

West Jefferson School District Athletic COVID-19 Plan

IHSAA SCHOOL REQUIREMENTS

1. All schools who host events are required to have a plan in place for fans and team's attendance. This must include reference to the Governors reopening guidelines for Stages 1, 2, 3 and 4. Each district's school board, in conjunction with guidance from the local health department must approve the plan before games can be hosted.

a. School districts may use the Governors reopening guidelines or come up with guidelines of their own, in conjunction with guidance from the local health department.

2. A transportation plan, when applicable, for practices and games.

3. Plan to deal with positive test of student athlete or coach involved directly with the program formulated in conjunction with the local school board and local health department.

4. Return to participate plan formulated in conjunction with the local school board and local health department.

Implementation plan is for Categories 1,2 and 3. If the school enters Category 4, the sports season will be put on hold and/or cancelled.

Basic Safety Measures for Teams

Category 1 - Green (Low to No Spread in School or Community)

Coaches and players will be taught/ reminded about signs and symptoms of COVID-19 for screening purposes and basic safety measures that can be taken.

A. Do not come to school, practice or game if you have any COVID-19 symptoms:

- Fever of 100.4°F or higher
- Cough
- Sore throat
- Difficulty Breathing
- Diarrhea
- Nausea

1. Transportation to games will be as normal, with following recommendations:

- Wearing a mask is encouraged but not required when on the school bus
- When possible, one student per seat.
- No "community" care packages where students share food/drinks.

2. Practices can be held as normal, with the following emphasis:

- Stagger practices between levels as much as possible.
- Limit time athletes spend together in locker rooms or in groups socializing before and after practice.
- Athletes must provide their own water bottles. Shared water could result in quarantine. Outdoor hydration systems may be used.
- All equipment must be sanitized daily. Football pads must be disinfected at the end of practice once a week.
- Limit group time where coach is talking to players that is not “instructional” to 2-3 minutes.
- Hand Sanitizer will be provided and athletes should use before practice.

3. Games will be held as normal, with fans included.

- Wearing of masks for fans will be encouraged but not required.
- All employees coming into contact with fans will be required to wear masks.
- Concessions will be provided.
- Practice social distancing when possible (6 feet)

Category 2 - Yellow (Minimal Community Spread/School in Session)

1. Transportation will take place with mandatory face masks and single seating
 - a. Parents will have right to transport OWN child to and from games with notification in school office.
 - b. No after game dinner or food stops on the way home.
 - c. Windows on bus will need to be opened slightly for air flow.
 - d. All coaches and athletes will have temperature taken by coaching staff before leaving on the trip
 - i. Temperature exceeding 100.4 degrees will not be allowed to travel and participate.
2. Practices
 - Indoor practices are off limits to everyone except coaches/players.
 - Coaches are encouraged to limit physical contact (scrimmaging/contact drills) amongst athletes to 30 minutes per day.
 - Coaches will need to wear masks any time there is face to face dialogue with an athlete.
 - Masks required for any Coach/Players meeting that lasts more than 15 minutes.
 - Athletes must provide their own water bottle. Outdoor hydration systems MAY NOT be used.

3. Home Games

- Masks will be mandatory for all fans and game personnel.
- Concessions will not be provided
- Teams of outdoor sports will be encouraged to not use locker room facilities except for before and after games, and only to use them for changing clothes.
- Visiting teams will be notified as early as possible that masks are mandatory.

Category 3 – Orange (Jefferson County Spread Outside West Jefferson School District Boundaries; School NOT Closed)

1. Transportation to will take place with mandatory face masks and single seating.
 - a. Parents will have right to transport OWN child to and from games with notification in school office.
 - b. No after game dinner or food stops on the way home.
 - c. Windows on bus will need to be opened slightly for air flow.
 - d. All coaches and athletes will have temperature taken by coaching staff before leaving on the trip
 - i. Temperature exceeding 100.4 degrees will not be allowed to travel.
2. Practices will be allowed with no physical contact (drills only) and limited to one hour.
 - Temperature of each athlete must be taken and recorded by a coach before they are allowed to be at practice facility.
 - All practice clothing must be taken home each night and washed. When possible, different clothes should be worn each day.
 - All coaches and must wear masks during entire practice.
 - No entire team meetings or talks may take place where athletes are within six feet of each other.
 - “Team” water breaks are discouraged; allow athletes to get drinks individually to allow social distancing.
3. Games will be allowed with no spectators.
 - Administration, game officials and clock/scorekeeper only.
 - Schools can have one person filming game, but it is encouraged that be an athlete on a different level team.
 - Social distancing mandatory for athletes in stands watching different level (Varsity players watching JV game)
 - Playing of contest will be agreed upon by Superintendents of both school districts.
 - There will not be any tri-matches or multiple school events during this category.

Category 4- Red (Community or School Outbreak; School Not in Session)

**** All practices and games will be postponed or cancelled ****

Positive COVID-19 Test within Athletic Department

1. Any Coach or Athlete that tests positive will be quarantined for a minimum of 14 days or until a doctor confirms a negative test.
 - a. A negative test must take place at least 7 days after original positive test.
2. A Coach or Athlete that lives in a home of someone who tests positive will be quarantined for a minimum of 3 days and must test negative before returning to team.
3. If two or more players test positive and are quarantined at the same time, the rest of the program will be shut down for 7 days. Practices will be cancelled and games will be postponed or cancelled.
4. COVID testing is the responsibility of the parents/guardians of the athletes and WILL NOT be provided by West Jefferson School District.
5. Data provided by the East Idaho Health Department will be the information that is used, and mandates from the department will supersede all decisions made by the administration of the West Jefferson School District.