

General Guidelines for Whitepine League

For Fans – The Whitepine League asks that you physically distance yourself from others when attending sporting events. If you cannot safely physically distance, you are strongly encouraged to please wear a mask, for the safety of our players, coaches and others in attendance. Thank you for our cooperation and understanding.

Individual schools may require the wearing of masks for their sporting events given different health requirements in their community. IF a school is in the Yellow stage, masks will be required at all sporting activities. As the stages change, requirements will follow based on school protocols in conjunction with regional health. AD's will be communicating weekly with schools to get the most current information to let fans know what to expect when traveling to other schools.

Fans are strongly encouraged to stay on their own side of the field or gym and limit interaction with people from other communities.

A reminder to physical distance when using the restrooms. Recommend additional restroom facilities at outside venues.

No occupancy limits set by the league, this will be determined by host school. Again, schools may have occupancy restrictions depending on what stage their school is in.

Concessions- recommendation that money person does not handle food. Encourage electronic payment where possible. Gloves and a mask required for concession workers. Individual schools policies.

Locker Rooms--Each school that is providing a Locker Room will have that room cleaned and sanitized prior to the visiting school arriving. Disinfect –sinks, restrooms and benches.

Schools will determine transportation protocols based on their own practices. It is strongly encouraged for drivers, players and coaches to wear masks while on the bus when they can't physically distance.

Cross Country - smaller meet invites instead of opens

Spectators spread out throughout the course, be aware of physically distancing, especially at the finish line.

Planning a XC meet

Recommended number of 35 runners per race. 40 max. XC Meet. Varsity only

Schools will make their own decision to compete beyond WPL

Varsity, JV and JH all separate meets this season.

Regional plans in the event if LCSC does not want to help with XC Districts.

FOOTBALL

Coaches/Players will not be required to wear a mask.

Limited non-coaching personnel

Each team provide their own ball boy and keep clean ball on their own side.

Masks not required on the sideline, but encouraged when not wearing a helmet or keeping a physical distance of 6 ft. Protocols will be determined by individual schools. Team box on the sideline has been expanded to encourage physical distancing.

Photographer/media asked to physically distance themselves and wear a mask.

Chain gang will operate on home team side. Approved by FB commissioner.

Starting lineups stay at 40yd line for introductions, limitations of captains for coin toss.

Volleyball –

Locker room must be disinfected before visiting team arrives.

Teams will not switch sides before/after each set.

Open both sides of the gym, so there is a separate and designated visitor section and a home section.

No hand shake before the game.

VB rotation – additional games balls available at scorer's table. Will be kept wiped between games/timeouts.

Away book is not to sit at scorer's table. Home staff only at the table, and masks encouraged when there is not room to physically distance.

Covid Case Response:

Player tests positive. Quarantine for 14 days or follow guidelines for North Idaho health district.

Exposure

Administration must notify opponents who were potentially exposed. League schools will do the same for one another.

If players, coaches and other personnel have been exposed, you must stay home for 14 days or produce a negative test result. Once you can provide a negative test result you will be allowed to return to school and practice. This applies to players, coaches and other personnel, everyone is the same.

Schools may require a release by a medical professional.

100.4 is the temp used determining a fever. If at any time you have a fever over 100.4 please stay home. If at any time you are experiencing fever, chills, constant cough, headache, nausea, loss of taste or anything that resembles the flu, please stay home and monitor your conditions. If conditions persist or get worse, please consult with a health professional.