the staff member will be sent home and the building administrator notified.
- Provide hand sanitizer for students, bus drivers and bus attendants
- Bus drivers/attendants will wear face masks when students are on the bus
- Bus drivers will stand while unloading and loading at schools
- Students will be expected to wear face masks/coverings
- Clean and disinfect frequently touched surfaces daily
- Travel to games with bus windows down when temperatures outside permit
- Loading will be back to front
- Unloading will be front to back
- Utilize spaced seating to the extent practical

## RESPONSE

Any individuals that may have had direct exposure to the virus are expected to self-quarantine for 14 days and monitor symptoms, which may appear 2-14 days after exposure.

After 5 days from exposure, if no symptoms are present, the exposed individual can return if they have received a negative COVID test.

# RESOURCES

- Governor's Stages of Reopening: <https://rebound.idaho.gov/stages-of-reopening/>
- [Idaho High School Activities Association](http://www.idhsaa.org) (IHSAA) Guide([www.idhsaa.org](http://www.idhsaa.org))
- [IHSAA Resource links](#)
- Southwest Idaho District Health: <https://phd3.idaho.gov/covid19/>
- CDC Guidelines: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>