

**Assumption of the Risk and Waiver of Liability Relating to
Coronavirus/COVID-19**

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

The Filer School District (FSD) has put in place protective measures to reduce the spread of COVID-19; however, FSD cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending activities on the campuses of the FSD could increase your risk and your child(ren)'s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and on behalf of myself, my child(ren), and my spouse/co-parent of child(ren) voluntarily assume the risk that my child(ren) and I, and any member of my family, may be exposed to or infected by COVID-19 by attending activities on FSD campuses and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 while on FSD campuses may result from the actions, omissions, or negligence of myself and others, including, but not limited to, FSD employees, agents and representatives, volunteers, program participants and their families and/or any other individual who may be present upon school property or in attendance at any school activity.

I voluntarily agree to assume, on behalf of myself, my child(ren), and my spouse/co-parent of child(ren) all risks and accept sole responsibility for any injury to my child(ren), myself and any member of my family, (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I, my child(ren) and/or members of my family may experience or incur in connection with my child(ren)'s attendance in activities or participation in FSD programming ("Claims"). On my behalf, and on behalf of my children and/or members of my family, I will advance no claim and I hereby release, covenant not to sue, discharge, defend, indemnify and hold harmless the FSD, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of FSD, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any FSD activity.

Additionally it should be noted that the laws of the state of Idaho provide for numerous immunities for schools should something occur to a student or to the family of a student as a result of activities on school property. In addition to this Agreement, these immunities remain intact.

I agree that my child will act in conformance with all safety and sanitation requirements, as well as all social distancing and mask requests. I understand that if my child fails to follow these regulations the ability of my child to participate may be suspended, revoked or otherwise negatively impacted.

To prevent the spread of COVID-19 your participation is important to help us take precautionary measures to protect you, your child(ren) and everyone on campus. If you child has been in close contact or been diagnosed with COVID-19, please honor quarantine standards and not have your child present at or participating in school activities. If you child has been diagnosed with COVID-19 FSD requests that you follow current guidelines upon returning to participation. Likewise, if your child is ill, please do not expose the school's students and personnel to your child's illness.

If a student is not feeling well, they will be separated and asked to go home.

NOTE: Activities may be suspended consistent with CDC guidelines, if community spread of COVID-19 is identified in the region.

Fall Sports Covid Protocol and Procedure

The Filer School District realizes that the physical and mental well-being of its students is essential to their success. We strongly believe in the return to physical activity and athletic competition of our student athletes. In doing so we understand we must put the safety of everyone involved in these activities first.

Our Guiding Principals

1. Health and Safety of Student Athletes, Coaches, Officials, Game Administration, Fans
2. Participation of Student Athletes
3. Financial Implications
4. District/State Tournaments

All Stages – individuals should continue to: Engage in physical distancing of at least six feet, wear face coverings in public places, stay home if sick, practice good hand hygiene, cover coughs and sneezes, and disinfect surfaces and objects regularly.

Sanitation:

- Sanitize hands often. Sanitization of hands is recommended every 15 mins.
- Cleaning facility after training sessions/event will happen nightly
- Sanitize equipment (before and after use)
- Keep same kids in same groups when possible

Symptoms and Testing of Student-Athletes

Parents need to keep kids home if they have any symptoms, even if they do not think it is related to Covid. If coaches, feel that an athlete is not feeling well they will be asked to separate and to stay home.

Separation and/or Sent/Stay Home Criteria

Students who exhibit the listed symptoms will not be allowed in school. Should the symptoms develop at school, the student will be isolated until he or she can be picked up.

- Fever
- A cough or shortness of breath or difficulty breathing

Two or more of the following:

- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

1. If a student-athlete develops symptoms, gets tested, and the test comes back **positive**.
 - A. Student-athlete will be required to quarantine at home for a minimum of 10 days.
 - B. They may return after the 10-day period PLUS 3 days no fever PLUS improved symptoms.
 - C. Student-athlete will be required to have a physician's clearance prior to return.
2. If a student-athletes develops symptoms, gets tested, and the test comes back **negative**.
 - A. Student-athlete will be cleared to return to practice upon providing documentation of a negative test result or a doctor's clearance note. Student must also be symptom free.
3. For student-athlete(s) that were in **close contact** with the symptomatic/positive student-athlete.
 - A. Any student-athlete that was *within 6 feet contact for longer than 15 minutes* are **encouraged** to quarantine for 10 days from the last day they were exposed to the symptomatic/positive student-athlete. This will be determined on a case by case basis with CDC guidance.

1. If no symptoms occur, student-athlete will be able to return. Physician's clearance will not be required.
 2. If symptoms occur that student-athlete will be encouraged to get tested or quarantine for a minimum of 10 days.
- B.** Any student-athlete(s) that was *within 6 feet contact for less than 15 minutes* will **not** be required to quarantine. They will be monitored by Athletic Trainer for 10 days for signs and symptoms.
1. If symptoms occur, student-athlete will be encouraged to get tested or quarantine for a minimum of 10 days.

Return to Play - After the athlete has quarantined

3 Day gradual return - After we have received clearance from the student-athletes physician.

Day 1	30 minutes of aerobic activity (stationary bike, jogging, running bleachers)
Day 2	Non-contact sport specific practice
Day 3	Full practice (with possible adjustments)

**** Know that each individual case will be treated as such ****

Practice protocol

- Follow all guidelines if athletes (or coaches) are not feeling well. Do not come to any event.
- In FSD Yellow stage face masks are required when social distancing cannot be maintained. Masks are **NOT** required for players and coaches during exertional activities. - need to bring your own mask.
- In the interest of social distancing and stopping the spread, **spectators/fans are NOT allowed to attend practice.**
- Athletes must bring their own water bottles.
- Scrimmages at practices - No more than 15 min without a break up.
- Locker rooms will be available but only 20 individuals at a time may be in the locker room, with a time cap of 15 minutes or less.
- Athletic Training Facilities - please see training room protocol below.
- Coach may enter to get ice and water. When getting water or ice coaches must first wash hands and sanitize scope before and after use.

Gym Use:

Enter/Exit strategies so there is limited contact or crossover of groups.

- Entrance into gyms and weight room (make sure groups do not cross if possible)
 - For the gyms – enter main door on the south side posted entrance at the front of main gym or at times entry may be through the weight room. Exit through the north doors at the end of the court.
 - For football locker rooms – Enter on the football side and leave through the doors to back practice field.
 - For weight room – enter weight room door by back door when possible.

Weight Room use:

Enter and Exit strategy, groups not crossing.

- Clean and disinfect before and after, wipe or spray equipment - 5-minute dry time.
- Spread out your stations, small groups, stay 6 ft away.
- Manage and plan how to spot for physical distancing.
- Spotting= Be safe, but then physical distance. Masks are always required.

Travel restrictions -

If a bus is provided by the team or athletic department the following steps will take place:

- Hand sanitation is required before boarding the bus.
- If Everyone on the bus can sit in their own seat NOT required to wear a mask.
- Masks required if social distancing cannot take place and only 2 people to a seat.
- Load back to front.
- Unload front to back.
- Several windows are down for circulation purposes.
- Social distance as much as possible.

Coaches and Staff-

GREEN-

- All employees of Filer School District will always be required to wear masks unless social distancing can be adhered to or engaging in exertional activities.
- All coaches are encouraged to always wear a mask unless social distancing can be adhered to or engaging in exertional activities.

Yellow-

- All coaches will always be required to wear masks. Masks will not be required while engaging in exertional activities.

Head coaches are required to ensure that all guidelines are followed by all assistant coaches and players.

After each session coach will be responsible to wipe down all areas that have been used/touched during a training session.

Spectators/Fans-

GREEN-

- All are encouraged to wear masks and social distance. When social distancing is not possible wearing of a mask is strongly encouraged.

Yellow-

- Indoor facilities
 - Masks will always be required social distancing when possible is encouraged.
- Outdoor facilities
 - Masks will be required if you chose to sit in the stands
 - Masks will NOT be required if you are not sitting in the stands and can maintain social distancing.
 - If social distancing cannot be maintained masks will be required.

Athletic Training Room (ATR) Policy for COVID-19 Considerations

ATR specifics regarding capacity, and treatments:

- Only one athlete will be allowed in the training room at a time with the athletic trainer.
- Masks are always required while seeing the AT
- Access to the ice machine should be limited to the AT and coaches/teachers. No free access to ice or hydration.

***These guidelines are subject to change based on CDC recommendations, State of Idaho recommendations and IHSAA guidelines.

