

West Ada School District

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Fall Activities/Athletics Implementation: 2020-2021

OBJECTIVE: Create options that support athletic events and participation in activities with protocols that will mitigate the risk of Covid-19 for participants, families, coaches and communities. This document has been created in cooperation and guidance from the Governor's Office, IHSAA, Central District Health, and district athletic directors, principals, and coaches. Parent and student athlete input was reviewed and incorporated where possible.

PLAN: According to the Idaho High School Activities Association's Guidance for Opening Up High School Athletics and Activities, each district/high school is required to have its plan approved by the local school board. They are asking for the following questions to be answered:

1. All schools who host events are required to have a plan in place for fans and team's attendance. This must include reference to the Governors reopening guidelines for Stages 1, 2, 3 and 4. Each district's school board, in conjunction with guidance from the local health department must approve the plan before games can be hosted.

a. School districts may use the Governors reopening guidelines or come up with guidelines of their own, in conjunction with guidance from the local health department. 2. A transportation plan, when applicable, for practices and games.

3. Plan to deal with positive test of student athlete or coach involved directly with the program formulated in conjunction with the local school board and local health department.

4. Return to participate plan formulated in conjunction with the local school board and local health department.

The Fall Activities/Athletic Plan is for all extra-curricular activities that are sponsored by the West Ada School District (WASD). Participation is the choice of each student and is not a requirement.

WASD will follow the [Rebound Idaho Youth Sports Stages](#) plan with CDH guidance when determining when team and fan participation may occur. Based on Rebound Idaho stages, WASD extra-curricular activities may do the following:

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REBOUND PLAN	ALLOWED	# OF PARTICIPANTS	WHO WILL ATTEND	CDH RECOMMENDATION
STAGE 1	Small Groups	Less than 10	Players/Coaches	Category 3
STAGE 2	Team Practices	Less than 50	Players/Coaches	Category 3
STAGE 3	Competitions	Max of 2 teams	Players/Coaches/Essential Personnel	Category 3
STAGE 4	Competitions	Limited fan based on facility capacity	Players/Coaches Essential Personnel/Parents of Participants	Category 2

Game Management Plans: Based on CDH recommendations, WASD will allow the following individuals into games:

Green: Stadium/Gym capacity will be no more than 28% based on max capacity. The total number will include all participants.

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Yellow: Participants, coaches, essential personnel (game officials, medical staff, event staff and security) and parents.

Red: Participants, coaches, essential personnel (game officials, medical staff, event staff and security)

All WASD schools will create individual school plans using the following criteria to help ensure a safe and secure environment:

- Limit attendance based on current Rebound Plan Stage
- Set clear expectations for physical distancing
- Require masks
- Sanitation measures will be available to all in attendance
- Minimize interaction for ticket sales
- Limit options for concessions
- Identify high congestion areas
- Designated entrance and exit plans for spectators

A signed Parent Pledge will be required to attend events.

Transportation:

WASD transportation procedures will be followed, which includes athletes being able to self-transport. If busing is needed for extra-curricular activities, the following should be considered:

- Masks will be worn
- Windows should be open
- Bus will be loaded back to front (2 per seat)
- Hand sanitizer will be used when loading and unloading the bus (provided by team)
- Consider shuttling students if practical
- Bus drivers will sanitize the bus before and after use

COVID-19 Procedures:

Health and Safety Guidance

Last Revised: August 24, 2020

Utilizing existing processes for communicable diseases, positive COVID cases, knowledge of an individual who has received a COVID test and is awaiting results, individual who has been instructed to self-isolate or quarantine, or the knowledge of an exposure, will be reported to the Health Services department with consideration of the following:

- Confidentiality with ADA and HIPAA will be maintained
- Staff member contacts school nurse. School nurse will follow Health Services process for handling of communicable diseases
 - Athletics – Staff member will notify ATC/AD in addition to school nurse
- Independent decisions regarding COVID processes, decisions to quarantine, medical advice and/or communications will not occur.

There are two decisions to make:

1. Navigating the impacted individual(s) through recommended health process
2. Activity/Team Operation Decision(s)

Decisions to be Made

Individual Positive Case	Activities/Team Operations
Health Services will follow existing protocols for managing students and staff. Health Services coordinate with local public health authority. Central District Health contact assigned to WASD is Gina Pannell. Her contact	Activities/Team decisions Activity/Team plans will utilize the Decision-Making Framework with consideration of the following: a. Idaho Health and Welfare and Central District Health will provide input to the community level of transmission.

<p>information is gpannell@cdh.idaho.gov and 208-327-8524.</p> <p>Health Services will begin to identify anyone who may have been in close contact with the individual confirmed or suspected of having COVID.</p> <ul style="list-style-type: none"> • Close contact = less than 6ft for more than 15min. • CDH will work with Health Services on recommendations of possible scenarios for course of action. • Health Services will collaborate with CDH to determine process for notifying close contacts and instructions for staying home and self-monitoring symptoms. (Example: CDH may reach out to close contacts via phone for an official notification and the school will disseminate a letter to the school community informing them of the situation.) <p>Confidentiality with ADA and HIPAA will be maintained.</p> <p>Health Services will utilize CDH decision trees for "Illness for Students"/"Guidance on COVID-19 Exposure." <i>See separate documents.</i></p> <p>Illness Decision Tree for Students</p>	<ul style="list-style-type: none"> b. Consideration of contact tracing and surveillance of positive case(s) c. The extent of exposure risks d. Number of positive cases e. Current absenteeism rates for students and staff f. Current Operating status of local healthcare resources (concern for overwhelming these resources) g. Additional Considerations <p>Course of Action Scenarios</p> <p>Recommendations will be given on a case-by case basis and could include the following:</p> <ul style="list-style-type: none"> a. Exposure to others in the activity or team was minimal, no close contacts were identified, and positive case should self-isolate and return once criteria to discontinue home isolation and quarantine have been met. b. Exposure to others in the activity or team was moderate, a handful of close contacts were identified, and positive case and close contacts should stay home for isolation. c. Exposure to others was severe, multiple close contacts were identified and risk of exposure to larger group warrants a shutdown of activity or team. <p>(1) A short-term dismissal of participants and most coaches for 1-2 days may be recommended:</p> <ul style="list-style-type: none"> a. Initial short-term dismissal allows time for the local health officials to gain a better understanding of the COVID-19 situation impacting the school. This allows the local health officials to help the school determine appropriate next steps, including whether an extended dismissal duration is needed to stop or slow further spread of COVID-19.
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<p>All communication will flow through Health Services and Communication departments, and will include:</p> <ul style="list-style-type: none"> • Outline of intended response efforts • Message countering potential stigma and discrimination 	<ul style="list-style-type: none"> b. Local health officials' recommendations for the scope (e.g., a single programs, multiple programs, or entire athletic departments) and duration of program dismissals will be made on a case-by-case basis using the most up to-date information about COVID-19. c. Encourage and practice physical distancing measures. <p>Extended Athletic/Team dismissal may be recommended</p> <p>(2) Confidentiality with ADA and HIPAA WILL be maintained</p> <p>(3) Communicate with staff, parents, and students regarding dismissal decisions and possible COVID-19 exposure.</p> <ul style="list-style-type: none"> • Communication must be coordinated with WASD Communications Officer • Include messages to counter potential stigma and discrimination • Maintain confidentiality • Outline intended response efforts <p>Please refer to the following address for more info and details: https://cdh.idaho.gov/dac-coronavirus-resources.php</p>
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Return to Play:

Based on CDH guidelines, individuals will work with WASD Health Services to determine return to play. (this could include a medical note from a health provider). See link below for clarification.

[CDH Guidance of Covid-19 Exposure Document](#)

Expectations:

WASD Schools will follow IHSAA guidelines with sports specific Covid-19 guidelines. See link. [IHSAA Fall Guidance](#)

Parents:

- Focus on their child's health.
- Restrict child's attendance due to Covid-19 symptoms.
- Communicate with coaches on child's health.

Players:

- Will not attend school, practice or games if showing Covid-19 symptoms or have been in contact with an individual that has been diagnosed with Covid-19.
- Will do what is best for the team by:
 - Practicing physical distancing
 - Wearing a mask when difficult to physically distance
 - Washing hands and sanitizing often

Coaches:

- Will stagger practices and games to minimize the number of participants at one time.
- Will ask health guided questions to students before each practice to check for Covid-19 symptoms.
 - Symptoms may include:
 - Sore throat
 - Congestion or runny nose (sniffles)
 - New loss of taste or smell
 - Headache
 - Dry cough
 - Fatigue
 - Difficulty breathing
 - Fever
 - Muscle or body aches
 - Nausea or vomiting
 - Diarrhea
 - Have you been in contact with anyone that has been diagnosed with Covid-19?
- Will send students home that exhibit symptoms.
- Will expect physical distancing and sanitation practices including washing hands.
- Will wear masks at practices and games.
- Will ensure cleaning and disinfecting of equipment.

Restrooms and Athletic Training Rooms:

- All WASD Athletic Training Rooms will develop procedures to create safe use of athletic training rooms based on individual school setup.

- Entrance/Exit protocols
- Physical Distancing
- Disinfect equipment and facilities
- Restrooms and locker rooms will be disinfected on a regular basis during games/activities.

Visiting Team Information:

A travel plan will be created by each buildings AD for participants and spectators of a visiting team. This will be shared prior to any team traveling to a WASD school. The activity director will communicate WASD requirements with the athletic director of the visiting school so they can make fans aware of expectations.

Official/Referee Protocol and Safety:

The safety of our officials is a priority, as noted in the safety protocols identified below. These WASD protocols will be provided to each official prior to each contest.

Official Protocols

- Made aware of where to enter and exit
- Assigned changing rooms that support physically distancing
- Hand sanitizing methods will be available
- Provided with a copy of the “travel plan” for that specific venue of that school