



## Valley School District #262 Fall Home Activity Plan



Our plan for hosting athletic events during the 2020 fall season will be outlined below. We offer boy & girls cross country, football, and volleyball. This plan has been developed with input from students, parents, administration, school nurse, and local health department recommendations.

### Green Category Athletic Events

- I. Cross Country
  - a. All event workers will wear PPE and have immediate access to hand sanitizer
  - b. Teams will stay in their designated team areas before and after races
  - c. MS & HS meets will be run on separate days to limit participant numbers
  - d. JV races will be added to limit the number of participants on the start line
  - e. Team chutes will be used on the start line to separate teams
  
- II. Football
  - a. All personnel (ticket takers, scoreboard operators, etc.) will wear PPE and have immediate access to hand sanitizer at all times
  - b. Social distancing will be required for all fans. Based on past attendance records, the football stadium has adequate size for games
  - c. We will also allow senior citizen parking next to the field so those high risk fans can stay in their vehicles
  - d. Families will be encouraged to sit on grass hill next to the bleachers to create greater social distancing possibilities
  - e. Team area will be extended to the 10 yard lines
  - f. Two game balls will be used with sanitation procedures during dead ball situation
  - g. Players will have their own water bottle and towel, no sharing
  - h. Only coaches and players will be allowed on the sideline (managers & statisticians will remain on the track behind the team area)
  - i. Pre and Post game handshakes with the opposing team will be eliminated
  
- III. Volleyball
  - a. All personnel (ticket takers, scoreboard operators, etc.) will wear PPE and have immediate access to hand sanitizer at all times
  - b. Social distancing will be required for all fans. Based on past attendance records, the gymnasium has adequate size for games
  - c. Warm-up recommendations from District IV officials will be followed (Each team gets 7 minutes on net to hit and serve, no shared time)
  - d. No switching sides between games
  - e. Two game balls will be used with sanitation procedures during dead ball situation
  - f. Players will have their own water bottle and towel, no sharing
  - g. Pre and Post game handshakes with the opposing team will be eliminated

- IV. Transportation
  - a. Students will sit one person to a seat when possible
  - b. If two students must sit together they will first be a family member when possible or another cohort they have already spent time with at practice and school

**Yellow Category Athletic Events** (all protocols from the Green category will be followed with the addition of those listed below)

In this category, our district requires face coverings for anyone inside the school building, as well as, any setting where appropriate social distancing cannot be achieved. This applies to typical school hours, as well as, extra curricular events.

- I. Cross Country
  - a. Meets will be limited to 5 teams or fewer with spectators in attendance
  - b. If more than 5 teams are involved spectators will not be allowed
  - c. No course preview
  - d. Coaches from each school will time their own teams to eliminate interaction with event staff at the finish line
  - e. If chip timers are used, athletes will return to their designated team area to remove the chip and place it in team bag
- II. Football
  - a. Coaches and players not participating will be encouraged to wear face coverings on the sideline if appropriate distancing cannot be achieved
  - b. Visiting teams will not use locker rooms if traveling less than 50 miles
  - c. Fans will be limited to 1/3 stadium seating capacity for both visiting & home side
- III. Volleyball
  - a. Face coverings will be required from everyone inside the school building (this includes coaches and players not currently on the court participating)
  - b. Tri-matches will be run in two gymnasiums, not simultaneous courts in main gym (varsity in new gym, JV in old gym)
  - c. Visiting teams will not use locker rooms
  - d. Fans will be limited to 1/3 gymnasium seating capacity
- IV. Transportation
  - a. All players & coaches will wear face coverings on the bus

**Red Category Athletic Events** (all protocols from the Green & Yellow category will be followed with the addition of those listed below)

- I. Cross Country
  - a. Outside competition will be postponed
  - b. Practices may be postponed at the districts discretion

- II. Football
  - a. Outside competition will be postponed
  - b. Practices may be postponed at the districts discretion
- III. Volleyball
  - a. Outside competition will be postponed
  - b. Practices may be postponed at the districts discretion
- IV. Transportation
  - a. No transportation needed

### **Positive Test Protocol**

Students are given a screener at the beginning of each school day. Coaches ask the same questions prior to practice. If symptoms are reported student-athletes must see our school nurse for further evaluation. If it is determined that they have two or more symptoms, they are then required to see a medical provider or self isolate for 10 days. The medical provider will either sign a return to school/play form or recommend COVID testing. If a positive test is reported school administration will determine the exposure to other teammates. If another member of the team or a member of a different team is considered a close contact of the positive case, they will be contacted by the health department and instructed accordingly.

If multiple cases occur, we will coordinate with the health department in order to determine if a temporary suspension of practice for an entire team or cancellation/postponement of games is necessary.

### **Return to Participate Protocol**

A player, coach, or staff member that has had a positive test may return to normal activities with the team 11 days after their first recorded date of symptoms. Any other staff or team member identified as a close contact may return 15 days after their last date of contact with the positive case.

### **Additional Requirements**

- Waiver of Liability must be signed by all parents for students who will be participating in extra-curricular programs during the school year. Form must be turned in prior to participation.
- Coaches will be asked to monitor students at practice and any students reporting symptoms from our daily screener will be asked to leave practice.
- Sanitation stations will be set up in the weight room, gyms, and locker rooms. Facilities will be cleaned & sanitized twice a day by district staff.