

## **Gooding School District Athletics**

### **COVID-19 Protocols and Return to Play**

#### **Plan & Guidelines**

- Assumption of the risk and waiver of liability relating to coronavirus form must be signed/agreed upon by all athletes and parents/guardians of athletes who wish to participate in athletics during the 2020-2021 seasons. This form can be completed on registermyathlete.
- Student athletes will provide their own hydration source and will not share hydration sources. Gooding Schools will not provide water bottles, water tanks, and/or jugs. (exception; football due to players not being able to leave field on a timeout to retrieve water bottles)
- Athletes, coaches, and other staff alike will wash/sanitize their hands on a frequent basis during the day, practices, and events.
- Entrances and exits for visiting and home teams will be designated as follows; visiting teams will enter through the north side of the gym and will enter the locker area using the north stairs. Home teams will enter through the south main entrance door and use the south stairs to enter the locker area.
- All spectators/fans must leave the playing areas immediately after the games. No gatherings of individuals on or around the playing areas will be allowed.
- Signage for general COVID-19 preventative practices will be posted near the entrances of all athletic facilities.
- Hand sanitizing stations will be provided at various convenient locations by Gooding School District, for use by all athletes, coaches, support staff and fans.
- In the event that a student-athlete, coach, or support staff is feeling ill it is recommended by Gooding School District that individual stay home and not return to play/coach until he/she is feeling well again.
- In the event that an athlete, coach, or support staff individual tests positive for COVID-19, he/she shall not return to practices or events until released by a medical professional for return.
- Masks are recommended, but not required by GSD.
- We encourage all fans and spectators to maintain social distancing in accordance to the 6 ft rule.
- Coaches and support staff will sanitize equipment on a daily basis.
- Masks, gloves, and hand sanitizer will be provided to game help operators i.e., clock operators, ticket takers, if they so desire to use those PPE items.
- Concessions will not have any self-serve areas, and will be hiring part time staff to operate concessions. Food will be prepared for “just in time” service. All condiments and utensils will be prepackaged. There will be signage for social distancing, and hand sanitizing stations for patrons upon arrival at the order window of concessions.

- GSD athletics will continue to monitor the COVID-19 pandemic and modify all plans and guidelines based on the State of Idaho's Rebound plan and the IHSAA and NFHS guidelines.

### **Cross Country**

- Cross country athletes will maintain social distancing during practice by observing the 6 ft. rule as much as possible.
- Gooding High School hosted cross country meets, we will encourage schools to social distance during wait times between races. Starting groups will be staggered as much as possible to also allow for social distancing.
- Gooding High School may restrict the number of teams from attending Gooding meets to limit large gatherings of people.

### **Swimming**

- Swimming athletes will maintain social distancing during practice by limiting the amount of swimmers in each lane as much as possible.
- Pool facilities will be maintained at a hygiene standard based on the Gooding Recreation District guidelines.
- Gooding High School swim team will assist in cleaning and sanitizing the pool facility as much as needed.
- Gooding High School swim team will abide by NFHS and IHSAA recommendations when attending competitions.

### **Soccer**

- Soccer athletes will social distance as much as possible during practices.
- Soccer athletes will be released in ample amount of time to allow for them to arrive to the soccer field before fans and/or the visiting team arrives.
- All fans and athletes will enter through the main gate to the soccer field at staggering times.
- After the game has concluded, opposing teams will line-up as if they were to shake hands after the game, but instead maintain 6 ft. distance and wave or greet each other verbally instead.
- If a visiting team needs to use our locker room, they will enter on the north side of the gym and access the locker room via the north stairwell.

### **Football**

- Individual water bottles supplied by the player at every practice and for the sideline during games
- During timeouts, water jug with disposable cups on a table.
- Each cup will only have 1 use and then be thrown away into a trash can in the huddle

- Water boy will wear gloves, and be encouraged to wear a mask
- Balls will be wiped down after each change of possession.
- Player's box will be extended to the 10 yard lines to encourage distancing as per IHSAA recommendations.
- Timeouts will be extended to 2 minutes as per IHSAA recommendations.
- All non-player/coach personnel will not be permitted on the sidelines (except trainer and administrator) including: cheer/dance, photographers, fans, etc... as per IHSAA recommendations.
- Other recommendations that to relate to gameplay from the NFHSA/IHSAA may be followed.
- Post-game, the opposing team will be allowed to exit completely followed by the home team.
- Instead of shaking hands, players from opposing teams will stand at mid field and raise their helmets.
- Teams will use the back gate behind the bleachers at ALL times to minimize exposure.

### **Volleyball**

- Visiting teams will enter from the north entrance and use the north stairs to go to the locker room.
- The home team will use the south stairs to go to the locker room.
- The bleachers will have a distinguishing tape down the middle of them. The east side will be marked for visiting fans and the west side will be marked for home fans.
- The team benches will be moved to the north side of the gym. The chairs will be spaced 3-6 ft apart with the scores table being 6 ft. from either bench.
- Visiting score keepers and libero trackers will not sit at the scores table.
- We will not be providing water in coolers. Players will be responsible to supply their own water bottles and will not be allowed to share.
- Hand sanitizer will be available at the scores table. Extra balls will be kept at the scores table and rotated every game after being sanitized.
- At the conclusion of the games cleanup will be assigned to players. Those not involved will be sent home. All players when done with putting equipment away will be sent home immediately as well.

### **Cheerleading**

- Cheerleaders will social distance as much as possible.
- Stunting and tumbling activities will be limited.
- During football games cheerleaders will cheer from the north end zone to allow for social distancing.
- Cheerleaders will not travel to away games to limit exposure and total numbers at events.

### **Transportation**

- Parents/legal guardians, **and only them**, may choose to transport their child to away games/events.
- Must complete liability waiver on registermyathlete (it is now uploaded and ready to go)
- The parent/legal guardian must sign them in when they get to the away contest location with a hired school district coach.
- If the parent/legal guardian does not sign them in, they will not be allowed to play.
- There will be bus transportation provided for others that need it. Masks and social distancing on buses is recommended.

**\*\*Subject to change according to future guidelines from the IHSAA and the State of Idaho**